

**Tawa Swimming Club**  
**P O Box 51 207 Tawa Wellington**

**RECORDS Club L C Records**

**LC Meters-Female**

|           |            |                 |                  |                          |                   |
|-----------|------------|-----------------|------------------|--------------------------|-------------------|
| 8 & U     | 50 Free    | 39.42           | <b>8-Oct-89</b>  | Emily Barnes             |                   |
|           | 100 Free   | 1:31.70         | <b>8-Sep-89</b>  | Emily Barnes             |                   |
|           | 200 Free   | 3:36.14         | <b>12-Nov-89</b> | Emily Barnes             |                   |
|           | 400 Free   | 10:00.00        | <b>1-Jan-00</b>  | Standard                 |                   |
|           | 50 Back    | 46.44           | <b>23-Oct-99</b> | Michaela Watson          |                   |
|           | 100 Back   | 1:40.27         | <b>16-Jan-98</b> | Madeleine White          |                   |
|           | 50 Breast  | 55.70           | <b>11-Aug-01</b> | Alexandra Tennant        |                   |
|           | 100 Breast | 2:00.31         | <b>23-Jan-94</b> | Nicola Johns             |                   |
|           | 200 Breast | 6:00.00         | <b>1-Jan-00</b>  | Standard                 |                   |
|           | 50 Fly     | 55.59           | <b>2-Jun-90</b>  | Hilary Todd              |                   |
| 200 IM    | 6:00.00    | <b>1-Jan-00</b> | Standard         |                          |                   |
| 9-9       | 50 Free    | 34.74           | <b>10-Jul-93</b> | Kiri Smiler              |                   |
|           | 100 Free   | 1:18.42         | <b>19-Jun-93</b> | Kiri Smiler              |                   |
|           | 200 Free   | 2:52.77         | <b>29-May-93</b> | Kiri Smiler              |                   |
|           | 400 Free   | 6:47.49         | <b>4-Nov-89</b>  | Rebecca Boston           |                   |
|           | 800 Free   | 14:06.58        | <b>5-Nov-89</b>  | Rebecca Boston           |                   |
|           | 1500 Free  | 30:00.00        | <b>1-Jan-00</b>  | Standard                 |                   |
|           | 50 Back    | 41.53           | <b>19-Jun-93</b> | Kiri Smiler              |                   |
|           | 100 Back   | 1:26.42         | <b>10-Jul-93</b> | Kiri Smiler              |                   |
|           | 200 Back   | 3:20.97         | <b>1-Jun-91</b>  | Hilary Todd              |                   |
|           | 50 Breast  | 44.78           | <b>28-Jan-06</b> | Jenny Kim                |                   |
|           | 100 Breast | 1:37.89         | <b>18-Feb-06</b> | Jenny Kim                |                   |
|           | 200 Breast | 3:44.35         | <b>23-Nov-13</b> | Renee Luo                |                   |
|           | 50 Fly     | 40.40           | <b>14-Feb-14</b> | Renee Luo                |                   |
|           | 100 Fly    | 1:41.63         | <b>10-Nov-07</b> | McKenzie Radovanovich    |                   |
|           | 200 IM     | 3:09.46         | <b>19-Jun-93</b> | Kiri Smiler              |                   |
|           | 400 IM     | 7:56.32         | <b>5-Nov-89</b>  | Rebecca Boston           |                   |
| 10-10     | 50 Free    | 30.86           | <b>15-Jun-13</b> | Danika Viskovic          | Wellington Record |
|           | 100 Free   | 1:11.73         | <b>7-Jul-92</b>  | Hilary Todd              |                   |
|           | 200 Free   | 2:34.03         | <b>23-Aug-14</b> | Jenna R. Rolston-Larking |                   |
|           | 400 Free   | 6:05.51         | <b>22-Oct-90</b> | Marion Walls             |                   |
|           | 800 Free   | 13:00.28        | <b>30-Aug-90</b> | Marion Walls             |                   |
|           | 1500 Free  | 35:00.00        | <b>1-Jan-00</b>  | Standard                 |                   |
|           | 50 Back    | 37.96           | <b>19-Jul-13</b> | Danika Viskovic          |                   |
|           | 100 Back   | 1:21.87         | <b>21-Jan-94</b> | Kiri Smiler              |                   |
|           | 200 Back   | 2:49.48         | <b>14-May-94</b> | Kiri Smiler              |                   |
|           | 50 Breast  | 41.71           | <b>16-Feb-13</b> | Danika Viskovic          |                   |
|           | 100 Breast | 1:30.66         | <b>18-Feb-07</b> | Jenny Kim                |                   |
|           | 200 Breast | 3:15.53         | <b>16-Feb-13</b> | Danika Viskovic          |                   |
|           | 50 Fly     | 33.33           | <b>18-Oct-14</b> | Jenna R. Rolston-Larking | Wellington Record |
|           | 100 Fly    | 1:15.09         | <b>23-Aug-14</b> | Jenna R. Rolston-Larking | Wellington Record |
|           | 200 Fly    | 3:07.58         | <b>2-Jul-94</b>  | Kiri Smiler              |                   |
|           | 200 IM     | 2:52.96         | <b>18-Jun-94</b> | Kiri Smiler              |                   |
|           | 400 IM     | 6:02.58         | <b>18-Jun-94</b> | Kiri Smiler              |                   |
|           | 11-11      | 50 Free         | 30.34            | <b>14-Feb-14</b>         | Danika Viskovic   |
| 100 Free  |            | 1:06.64         | <b>19-Jun-93</b> | Hilary Todd              |                   |
| 200 Free  |            | 2:24.68         | <b>21-Feb-93</b> | Hilary Todd              |                   |
| 400 Free  |            | 5:15.88         | <b>23-Aug-14</b> | Cerys Lewis              |                   |
| 800 Free  |            | 11:11.66        | <b>1-Nov-91</b>  | Marion Walls             |                   |
| 1500 Free |            | 24:28.19        | <b>20-Jan-95</b> | Clare Fraser             |                   |
| 50 Back   |            | 34.21           | <b>11-Jul-14</b> | Danika Viskovic          |                   |

