

**Tawa Swimming Club**  
**P O Box 51 207 Tawa Wellington**

**RECORDS Club SC Records**

**SC Meters-Female**

8 & U	50 Free	39.91	<b>30-Sep-89</b>	Emily Barnes		
	100 Free	1:24.40	<b>6-Jun-81</b>	Deborah Quinn		
	200 Free	3:28.57	<b>2-Jul-89</b>	Emily Barnes		
	400 Free	7:50.45	<b>5-Nov-88</b>	Rebecca Boston		
	800 Free	16:18.82	<b>6-Nov-88</b>	Rebecca Boston		
	1500 Free	40:00.00	<b>1-Jan-00</b>	Standard		
	50 Back	45.89	<b>19-Mar-90</b>	Hilary Todd		
	100 Back	1:38.15	<b>22-Mar-98</b>	Madeleine White		
	200 Back	3:33.19	<b>10-Oct-99</b>	Michaela Watson		
	50 Breast	52.47	<b>27-Mar-94</b>	Nicola Johns		
	100 Breast	1:53.40	<b>4-Jul-81</b>	Deborah Quinn		
	200 Breast	4:36.05	<b>11-May-97</b>	Gemma Braddock		
	25 Fly	18.73	<b>30-Jul-89</b>	Laura Woodward		
	50 Fly	44.10	<b>26-Jul-81</b>	Deborah Quinn		
	100 Fly	1:58.13	<b>13-Aug-89</b>	Laura Woodward		
	100 IM	1:37.10	<b>26-Jul-81</b>	Deborah Quinn		
	200 IM	4:17.92	<b>2-Jul-89</b>	Emily Barnes		
	9-9	50 Free	34.57	<b>3-Aug-91</b>	Hilary Todd	
		100 Free	1:17.13	<b>27-Jul-91</b>	Hilary Todd	
		200 Free	2:57.74	<b>18-Jul-15</b>	Charlotte E. Gibbs	
400 Free		7:20.68	<b>21-Mar-94</b>	Tanya Marsden		
800 Free		15:05.43	<b>18-Mar-91</b>	Emily Barnes		
1500 Free		28:52.06	<b>26-Nov-89</b>	Rebecca Boston		
50 Back		39.80	<b>4-Aug-91</b>	Hilary Todd		
100 Back		1:27.43	<b>21-Jul-91</b>	Hilary Todd		
200 Back		3:16.91	<b>3-Dec-95</b>	Justine Jones		
50 Breast		43.87	<b>28-Jul-12</b>	Danika Viskovic	Wellington Record also	
100 Breast		1:36.09	<b>28-Jul-12</b>	Danika Viskovic		
200 Breast		3:31.89	<b>21-Jul-12</b>	Danika Viskovic		
50 Fly		38.80	<b>27-Jun-82</b>	Deborah Quinn		
100 Fly		1:25.62	<b>13-Feb-94</b>	Rachel McGrory		
200 Fly		4:30.00	<b>1-Jan-04</b>	Standard		
100 IM		1:27.33	<b>4-Aug-91</b>	Hilary Todd		
200 IM		3:12.09	<b>30-May-93</b>	Kiri Smiler		
400 IM		7:41.09	<b>3-Dec-89</b>	Rebecca Boston		
10-10	50 Free	31.10	<b>13-Jul-13</b>	Danika Viskovic		
	100 Free	1:09.81	<b>26-Jul-92</b>	Hilary Todd		
	200 Free	2:30.12	<b>2-Aug-14</b>	Jenna R. Rolston-Larking		
	400 Free	5:18.46	<b>2-Aug-14</b>	Jenna R. Rolston-Larking		
	800 Free	11:10.27	<b>18-May-14</b>	Jenna R. Rolston-Larking		
	1500 Free	21:08.25	<b>29-Jun-14</b>	Jenna R. Rolston-Larking		
	50 Back	36.54	<b>26-Jul-92</b>	Hilary Todd		
	100 Back	1:17.21	<b>25-Jul-92</b>	Hilary Todd		
	200 Back	2:44.78	<b>29-Jun-13</b>	Danika Viskovic		
	50 Breast	40.98	<b>8-Jun-13</b>	Danika Viskovic		
	100 Breast	1:28.88	<b>23-Jun-13</b>	Danika Viskovic		
	200 Breast	3:12.79	<b>23-Jun-13</b>	Danika Viskovic		
	50 Fly	32.79	<b>2-Aug-14</b>	Jenna R. Rolston-Larking	Wellington Record	
	100 Fly	1:11.76	<b>2-Aug-14</b>	Jenna R. Rolston-Larking	Wellington Record	
	200 Fly	2:38.83	<b>2-Aug-14</b>	Jenna R. Rolston-Larking		
	100 IM	1:19.29	<b>5-Dec-14</b>	Jenna R. Rolston-Larking		
	200 IM	2:47.77	<b>2-Aug-14</b>	Jenna R. Rolston-Larking		

