






**Welcome to 2017 at Tawa Swimming Club**

We look forward to seeing the full Club back at swimming from **Monday 30 January**. This makes Term 1 an 11-week term for our once a week swimmers, but most of these children will attend 10 sessions, with Waitangi Day holiday on a Monday, and **Time Trials on Thursday evening 16 March**. Coaching weekly Club sessions this term are Andrew, Sarah, Hannah, Dolly, Jaimie, Lachlan and Tyler. Mel Jones (Club Captain, captain@swimtawa.org.nz) is always looking for more volunteer coaches and relievers, so please contact her if you are interested.

**Recent events - Swimming Wellington Summer Champs**

January is a busy month for many squad swimmers and coaches, with camps, training and SW Summer Championships. Over the long weekend, 44 Tawa swimmers competed in a field of 600-odd, including many visitors. Busy sessions saw more than 500 swimmers at warmup! Tawa swimmers acquitted themselves well, with medallists as follows:

			
Jenna Rolston-Larking	200 Free, 50 Fly 400 Free, 200 Fly 400 IM, 100 Fly	50 Free 200 IM 100 Free	100 Breast 200 Breast
Joel Crampton	200 Fly 100 Fly	50 Fly 400 IM	200 IM
Matthew Cooper	100 Breast 200 Breast	50 Breast	
Chelsea Parker	400 IM		50 Breast 100 Breast 200 IM 200 Breast
Elisia Wong	100 Breast	50 Breast	
Sarah Downs	200 Back		400 Free
Katie Helm	200 Fly		
Clara Gianos		50 Breast	
Hannah Reid		200 Fly	
Danika Viskovic			50 Breast 50 Fly
Lachlan Mudie			200 Fly 50 Back 100 Fly
Ollie Robinson			100 Breast 100 Free
Cooper Presling			50 Breast
Louis Regnault			50 Back

## Swimming Wellington Summer Champs - cont

Swimmers placing 4-10<sup>th</sup> (not also medallists) were: Max Wong, Nathan Wong, Alexander Keegan, Tyler Florance, Shavendra Somaweera, Naomi Cooper, Wynter Tickle, Gavin Moon, Joshua Keegan, Ruby Hikuroa, Amy Teekman, Lily-Anne Meyler, Cerys Lewis, Lucy Singer, Jack Singer.

Congratulations to **Jenna** on a Wellington Record - 12 years 100 Fly - which Jenna swam in 1.07.08. Jenna was spurred on, swimming next to Olympian Helena Gasson ☺

## SW Annual Awards 2016

Congratulations to Tawa Swimming Club members recognised at the Swimming Wellington Awards Night late last year -

<b>Mary Fisher</b>	Billie Fitzsimmons Swimmer of the Year Swimmer with a Disability
<b>Veronica Gould</b>	Honours Award
<b>Andrew Evans</b>	Volunteer Coach of the Year

## All Stars Zone Reps

Congratulations to **Chelsea Parker** and **Joel Crampton**, selected in the All Stars Zone 15 and Under team to compete at Zonal Championships in Auckland on 11 February. Good luck!

## Ocean Swim this weekend

If you are keen on entering the Ocean Kids Banana Boat 200m swim for 7-12 years on **29 January**, click [here](#) for details. Flyers are available on the Club Noticeboard.

Over 12s can enter the [Capital Classic](#), which has a range of events to choose from.

**SNZ member discount 20% reference SNZ1617**

## 2017-2020 Club Strategic Plan

Quite a bit of thought and work, under the guidance of Sport Wellington/Swimming Wellington and as part of the Governance and Leadership programme last year, has gone into developing a one-page Strategic Plan for 2017-2020, setting Club Values and reviewing Vision and Mission Statements. View the Strategic Plan [here](#), and on the Club Noticeboard. Feedback can be directed to Ashley Downs, [president@swimtawa.org.nz](mailto:president@swimtawa.org.nz) or Alex Craven, [secretary@swimtawa.org.nz](mailto:secretary@swimtawa.org.nz)

## From the Treasurer

Thanks to all the kind people who put multiple squad and other payments into our account individually. Whilst this is appreciated our system can cope with a lump payment from your family and I can generally attribute it to your outstanding invoices. A lump payment may save you time but if you want to continue doing individual payments then that is ok too. If making a lump payment but adding something additional to it (cap fee or similar) please flick me an email to let me know what the extra is for.