**Tawa Swimming Club**  
**P O Box 51 207 Tawa Wellington**

**RECORDS Club L C Records**

|           |            |                  |                  |                   |                        |  |
|-----------|------------|------------------|------------------|-------------------|------------------------|--|
| 11-11     | 100 Back   | 1:13.81          | <b>11-Jul-14</b> | Danika Viskovic   |                        |  |
|           | 200 Back   | 2:36.27          | <b>10-Jul-93</b> | Hilary Todd       | Wellington Record also |  |
|           | 50 Breast  | 39.87            | <b>11-Jul-14</b> | Danika Viskovic   |                        |  |
|           | 100 Breast | 1:27.09          | <b>7-Dec-91</b>  | Michelle Bloor    |                        |  |
|           | 200 Breast | 3:06.06          | <b>11-Jul-14</b> | Danika Viskovic   |                        |  |
|           | 50 Fly     | 33.20            | <b>5-Apr-14</b>  | Danika Viskovic   |                        |  |
|           | 100 Fly    | 1:14.91          | <b>10-Jul-93</b> | Hilary Todd       |                        |  |
|           | 200 Fly    | 3:00.34          | <b>14-Feb-14</b> | Katie Helm        |                        |  |
|           | 200 IM     | 2:41.26          | <b>19-Jun-93</b> | Hilary Todd       |                        |  |
| 400 IM    | 5:47.14    | <b>11-Jul-14</b> | Danika Viskovic  |                   |                        |  |
| 12-12     | 50 Free    | 29.60            | <b>23-Oct-93</b> | Josie Glasson     |                        |  |
|           | 100 Free   | 1:03.59          | <b>17-Feb-94</b> | Hilary Todd       |                        |  |
|           | 200 Free   | 2:16.83          | <b>22-Jan-94</b> | Hilary Todd       |                        |  |
|           | 400 Free   | 4:48.62          | <b>17-Feb-94</b> | Hilary Todd       |                        |  |
|           | 800 Free   | 11:15.12         | <b>16-Jan-09</b> | Ellen J. Van Looy |                        |  |
|           | 1500 Free  | 30:00.00         | <b>1-Jan-00</b>  | Standard          |                        |  |
|           | 50 Back    | 32.02            | <b>13-Feb-99</b> | Deborah Kilkelly  | Wellington Record also |  |
|           | 100 Back   | 1:09.49          | <b>14-Feb-99</b> | Deborah Kilkelly  | Wellington Record also |  |
|           | 200 Back   | 2:29.11          | <b>17-Feb-94</b> | Hilary Todd       | Wellington Record also |  |
|           | 50 Breast  | 38.62            | <b>18-Oct-14</b> | Danika Viskovic   |                        |  |
|           | 100 Breast | 1:24.25          | <b>16-Jan-98</b> | Nicola Johns      |                        |  |
|           | 200 Breast | 3:02.35          | <b>4-Mar-98</b>  | Nicola Johns      |                        |  |
|           | 50 Fly     | 32.17            | <b>24-Jan-94</b> | Hilary Todd       |                        |  |
|           | 100 Fly    | 1:10.70          | <b>17-Feb-94</b> | Hilary Todd       |                        |  |
|           | 200 Fly    | 2:32.08          | <b>12-Mar-94</b> | Hilary Todd       | Wellington Record also |  |
|           | 200 IM     | 2:35.09          | <b>18-Feb-94</b> | Hilary Todd       |                        |  |
|           | 400 IM     | 5:18.25          | <b>12-Mar-94</b> | Hilary Todd       | Wellington Record also |  |
| 13-13     | 50 Free    | 29.64            | <b>22-Oct-94</b> | Josie Glasson     |                        |  |
|           | 100 Free   | 1:02.93          | <b>22-Jan-95</b> | Hilary Todd       |                        |  |
|           | 200 Free   | 2:15.86          | <b>23-Jan-95</b> | Hilary Todd       |                        |  |
|           | 400 Free   | 4:39.98          | <b>21-Jan-95</b> | Hilary Todd       |                        |  |
|           | 800 Free   | 9:28.41          | <b>21-Jan-95</b> | Hilary Todd       |                        |  |
|           | 1500 Free  | 18:12.64         | <b>23-Jan-95</b> | Hilary Todd       |                        |  |
|           | 50 Back    | 31.59            | <b>10-Mar-99</b> | Deborah Kilkelly  |                        |  |
|           | 100 Back   | 1:07.11          | <b>11-Mar-99</b> | Deborah Kilkelly  |                        |  |
|           | 200 Back   | 2:29.97          | <b>24-Mar-99</b> | Deborah Kilkelly  |                        |  |
|           | 50 Breast  | 35.30            | <b>10-Mar-99</b> | Nicola Johns      |                        |  |
|           | 100 Breast | 1:18.22          | <b>13-Mar-99</b> | Nicola Johns      |                        |  |
|           | 200 Breast | 2:49.66          | <b>12-Mar-99</b> | Nicola Johns      |                        |  |
|           | 50 Fly     | 31.99            | <b>20-Jan-12</b> | Katie N. Trott    |                        |  |
|           | 100 Fly    | 1:08.46          | <b>23-Jan-95</b> | Hilary Todd       |                        |  |
|           | 200 Fly    | 2:26.44          | <b>20-Jan-95</b> | Hilary Todd       |                        |  |
|           | 200 IM     | 2:32.61          | <b>23-Jan-95</b> | Hilary Todd       |                        |  |
|           | 400 IM     | 5:11.28          | <b>22-Jan-95</b> | Hilary Todd       | Wellington Record also |  |
|           | 14-14      | 50 Free          | 29.54            | <b>23-Jan-95</b>  | Josie Glasson          |  |
|           |            | 100 Free         | 1:04.59          | <b>25-Jul-92</b>  | Clare Todd             |  |
| 200 Free  |            | 2:19.23          | <b>19-Jan-87</b> | Deborah Quinn     |                        |  |
| 400 Free  |            | 4:41.59          | <b>17-Feb-94</b> | Jolene Wightman   |                        |  |
| 800 Free  |            | 9:58.07          | <b>4-Mar-11</b>  | Ellen J. Van Looy |                        |  |
| 1500 Free |            | 18:18.87         | <b>6-Apr-94</b>  | Jolene Wightman   |                        |  |
| 50 Back   |            | 32.27            | <b>18-Jul-92</b> | Clare Todd        |                        |  |
| 100 Back  |            | 1:08.93          | <b>17-Feb-94</b> | Jolene Wightman   |                        |  |
| 200 Back  |            | 2:25.97          | <b>2-Apr-94</b>  | Jolene Wightman   |                        |  |

