



KIWI WEST AQUATICS

**** ALLSTARS 13&U JUNIOR MEET ****

Sunday 6th NOVEMBER 2016
 FREYBERG COMMUNITY INDOOR POOL (25M)
 PALMERSTON NORTH



MIXED BOYS & GIRLS	Warm up 1.00pm - Start 1.30pm
EVENTS	
01.	50m Backstroke
02.	100m Freestyle
03.	50m Butterfly
04.	100m Breaststroke
05.	Foxton Cup Girls (5x50m 13yrs & U)
06.	Foxton Cup Boys (5x50m 13yrs & U)

MIXED BOYS & GIRLS	20 Minute Break
EVENTS	
07.	100m Butterfly
08.	50m Freestyle
09.	100m Backstroke
10.	50m Breaststroke
11.	100m Individual Medley
12.	Skins Race 50m Freestyle Fastest six from event 08.

"West End Cup"

The cup will be presented to the club with the highest combined points score over the Kiwi Cash Meet and Kiwi All-Stars Meet at the Kiwi All-Stars Meet

Kiwi West Aquatics will not be liable for any loss or damage incurred during the meet.

Psych sheets and results will be posted on the Kiwi West Website www.kiwiwest.org and the Swimming Manawatu Web Site <http://www.manswim.org.nz/>

All enquiries to:

Patricia Dickason

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Email kiwirace@gmail.com

ENTRIES CLOSE 9pm Mon 24th OCTOBER 2016.

Short course times to be submitted
 (No times *will be* accepted).

CONDITIONS OF ENTRY

- Meet conducted under SNZ, FINA & PARA rules. All participants must agree to comply with the Sports Anti- Doping Rules and regulations.
- All swimmers must either be registered competitive members of Swimming New Zealand or a club swimmer. Age is as at first day of the meet.
- Athletes who hold a Para Classification are eligible to participate in this meet and will be seeded amongst able-bodied athletes on the basis of entry times.
- It is the responsibility of the Team Manager to inform the Referee in advance of an athlete's swim, the athlete's Para Classification with their card showing their Para Class and exception codes.
- Kiwi West Aquatics reserve the right to limit entries or change the programme. No refunds after psych sheet have been posted unless medical certificate has been provided.
- Entry Fee: \$7.00 PER EVENT. (No fee for relay teams). Free pool entry - Programs \$3 includes Raffle Ticket
- All events are timed finals and medal events will be seeded by time; results will be by (9&U, 10, 11, 12, 13) age group.
- Entries & payments to be done via SNZ website

PRIZES

- Team Managers can collect the medals from control. Medals will not be presented. The Dias will be available for photos. Medals for boys & girls for the first three rankings in each of the following age groups. (9/U, 10, 11, 12 &13). **NO MEDALS FOR RELAYS.**
- Ribbons will be awarded to 4th 5th & 6th rankings in each individual age group event. (9/U, 10, 11, 12 &13).

SKINS RACES

- The fastest 6 boys and fastest 6 girls from event 8 will separately swim 3 x 50m races with the 2 slowest boys and 2 slowest girls dropping out of the next race until there is a boy and girl winner. Races will start every 3 minutes. Winners prize \$50.00 (1st place) & \$25.00 (2nd Place) cash
- Rules for the skins race will be distributed to team managers on the day.