If paying money direct at the bank and asking for it to go to our account please email me, banks do not always put on references that you may have asked them to. I often do not know who direct bank payments have been made by.

Please note that due to the large amount of extra work involved, we do not accept regular auto payments for fees etc, unless by prior arrangement. Thanks, Sandra

## Junior Camp 13-15 January

Twenty-eight young swimmers participated in Junior Day Camp 13-15 January, based at Tawa Pool, travelling out to Thorndon Summer Pool and WRAC, and having a game of Bumper Ball. It was great to see the Club Rooms alive with 28 young Club members using them, and coach Cliff was pleased to receive positive feedback from members of the public about Tawa Swimming Club kids' behaviour at Thorndon Pool. Thanks to all the parent helpers who made this possible. Photos available under Galleries, or click [here](#).



During a quick session with the swimmers, these were the things that they said they like about our Club:

- |  |   |
|--|---|
| <ul style="list-style-type: none"><li>• Friendly</li><li>• The coaches are nice</li><li>• It helps us improve</li><li>• Fun!</li><li>• The camp</li><li>• Everyone is very nice and the coaches are amazing</li><li>• Coaches</li><li>• Swimmers</li></ul> | <ul style="list-style-type: none"><li>• People/friends</li><li>• Overnight camps</li><li>• Coaches</li><li>• The community around us</li><li>• The friendships you make</li><li>• The people</li><li>• Swimming</li><li>• Camp and food</li></ul> |
|--|---|

Activities junior camp attendees identified that they would like to do with Swimming Club, in addition to training and competition, were - fun nights, Club hangouts, pizza nights, sleepover in Club Rooms (sorry, can't do this), swim camps, movie night, extra spa for swim club, paintball night, fun day at Waikanae every year, fun night Fridays.

If there is a parent willing to organise one or two activities for juniors during the year, it looks like the children would really enjoy it. Please contact Alex on [secretary@swimtawa.org.nz](mailto:secretary@swimtawa.org.nz) if you would be keen to do this.



### **Senior camp, 9-15 January, Marton**

Seniors attended an annual 7-day swim camp in Marton, coached by Jason. Many thanks to the parents organising this, and to all the parent helpers during camp.

### **Future Stars squad**

Thank you to coach Simone Gordon for her contribution coaching Future Stars during Term 4 2016. Simone is unable to continue with us due to her tertiary study commitments. Future Stars will have relievers until a new coach is appointed. We wish Simone the best for her studies.



### **Christmas 2016**

We closed the year with an inflatables night/BBQ, and an opportunity to talk with Club member and double Paralympic Gold Medallist Mary Fisher, which was a huge thrill for young swimmers and parents 😊

We would like to thank Veronica Gould for her support for the end of year party.



## Help required

We are in need of a **Junior Squad Coordinator**, keeping squad lists Rebels, Vipers, Future Stars and Rising Stars up to date, coordinating information and events for juniors. Essentially, this is like the Team Manager role common in team sports. Billie Mudie is happy to support someone into this role. It would also be great if someone were willing to take up **Grant Applications** officer.

Many hands make light work. Please contact Alex [secretary@swimtawa.org.nz](mailto:secretary@swimtawa.org.nz) if you can help.



## Upcoming national swim events for Tawa

- Zonal Championships, Auckland, 11 February (Chelsea/Joel)
- Inaugural Junior Festival, All Stars Zone, WRAC, 17-19 February
- Division II, National Meet for 12 and over, Rotorua, 5-8 March
- NZ Age Group Championships, WRAC, 21-15 March

## Committee contacts

Ashley Downs

Alex Craven

Sandra Bednarek

Vicky Gibbs

Hugh Allan

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Billie Mudie and Lisa Wong are also Committee members. Please feel free to talk to Committee members anytime, or come to a Committee meeting. If there is something you would particularly like to hear about in the newsletter (which generally follows Committee meetings), please let Alex know on [secretary@swimtawa.org.nz](mailto:secretary@swimtawa.org.nz).

If you have **photos** to share with the Club, or to retain for Club records, please email them to Alex [secretary@swimtawa.org.nz](mailto:secretary@swimtawa.org.nz).