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**RECORDS Club L C Records**

|        |            |          |           |                   |
|--------|------------|----------|-----------|-------------------|
| 14-14  | 50 Breast  | 35.30    | 14-Aug-99 | Nicola Johns      |
|        | 100 Breast | 1:18.41  | 26-Jun-99 | Nicola Johns      |
|        | 200 Breast | 2:48.65  | 23-Oct-99 | Nicola Johns      |
|        | 50 Fly     | 31.26    | 21-Jan-11 | Ellen J. Van Looy |
|        | 100 Fly    | 1:09.38  | 6-Sep-13  | Katie N. Trott    |
|        | 200 Fly    | 2:28.56  | 26-Feb-13 | Katie N. Trott    |
|        | 200 IM     | 2:36.43  | 4-Mar-11  | Ellen J. Van Looy |
|        | 400 IM     | 5:29.59  | 4-Mar-11  | Ellen J. Van Looy |
| 15-15  | 50 Free    | 29.13    | 25-Jul-09 | Megan Blair       |
|        | 100 Free   | 1:03.20  | 22-Jan-95 | Lisa Cummack      |
|        | 200 Free   | 2:14.21  | 18-Feb-95 | Lisa Cummack      |
|        | 400 Free   | 4:40.09  | 17-Feb-95 | Jolene Wightman   |
|        | 800 Free   | 9:29.60  | 23-Jan-95 | Jolene Wightman   |
|        | 1500 Free  | 18:13.22 | 23-Jan-95 | Jolene Wightman   |
|        | 50 Back    | 32.18    | 11-Sep-92 | Clare Todd        |
|        | 100 Back   | 1:09.33  | 17-Mar-97 | Clare Todd        |
|        | 200 Back   | 2:27.64  | 18-Feb-95 | Jolene Wightman   |
|        | 50 Breast  | 37.84    | 1-Mar-05  | Lisa Tennant      |
|        | 100 Breast | 1:21.98  | 22-Jan-95 | Lisa Cummack      |
|        | 200 Breast | 3:01.01  | 16-Feb-90 | Phaedra Wilson    |
|        | 50 Fly     | 30.63    | 29-Apr-14 | Katie N. Trott    |
|        | 100 Fly    | 1:06.61  | 29-Apr-14 | Katie N. Trott    |
|        | 200 Fly    | 2:24.01  | 8-Apr-14  | Katie N. Trott    |
|        | 200 IM     | 2:31.10  | 23-Jan-95 | Lisa Cummack      |
|        | 400 IM     | 5:17.59  | 16-Feb-95 | Lisa Cummack      |
| 16-16  | 50 Free    | 29.08    | 20-Jan-12 | Nicola S. Trott   |
|        | 100 Free   | 1:03.12  | 18-Jan-96 | Lisa Cummack      |
|        | 200 Free   | 2:08.89  | 6-Mar-12  | Nicola S. Trott   |
|        | 400 Free   | 4:35.18  | 22-Mar-95 | Lisa Cummack      |
|        | 800 Free   | 10:14.23 | 18-Jan-96 | Jolene Wightman   |
|        | 1500 Free  | 19:15.54 | 18-Jan-96 | Jolene Wightman   |
|        | 50 Back    | 32.16    | 20-Jan-12 | Nicola S. Trott   |
|        | 100 Back   | 1:09.46  | 13-Mar-91 | Phaedra Wilson    |
|        | 200 Back   | 2:30.00  | 6-Mar-12  | Nicola S. Trott   |
|        | 50 Breast  | 37.49    | 18-Oct-08 | Jessie du Preez   |
|        | 100 Breast | 1:21.98  | 21-Oct-95 | Lisa Cummack      |
|        | 200 Breast | 2:59.19  | 20-Oct-90 | Phaedra Wilson    |
|        | 50 Fly     | 29.96    | 20-Jan-12 | Nicola S. Trott   |
|        | 100 Fly    | 1:08.53  | 13-Mar-91 | Phaedra Wilson    |
|        | 200 Fly    | 2:27.31  | 22-Feb-91 | Phaedra Wilson    |
|        | 200 IM     | 2:28.98  | 6-Mar-12  | Nicola S. Trott   |
|        | 400 IM     | 5:18.38  | 22-Feb-91 | Phaedra Wilson    |
| 17 & O | 50 Free    | 29.89    | 6-Sep-92  | Kirsten Norton    |
|        | 100 Free   | 1:03.57  | 6-Jul-96  | Lisa Cummack      |
|        | 200 Free   | 2:11.53  | 26-Feb-13 | Nicola S. Trott   |
|        | 400 Free   | 4:41.14  | 7-Dec-13  | Nicola S. Trott   |
|        | 800 Free   | 9:43.80  | 8-Dec-12  | Nicola S. Trott   |
|        | 1500 Free  | 19:04.61 | 7-Dec-13  | Rachel L. Smart   |
|        | 50 Back    | 32.24    | 26-Feb-13 | Nicola S. Trott   |
|        | 100 Back   | 1:10.13  | 18-Jan-13 | Nicola S. Trott   |
|        | 200 Back   | 2:33.30  | 7-Dec-13  | Nicola S. Trott   |
|        | 50 Breast  | 36.27    | 26-Feb-13 | Nicola S. Trott   |
|        | 100 Breast | 1:21.43  | 18-Jan-13 | Nicola S. Trott   |

