



MAY 2016 NEWSLETTER

Welcome back to Term 2, 2016! We hope everyone had a great week or two off, and are back with bells on for the winter terms.



Congratulations! Mary was named today headlining the 2016 Rio Paralympics swim team with Sophie Pascoe and Cameron Leslie. "Mary Fisher, break-through Para-Swimmer at London 2012 with a stunning haul of a gold, two silver, a bronze and a world record, is officially listed as 'one to watch in Rio' by the International Paralympic Committee. Fisher will take to the water across multiple events in the vision impairment classification". (Swimming NZ website) Click [here](#) for article on Stuff today. Best wishes Mary!

National Age Group Championships (NAGs) NAGs is the premier national meet for 12-18 year olds, and was held in the first week of the school holidays. Congratulations to our NAGs team on some fantastic swimming results! Katie Helm won Silver in 200 Fly and Joel Crampton won Bronze in 200 Fly. Katie and Joel both placed 8th in their 100 Fly events as well. Chelsea Parker achieved 4 top 10 finishes, Louis Regnault 2 top 10 finishes, Jenna Rolston-Larking 2 top 10 finishes and Lachlan Mudie 1 top 10 finish. Our team included Joel Crampton, Thomas Downs, Katie Helm, Cerys Lewis, Lachlan Mudie, Chelsea Parker, Louis Regnault, Justin Roberts, Jenna Rolston-Larking, Shavendra Somaweera, Danika Viskovic and Elisia Wong.

DIVISION III: PCA Division III was held on 16 April at Naenae, with Tawa represented by a team of 26 swimmers, 9-14 years. Medals were shared among 11 Tawa swimmers, with 9 more achieving 4-7th place ribbons. We enjoyed some great swimming by Tawa swimmers at this meet, including 200IMs by Emma Douglass (2.54.20) and Tyler Florance (2.49.18), 50 Fly by Ruby Hikuroa (32.40) and 3 Gold medals to Wynter Tickle. Naomi Cooper (9 years) also did a great job placing 3rd up against 10-year olds. Congratulations to all our swimmers. Photos are available on our website under Galleries.

Medalists - Wynter Tickle, Ruby Hikuroa, Emma Douglass, Ryan Double, Tyler Florance, Lucy Evans, Hannah Reid, Phoebe Riddle, Naomi Cooper, Hannah and Thomas Craven

4-7th place-getters (not also medalists) - Miriam Kirby, Sian Evans, Angus Mudie, Brenna Winter, Alexander Keegan, Jake Butchard, Stanley Riddle, Caelan Wong, Alycia Evans

UPCOMING EVENTS



GOLD COAST – Paekakariki Shield Relay Sunday 15 May, 5pm (warm up) at Tawa Pool. This is primarily a relay meet and relays are always popular with the kids. If you want to participate, you need to enter an individual event. As we are the hosting Club, it would be great to have strong support from our members. The meet is for all ages - from 9 and under, to 14 and over. **Enter by 10 May** on the [Meet Information](#) page, and pay at the door (Note, there is no Eftpos). If you have a WCC swim membership card (generally only those swimming 3 or more times a week have these), please bring it and use it. See Meet Information page for the flier.

CLUB CHAMPS: Club Championships is scheduled for **Sunday 29 May, 4.30pm (warm up)** at Tawa Pool. This meet is only for Tawa Swimming Club members, and we encourage all interested members to enter. Prizegiving trophies for 2016 are awarded on results at this meet. If you want to compete for a trophy, read the [Trophy list guide](#) carefully for how many, and which, events you need to enter. Otherwise, just do the events you want to. For younger members, Club Champs is like Time Trials, except that you can be disqualified, and more senior swimmers will be there. It's a good opportunity for you to see lots of teenage role models from your Club in action. **Parents** – time to dust off your togs, see if you still fit them, and enter the **Family Relay!** You can do it – its only one length - and the more families who enter, the more we can hide in strength of numbers. Go on. Do it. For the kids 😊 See the flier for more details.

Dash for Cash SIGNATURE MEET: On **Saturday 18 June**, we will host our Signature Meet at Wellington Regional Aquatic Centre (WRAC). This is the Club's main fundraiser for the year. We will be running a raffle alongside the meet. Squad swimmers can expect to receive information by email this week about how you can help.

See the [Meet Information](#) page for other meets – there are various Signature and other meets happening in May and early June. **Passes** – see Racing Information further on in newsletter for information about Black Swimming Wellington passes, which are used for Regional meets and Signature meets.



CLUB NIGHTS

Volunteer coach training. The Club funded 2 volunteer coaches to attend the SNZ Swimming Teacher Award course at Tawa Pool on 19 April, and Club Captain Mel received positive feedback about the training from our volunteers. Coaches also undertook a training session with Jason, during the last Time Trials and this was also positively received. Another volunteer coach attended a Sport Wellington "Get Started in Coaching" session on Monday 18 April. Thank you very much to our volunteers for their commitment.

Dive Clinics. Mel is working on coordinating a 'Dive Clinic' (3 sessions, extra to current lessons) for Club swimmers to practise diving this term. Watch for further information.

The Club is full, and is still under pressure with waitlists. If you know you are leaving at the end of the financial year, it would be great if you could tip Mel of this for our forward planning.

Mel is at the pool on Monday evenings (both sessions) and Thursday evenings (second session) if you want to talk to her in person (captain@swimtawa.org.nz).



Time Trials, Term 1

"THANKS" TO OUR SUPPORTERS!

Every swim meet and club event needs a lot of support to run smoothly. We are very lucky in the number of volunteers – especially those who don't have children swimming at present – who give generously of their time, skills and experience to help keep our Club ticking over. This includes attending meetings and coordinating events, mentoring others, helping to run Time Trials, Club Champs or our Signature Meet, and/or filling Tawa's officials quotas at national meets. There are many long-time Club volunteers helping our kids to continue to have the experience of swimming. Please encourage your kids to always thank officials from our Club and other Clubs.

RACING INFORMATION

Here are a few tips on who to contact, when and how, for problems entering races, and how to get information you need.

- 1) Don't leave your entries to the last days before closing unless you have to. The earlier you enter, the easier it is to resolve any potential issues.
- 2) **All** race meet queries, result queries, SNZ account problems must be directed to Tawa Swimming Club Race Secretary Ruth Humble (racesec@swimtawa.org.nz). Do not contact Swimming New Zealand. Ruth will do that if she needs to.
- 3) If you have an account issue, Ruth or Sandra can reset your account (racesec@swimtawa.org.nz or treasurer@swimtawa.org.nz)
- 4) If you experience any trouble with race entries, contact Ruth as soon as possible. Don't wait until after the cut off date.
- 5) On race day, **text** the **TEAM MANAGER phone 0204 070 3032** if you are withdrawing or are arriving late. Note, there is no credit on the phone so don't expect a response. Programme this number into your phone.
- 6) **Black Swimming Wellington passes** are issued for getting into Regional Meets and Signature Meets. If you don't take one, you are likely to be charged a pool entry fee (even though you already paid meet entry fees). Contact Alex (secretary@swimtawa.org.nz) if you don't have a black card and you are entered in one of these meets.
- 7) The [Meet Information page](#) has been updated with meets throughout 2016.

Committee contacts

Ashley Downs
Alex Craven
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Billie Mudie, Lisa Wong, Sue Smart and Denise Roberts are also Committee members. Please feel free to talk to Committee members anytime, or come to a Committee meeting. If there is something you would particularly like to hear about in the newsletter (which generally follows Committee meetings), please let Alex know on secretary@swimtawa.org.nz.