



MARCH 2016 NEWSLETTER - WHAT'S COMING UP

For Club swimmers: Please consider trying the **PCA Novice Meet, Sunday 13 March**, at Cannon's Creek Pool (Warmup 1.30pm, Start 2pm). This Novice meet is designed to encourage young swimmers. A Tawa Swimming Club coach will be there to help you. Race distances are 25m and 50m, Backstroke and Freestyle. Find more information in the flyer on the [Meet Information page](#), or on our Noticeboard at the pool. [Note: Your meet entry fees, \$4.50 per event, should be paid to Tawa Swimming Club, BNZ Tawa 02-0552-0046904-000, which pays the host club in one lump sum]. You need to **enter through the link on our Meet Information page by 5 March**. Any questions please contact our Race Secretary Ruth (racesec@swimtawa.org.nz).

ELIGIBILITY: Swimmers may **not** enter this meet if they;

- ♣ have swum in three or more zone or inter-club meets.
- ♣ have qualified for the Wellington Champs.
- ♣ are registered as a competitive swimmer. Club swimmers are welcome.

SZR Long Course Sprints: This Saturday 5 March at WRAC, entries closed.

GOLD COAST zone: Woolahara Trophy Carnival, Sunday 20 March, Coastlands. The Gold Coast zone includes Tawa, Porirua City Aquatics, Raumati and Kapiti Swim Clubs. If your child is swimming in Future or Rising Stars squads, they should be entering Gold Coast meets where possible. Entries are through our Meet Information page. The entry fee (\$6.00 for up to 3 events) is paid at the door for Gold Coast zone meets.

DIVISION II: A team of 6 swimmers, Coach and Team Manager, are heading to Invercargill next week for the national DIVISION II meet, 9-12 March. Our best wishes to Sarah Downs, Abby-Leigh Collier, Clara Gianos, Elisia Wong, Joshua Keegan and Max Wong ☺

Time Trials: Club time trials are booked for Thursday 7 April this term. We still need a volunteer to take over coordinating this. If you could be interested, please talk to Lisa (nevlisa@actrix.co.nz) at Time Trials.

BBQ Night: We will hold another BBQ evening Monday 4 April this term.

RECENT EVENTS

Congratulations to our **Junior Nationals** team Matthew Cooper, Jenna Rolston-Larking, Gavin Moon, Clara Gianos, Renee Luo, Charlotte Gibbs and Lily-Anne Meyler on your recent successes in Auckland! Tawa came away ranked 11th, achieving 22 top 10 finishes, and medals by Jenna (Gold 200Fly, Bronze 100Fly), Matthew (Silver 50, 100, 200Breast, Bronze 50Free) and Renee (Bronze 50Fly).



CLUB NIGHTS

Club Captain (Mel), President (Ash) and Treasurer (Sandra) are working on a plan to address some of the numbers pressures from swimmers coming through Club swimming, and from the waitlist to start Club swimming. Mel is also working on attendance monitoring, Lane achievement expectations, volunteer coach recruitment and coach training. Thank you to our continuing coaches, and to our new coaches. Among new coaches are some of our College swimmers. We appreciate that these young people have willingly put their hands up to help at a time when Mel is short of volunteers. Mel is at the pool on Monday evenings (both sessions) and Thursday evenings (second session) if you want to talk to her in person (captain@swimtawa.org.nz).

COMMITTEE

Ashley Downs
Alex Craven
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Ruth Humble
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Billie Mudie, Lisa Wong, Sue Smart and Denise Roberts are also Committee members. Please feel free to talk to Committee members anytime, or come to a Committee meeting. If there is something you would particularly like to hear about in the newsletter (which generally follows Committee meetings), please let Alex know on secretary@swimtawa.org.nz.