**Tawa Swimming Club**  
**P O Box 51 207 Tawa Wellington**

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**RECORDS Club L C Records**

|        |            |          |                  |                  |
|--------|------------|----------|------------------|------------------|
| 17 & O | 200 Breast | 2:59.96  | <b>17-Jan-14</b> | Rachel L. Smart  |
|        | 50 Fly     | 30.09    | <b>18-Jan-13</b> | Nicola S. Trott  |
|        | 100 Fly    | 1:04.98  | <b>26-Feb-13</b> | Nicola S. Trott  |
|        | 200 Fly    | 2:25.61  | <b>8-Apr-14</b>  | Rachel L. Smart  |
|        | 200 IM     | 2:27.32  | <b>26-Feb-13</b> | Nicola S. Trott  |
|        | 400 IM     | 5:16.88  | <b>26-Feb-13</b> | Nicola S. Trott  |
| Open   | 50 Free    | 29.08    | <b>20-Jan-12</b> | Nicola S. Trott  |
|        | 100 Free   | 1:03.12  | <b>18-Jan-96</b> | Lisa Cummack     |
|        | 200 Free   | 2:08.89  | <b>6-Mar-12</b>  | Nicola S. Trott  |
|        | 400 Free   | 4:35.18  | <b>22-Mar-95</b> | Lisa Cummack     |
|        | 800 Free   | 9:28.41  | <b>21-Jan-95</b> | Hilary Todd      |
|        | 1500 Free  | 18:12.64 | <b>20-Jan-95</b> | Hilary Todd      |
|        | 50 Back    | 31.59    | <b>10-Mar-99</b> | Deborah Kilkelly |
|        | 100 Back   | 1:07.11  | <b>11-Mar-99</b> | Deborah Kilkelly |
|        | 200 Back   | 2:25.97  | <b>2-Apr-94</b>  | Jolene Wightman  |
|        | 50 Breast  | 35.30    | <b>14-Aug-99</b> | Nicola Johns     |
|        | 100 Breast | 1:18.22  | <b>10-Mar-99</b> | Nicola Johns     |
|        | 200 Breast | 2:48.65  | <b>23-Oct-99</b> | Nicola Johns     |
|        | 50 Fly     | 29.96    | <b>20-Jan-12</b> | Nicola S. Trott  |
|        | 100 Fly    | 1:04.98  | <b>26-Feb-13</b> | Nicola S. Trott  |
|        | 200 Fly    | 2:24.01  | <b>8-Apr-14</b>  | Katie N. Trott   |
|        | 200 IM     | 2:27.32  | <b>26-Feb-13</b> | Nicola S. Trott  |
|        | 400 IM     | 5:11.28  | <b>22-Jan-95</b> | Hilary Todd      |

**Tawa Swimming Club**  
**P O Box 51 207 Tawa Wellington**

**RECORDS Club L C Records**

**LC Meters-Male**

|           |            |                  |                  |                      |                        |
|-----------|------------|------------------|------------------|----------------------|------------------------|
| 8 & U     | 50 Free    | 37.30            | <b>20-Oct-01</b> | Mitchell Logan       |                        |
|           | 100 Free   | 1:20.45          | <b>19-Nov-88</b> | Roger Barnes         |                        |
|           | 200 Free   | 2:52.18          | <b>10-Sep-88</b> | Roger Barnes         |                        |
|           | 400 Free   | 6:09.26          | <b>9-Sep-88</b>  | Roger Barnes         |                        |
|           | 50 Back    | 46.05            | <b>9-Nov-02</b>  | Thomas McCarthy      |                        |
|           | 100 Back   | 1:36.94          | <b>19-Nov-88</b> | Roger Barnes         |                        |
|           | 50 Breast  | 51.68            | <b>18-Jan-02</b> | Hayden Rice          |                        |
|           | 100 Breast | 1:51.91          | <b>9-Sep-88</b>  | Roger Barnes         |                        |
|           | 200 Breast | 3:55.81          | <b>11-Sep-88</b> | Roger Barnes         |                        |
|           | 50 Fly     | 41.13            | <b>19-Jan-91</b> | Gareth Woodward      |                        |
| 200 IM    | 3:31.02    | <b>10-Sep-88</b> | Roger Barnes     |                      |                        |
| 9-9       | 50 Free    | 33.86            | <b>9-Sep-89</b>  | Roger Barnes         |                        |
|           | 100 Free   | 1:13.91          | <b>21-Oct-89</b> | Roger Barnes         |                        |
|           | 200 Free   | 2:46.21          | <b>12-Nov-89</b> | Roger Barnes         |                        |
|           | 400 Free   | 5:41.12          | <b>4-Nov-89</b>  | Roger Barnes         |                        |
|           | 800 Free   | 12:00.08         | <b>5-Nov-89</b>  | Roger Barnes         |                        |
|           | 1500 Free  | 22:45.02         | <b>5-Nov-89</b>  | Roger Barnes         |                        |
|           | 50 Back    | 39.43            | <b>18-Feb-12</b> | Joel Crampton        |                        |
|           | 100 Back   | 1:23.80          | <b>24-Jul-82</b> | Richard Grant        |                        |
|           | 200 Back   | 3:06.63          | <b>6-Jul-96</b>  | Damian Braddock      |                        |
|           | 50 Breast  | 46.81            | <b>11-Mar-89</b> | Roger Barnes         |                        |
|           | 100 Breast | 1:40.17          | <b>20-Nov-93</b> | Shaun Murdoch        |                        |
|           | 200 Breast | 3:52.48          | <b>24-Jun-95</b> | Jared Morris-Jenkins |                        |
|           | 50 Fly     | 36.47            | <b>18-Feb-12</b> | Joel Crampton        |                        |
|           | 100 Fly    | 1:28.38          | <b>18-Feb-12</b> | Joel Crampton        |                        |
| 200 IM    | 3:18.14    | <b>10-Sep-89</b> | Roger Barnes     |                      |                        |
| 400 IM    | 6:53.04    | <b>5-Nov-89</b>  | Roger Barnes     |                      |                        |
| 10-10     | 50 Free    | 32.16            | <b>16-Feb-13</b> | Joel Crampton        |                        |
|           | 100 Free   | 1:10.54          | <b>21-Oct-90</b> | Roger Barnes         |                        |
|           | 200 Free   | 2:35.17          | <b>23-Jan-95</b> | Shaun Murdoch        |                        |
|           | 400 Free   | 5:20.31          | <b>3-Nov-90</b>  | Roger Barnes         |                        |
|           | 800 Free   | 11:12.59         | <b>4-Nov-90</b>  | Roger Barnes         |                        |
|           | 1500 Free  | 21:31.40         | <b>4-Nov-90</b>  | Roger Barnes         |                        |
|           | 50 Back    | 35.98            | <b>20-Oct-12</b> | Joel Crampton        |                        |
|           | 100 Back   | 1:18.37          | <b>16-Feb-13</b> | Joel Crampton        |                        |
|           | 200 Back   | 2:47.93          | <b>16-Feb-13</b> | Joel Crampton        |                        |
|           | 50 Breast  | 44.34            | <b>16-Feb-08</b> | Callum Sinclair      |                        |
|           | 100 Breast | 1:31.59          | <b>15-Feb-97</b> | Jared Morris-Jenkins |                        |
|           | 200 Breast | 3:22.49          | <b>17-Jan-97</b> | Jared Morris-Jenkins |                        |
|           | 50 Fly     | 33.00            | <b>16-Feb-13</b> | Joel Crampton        | Wellington Record Also |
|           | 100 Fly    | 1:13.58          | <b>16-Feb-13</b> | Joel Crampton        | Wellington Record Also |
|           | 200 Fly    | 2:47.78          | <b>16-Feb-13</b> | Joel Crampton        |                        |
|           | 200 IM     | 2:55.06          | <b>18-Jan-13</b> | Joel Crampton        |                        |
|           | 400 IM     | 6:16.17          | <b>3-Nov-90</b>  | Roger Barnes         |                        |
|           | 11-11      | 50 Free          | 28.52            | <b>14-Feb-14</b>     | Jack Plummer           |
| 100 Free  |            | 1:03.34          | <b>14-Feb-14</b> | Jack Plummer         | Wellington Record      |
| 200 Free  |            | 2:18.13          | <b>17-Jan-14</b> | Jack Plummer         | Wellington Record      |
| 400 Free  |            | 5:06.03          | <b>17-Jan-14</b> | Jack Plummer         |                        |
| 800 Free  |            | 10:44.88         | <b>2-Nov-91</b>  | Roger Barnes         |                        |
| 1500 Free |            | 20:32.53         | <b>30-Aug-91</b> | Roger Barnes         |                        |
| 50 Back   |            | 33.52            | <b>14-Feb-14</b> | Joel Crampton        |                        |

**Tawa Swimming Club**  
**P O Box 51 207 Tawa Wellington**

**RECORDS Club L C Records**

|           |            |                  |                  |                   |                          |  |
|-----------|------------|------------------|------------------|-------------------|--------------------------|--|
| 11-11     | 100 Back   | 1:12.31          | <b>14-Feb-14</b> | Joel Crampton     |                          |  |
|           | 200 Back   | 2:35.01          | <b>14-Feb-14</b> | Joel Crampton     | Wellington Record        |  |
|           | 50 Breast  | 36.23            | <b>14-Feb-14</b> | Jack Plummer      | Wellington Record        |  |
|           | 100 Breast | 1:20.85          | <b>14-Feb-14</b> | Jack Plummer      | Wellington Record        |  |
|           | 200 Breast | 3:00.51          | <b>14-Feb-14</b> | Jack Plummer      |                          |  |
|           | 50 Fly     | 31.40            | <b>14-Feb-14</b> | Joel Crampton     | Wellington Record        |  |
|           | 100 Fly    | 1:07.81          | <b>14-Feb-14</b> | Joel Crampton     | Wellington Record        |  |
|           | 200 Fly    | 2:27.61          | <b>14-Feb-14</b> | Joel Crampton     | Wellington Record        |  |
|           | 200 IM     | 2:36.71          | <b>14-Feb-14</b> | Jack Plummer      |                          |  |
| 400 IM    | 5:47.44    | <b>17-Jan-14</b> | Joel Crampton    |                   |                          |  |
| 12-12     | 50 Free    | 29.17            | <b>18-Oct-14</b> | Jack Plummer      |                          |  |
|           | 100 Free   | 1:02.41          | <b>14-Dec-85</b> | Richard Grant     |                          |  |
|           | 200 Free   | 2:18.29          | <b>20-Jan-07</b> | Thomas McCarthy   |                          |  |
|           | 400 Free   | 4:49.16          | <b>20-Jan-07</b> | Thomas McCarthy   |                          |  |
|           | 800 Free   | 10:17.31         | <b>17-Nov-07</b> | Kyle Barnes       |                          |  |
|           | 1500 Free  | 19:29.97         | <b>11-Nov-06</b> | Nicholas Gillum   |                          |  |
|           | 50 Back    | 34.82            | <b>18-Oct-14</b> | Jack Plummer      |                          |  |
|           | 100 Back   | 1:12.92          | <b>7-Dec-85</b>  | Richard Grant     |                          |  |
|           | 200 Back   | 2:40.00          | <b>23-Aug-14</b> | Joel Crampton     |                          |  |
|           | 50 Breast  | 36.78            | <b>24-Jul-93</b> | Jarrold Brown     |                          |  |
|           | 100 Breast | 1:19.89          | <b>20-Feb-10</b> | Callum Sinclair   |                          |  |
|           | 200 Breast | 2:51.73          | <b>20-Feb-10</b> | Callum Sinclair   |                          |  |
|           | 50 Fly     | 30.38            | <b>23-Aug-14</b> | Joel Crampton     | Wellington Record        |  |
|           | 100 Fly    | 1:08.82          | <b>29-Apr-14</b> | Joel Crampton     |                          |  |
|           | 200 Fly    | 2:27.01          | <b>29-Apr-14</b> | Joel Crampton     | Wellington Record        |  |
|           | 200 IM     | 2:35.76          | <b>22-Jan-07</b> | Thomas McCarthy   |                          |  |
| 400 IM    | 5:35.94    | <b>20-Jan-07</b> | Thomas McCarthy  |                   |                          |  |
| 13-13     | 50 Free    | 27.95            | <b>11-Nov-06</b> | Mitchell Logan    |                          |  |
|           | 100 Free   | 1:00.16          | <b>16-Jan-09</b> | Kyle Barnes       |                          |  |
|           | 200 Free   | 2:10.20          | <b>18-Jan-08</b> | Thomas McCarthy   |                          |  |
|           | 400 Free   | 4:26.48          | <b>1-Mar-11</b>  | Callum Sinclair   |                          |  |
|           | 800 Free   | 8:59.40          | <b>18-Apr-11</b> | Callum Sinclair   | Wellington Record also   |  |
|           | 1500 Free  | 17:28.08         | <b>21-Jan-11</b> | Callum Sinclair   | Wellington Record also   |  |
|           | 50 Back    | 31.84            | <b>11-Nov-06</b> | Mitchell G. Logan |                          |  |
|           | 100 Back   | 1:10.28          | <b>21-Feb-86</b> | Richard Grant     |                          |  |
|           | 200 Back   | 2:35.88          | <b>16-Jan-98</b> | Stefan Krawczyk   |                          |  |
|           | 50 Breast  | 33.06            | <b>2-Mar-11</b>  | Callum Sinclair   |                          |  |
|           | 100 Breast | 1:10.96          | <b>18-Apr-11</b> | Callum Sinclair   | Wellington Record also   |  |
|           | 200 Breast | 2:28.54          | <b>18-Apr-11</b> | Callum Sinclair   | Wellington and NZ Record |  |
|           | 50 Fly     | 30.00            | <b>17-Jan-87</b> | Richard Grant     |                          |  |
|           | 100 Fly    | 1:08.13          | <b>21-Feb-86</b> | Richard Grant     |                          |  |
|           | 200 Fly    | 2:42.74          | <b>18-Jan-08</b> | Joshua Rich       |                          |  |
|           | 200 IM     | 2:18.43          | <b>1-Mar-11</b>  | Callum Sinclair   |                          |  |
|           | 400 IM     | 4:52.00          | <b>3-Mar-11</b>  | Callum Sinclair   | Wellington Record also   |  |
|           | 14-14      | 50 Free          | 25.72            | <b>13-Feb-10</b>  | Kyle Barnes              |  |
|           |            | 100 Free         | 55.70            | <b>25-Jan-10</b>  | Kyle Barnes              |  |
| 200 Free  |            | 2:03.89          | <b>24-Jan-10</b> | Kyle Barnes       |                          |  |
| 400 Free  |            | 4:17.93          | <b>6-Mar-12</b>  | Callum Sinclair   |                          |  |
| 800 Free  |            | 9:06.19          | <b>22-Jan-10</b> | Kyle Barnes       |                          |  |
| 1500 Free |            | 17:08.96         | <b>22-Jan-10</b> | Kyle Barnes       |                          |  |
| 50 Back   |            | 30.77            | <b>10-Mar-99</b> | Stefan Krawczyk   |                          |  |
| 100 Back  |            | 1:06.30          | <b>10-Mar-99</b> | Stefan Krawczyk   |                          |  |
| 200 Back  |            | 2:26.99          | <b>7-Nov-09</b>  | Kyle Barnes       |                          |  |

**Tawa Swimming Club**  
**P O Box 51 207 Tawa Wellington**

**RECORDS Club L C Records**

|            |            |          |                  |                  |                        |                        |
|------------|------------|----------|------------------|------------------|------------------------|------------------------|
| 14-14      | 50 Breast  | 32.70    | <b>18-Aug-95</b> | Jarrold Brown    |                        |                        |
|            | 100 Breast | 1:09.69  | <b>10-Dec-11</b> | Callum Sinclair  |                        |                        |
|            | 200 Breast | 2:27.53  | <b>6-Mar-12</b>  | Callum Sinclair  |                        |                        |
|            | 50 Fly     | 28.87    | <b>24-Jan-10</b> | Kyle Barnes      |                        |                        |
|            | 100 Fly    | 1:02.93  | <b>25-Jan-10</b> | Kyle Barnes      |                        |                        |
|            | 200 Fly    | 2:22.45  | <b>3-Dec-09</b>  | Kyle Barnes      |                        |                        |
|            | 200 IM     | 2:16.82  | <b>9-Apr-12</b>  | Callum Sinclair  |                        |                        |
|            | 400 IM     | 4:44.33  | <b>6-Mar-12</b>  | Callum Sinclair  | Wellington Record also |                        |
| 15-15      | 50 Free    | 25.00    | <b>9-Dec-10</b>  | Kyle Barnes      |                        |                        |
|            | 100 Free   | 54.13    | <b>21-Jan-11</b> | Kyle Barnes      | Wellington Record also |                        |
|            | 200 Free   | 2:00.70  | <b>9-Dec-10</b>  | Kyle Barnes      |                        |                        |
|            | 400 Free   | 4:14.65  | <b>17-Mar-13</b> | Callum Sinclair  |                        |                        |
|            | 800 Free   | 8:53.13  | <b>26-Feb-13</b> | Callum Sinclair  |                        |                        |
|            | 1500 Free  | 16:53.89 | <b>26-Feb-13</b> | Callum Sinclair  |                        |                        |
|            | 50 Back    | 30.44    | <b>29-Apr-14</b> | Justin Roberts   |                        |                        |
|            | 100 Back   | 1:04.97  | <b>9-Jan-89</b>  | Gary Sundgren    |                        |                        |
|            | 200 Back   | 2:19.10  | <b>23-Jan-95</b> | Liam McElwee     |                        |                        |
|            | 50 Breast  | 32.19    | <b>2-Mar-96</b>  | Jarrold Brown    |                        |                        |
|            | 100 Breast | 1:08.68  | <b>7-Apr-96</b>  | Jarrold Brown    | Wellington Record also |                        |
|            | 200 Breast | 2:28.58  | <b>18-Dec-12</b> | Callum Sinclair  |                        |                        |
|            | 50 Fly     | 27.94    | <b>21-Jan-11</b> | Kyle Barnes      |                        |                        |
|            | 100 Fly    | 1:00.40  | <b>23-Oct-89</b> | Gary Sundgren    |                        |                        |
|            | 200 Fly    | 2:10.92  | <b>22-Oct-89</b> | Gary Sundgren    |                        |                        |
|            | 200 IM     | 2:15.25  | <b>26-Feb-13</b> | Callum Sinclair  |                        |                        |
|            | 400 IM     | 4:44.05  | <b>17-Nov-12</b> | Callum Sinclair  |                        |                        |
|            | 16-16      | 50 Free  | 24.50            | <b>5-Mar-11</b>  | Kyle Barnes            | Wellington Record also |
| 100 Free   |            | 54.21    | <b>3-Mar-11</b>  | Kyle Barnes      |                        |                        |
| 200 Free   |            | 1:57.75  | <b>5-Mar-10</b>  | Nick Gillum      |                        |                        |
| 400 Free   |            | 4:08.03  | <b>3-Mar-10</b>  | Nick Gillum      |                        |                        |
| 800 Free   |            | 8:52.27  | <b>22-Jan-10</b> | Nick Gillum      |                        |                        |
| 1500 Free  |            | 16:15.74 | <b>6-Mar-10</b>  | Nick Gillum      |                        |                        |
| 50 Back    |            | 30.08    | <b>22-Oct-01</b> | Stefan Krawczyk  |                        |                        |
| 100 Back   |            | 1:03.86  | <b>13-Mar-01</b> | Stefan Krawczyk  |                        |                        |
| 200 Back   |            | 2:12.60  | <b>21-Oct-90</b> | Craig Ford       |                        |                        |
| 50 Breast  |            | 30.77    | <b>18-Feb-94</b> | Alan Waters      |                        |                        |
| 100 Breast |            | 1:08.12  | <b>2-Apr-97</b>  | Jarrold Brown    |                        |                        |
| 200 Breast |            | 2:25.57  | <b>6-Jan-97</b>  | Jarrold Brown    |                        |                        |
| 50 Fly     |            | 27.99    | <b>20-Oct-90</b> | Gary Sundgren    |                        |                        |
| 100 Fly    |            | 58.93    | <b>31-Aug-90</b> | Gary Sundgren    |                        |                        |
| 200 Fly    |            | 2:05.18  | <b>18-Apr-90</b> | Gary Sundgren    | Wellington Record also |                        |
| 200 IM     |            | 2:08.42  | <b>21-Oct-90</b> | Craig Ford       | Wellington Record also |                        |
| 400 IM     |            | 4:33.40  | <b>22-Oct-90</b> | Craig Ford       | Wellington Record also |                        |
| 17 & O     |            | 50 Free  | 24.75            | <b>10-Sep-92</b> | Andrew Harland         |                        |
|            |            | 100 Free | 53.76            | <b>6-Sep-92</b>  | Andrew Harland         |                        |
|            |            | 200 Free | 1:56.01          | <b>24-Feb-91</b> | Gary Sundgren          |                        |
|            | 400 Free   | 4:05.50  | <b>2-Mar-11</b>  | Nick Gillum      |                        |                        |
|            | 800 Free   | 8:25.37  | <b>6-Apr-94</b>  | Gary Sundgren    |                        |                        |
|            | 1500 Free  | 16:19.39 | <b>25-Mar-95</b> | Gary Sundgren    |                        |                        |
|            | 50 Back    | 27.56    | <b>15-Mar-91</b> | Craig Ford       |                        |                        |
|            | 100 Back   | 59.74    | <b>14-Mar-91</b> | Craig Ford       |                        |                        |
|            | 200 Back   | 2:22.58  | <b>18-Jan-92</b> | Gary Sundgren    |                        |                        |
|            | 50 Breast  | 30.17    | <b>4-Apr-98</b>  | Sean Gardiner    | Wellington Record also |                        |
|            | 100 Breast | 1:06.21  | <b>3-Apr-98</b>  | Sean Gardiner    | Wellington Record also |                        |

**Tawa Swimming Club  
P O Box 51 207 Tawa Wellington**

**RECORDS Club L C Records**

|        |            |          |                  |                |                        |
|--------|------------|----------|------------------|----------------|------------------------|
| 17 & O | 200 Breast | 2:25.00  | <b>10-Mar-99</b> | Jarrold Brown  |                        |
|        | 50 Fly     | 26.37    | <b>14-Mar-91</b> | Craig Ford     |                        |
|        | 100 Fly    | 57.86    | <b>15-Mar-91</b> | Craig Ford     |                        |
|        | 200 Fly    | 2:03.33  | <b>13-Mar-91</b> | Gary Sundgren  | Wellington Record also |
|        | 200 IM     | 2:09.46  | <b>23-Feb-91</b> | Craig Ford     |                        |
|        | 400 IM     | 4:33.75  | <b>21-Feb-91</b> | Craig Ford     | Wellington Record also |
| Open   | 50 Free    | 24.50    | <b>5-Mar-11</b>  | Kyle Barnes    |                        |
|        | 100 Free   | 53.76    | <b>6-Sep-92</b>  | Andrew Harland |                        |
|        | 200 Free   | 1:56.01  | <b>24-Feb-91</b> | Gary Sundgren  |                        |
|        | 400 Free   | 4:05.50  | <b>2-Mar-11</b>  | Nick Gillum    |                        |
|        | 800 Free   | 8:25.37  | <b>6-Apr-94</b>  | Gary Sundgren  |                        |
|        | 1500 Free  | 16:15.74 | <b>6-Mar-10</b>  | Nick Gillum    |                        |
|        | 50 Back    | 27.56    | <b>15-Mar-91</b> | Craig Ford     |                        |
|        | 100 Back   | 59.74    | <b>14-Mar-91</b> | Craig Ford     |                        |
|        | 200 Back   | 2:12.60  | <b>21-Oct-90</b> | Craig Ford     |                        |
|        | 50 Breast  | 30.17    | <b>4-Apr-98</b>  | Sean Gardiner  |                        |
|        | 100 Breast | 1:06.21  | <b>3-Apr-98</b>  | Sean Gardiner  | Wellington Record also |
|        | 200 Breast | 2:25.00  | <b>10-Mar-99</b> | Jarrold Brown  |                        |
|        | 50 Fly     | 26.37    | <b>14-Mar-91</b> | Craig Ford     |                        |
|        | 100 Fly    | 57.86    | <b>15-Mar-91</b> | Craig Ford     |                        |
|        | 200 Fly    | 2:03.33  | <b>13-Mar-91</b> | Gary Sundgren  |                        |
|        | 200 IM     | 2:08.42  | <b>21-Oct-90</b> | Carig Ford     |                        |
|        | 400 IM     | 4:33.40  | <b>22-Oct-90</b> | Craig Ford     |                        |