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**P O Box 51 207 Tawa Wellington**

**RECORDS Club SC Records**

10-10	400 IM	5:52.97	<b>2-Aug-14</b>	Jenna R. Rolston-Larking		
11-11	50 Free	29.40	<b>2-Aug-14</b>	Danika Viskovic		
	100 Free	1:03.84	<b>31-Jul-93</b>	Hilary Todd	Wellington Record also	
	200 Free	2:24.75	<b>2-Aug-14</b>	Danika Viskovic		
	400 Free	4:41.74	<b>8-Aug-93</b>	Hilary Todd		
	800 Free	10:29.05	<b>5-Aug-94</b>	Kiri Smiler		
	1500 Free	23:21.69	<b>14-Nov-93</b>	Lorraine Johns		
	50 Back	32.87	<b>2-Aug-14</b>	Danika Viskovic	Wellington Record	
	100 Back	1:09.81	<b>31-Jul-93</b>	Hilary Todd	Wellington Record also	
	200 Back	2:27.74	<b>7-Aug-93</b>	Hilary Todd	Wellington Record also	
	50 Breast	37.95	<b>14-Jun-14</b>	Danika Viskovic		
	100 Breast	1:21.31	<b>28-Jun-14</b>	Danika Viskovic		
	200 Breast	2:55.13	<b>2-Aug-14</b>	Danika Viskovic		
	50 Fly	32.44	<b>18-Jul-15</b>	Jenna R. Rolston-Larking		
	100 Fly	1:10.78	<b>18-Jul-15</b>	Jenna R. Rolston-Larking	Wellington Record	
	200 Fly	2:37.72	<b>5-Feb-16</b>	Jenna R. Rolston-Larking		
	100 IM	1:13.67	<b>2-Aug-14</b>	Danika Viskovic		
	200 IM	2:39.30	<b>2-Aug-14</b>	Danika Viskovic		
	400 IM	5:37.01	<b>2-Aug-14</b>	Danika Viskovic		
	12-12	50 Free	28.50	<b>18-Jul-15</b>	Cerys B. Lewis	
		100 Free	1:02.91	<b>31-Jul-93</b>	Josie Glasson	
200 Free		2:16.57	<b>14-Aug-93</b>	Hilary Todd		
400 Free		4:36.52	<b>23-Jul-94</b>	Hilary Todd	Wellington Record also	
800 Free		9:14.17	<b>5-Aug-94</b>	Hilary Todd	NZ Record & Wgton Record also	
1500 Free		19:01.84	<b>14-Nov-93</b>	Hilary Todd		
50 Back		31.99	* <b>30-Jan-99</b>	Deborah Kilkelly		
50 Back		31.99	* <b>18-Jul-15</b>	Danika Viskovic		
100 Back		1:08.68	<b>1-Nov-98</b>	Deborah Kilkelly		
200 Back		2:26.18	<b>6-Aug-94</b>	Hilary Todd		
50 Breast		37.28	<b>18-Jul-15</b>	Danika Viskovic		
100 Breast		1:21.76	<b>10-Dec-16</b>	Jenna R. Rolston-Larking		
200 Breast		2:47.75	<b>7-Aug-94</b>	Hilary Todd		
50 Fly		30.84	<b>10-Dec-16</b>	Jenna R. Rolston-Larking		
100 Fly		1:08.26	<b>6-Aug-16</b>	Jenna R. Rolston-Larking		
200 Fly		2:27.06	<b>6-Aug-94</b>	Hilary Todd	Wgton Record also	
100 IM		1:11.86	<b>18-Jul-15</b>	Danika Viskovic		
200 IM		2:29.21	<b>23-Jul-94</b>	Hilary Todd		
400 IM		5:04.40	<b>7-Aug-94</b>	Hilary Todd	NZ Record & Wgton Record also	
13-13		50 Free	28.73	<b>2-Sep-17</b>	Jenna R. Rolston-Larking	
	100 Free	1:01.94	<b>2-Sep-17</b>	Jenna R. Rolston-Larking		
	200 Free	2:11.68	<b>13-Aug-94</b>	Hilary Todd		
	400 Free	4:30.94	<b>14-Aug-94</b>	Hilary Todd		
	800 Free	9:47.30	<b>26-Sep-10</b>	Ellen J. Van Looy		
	1500 Free	17:39.15	<b>12-Aug-94</b>	Hilary Todd		
	50 Back	31.03	<b>23-Sep-99</b>	Deborah Kilkelly		
	100 Back	1:06.63	<b>11-Sep-99</b>	Deborah Kilkelly		
	200 Back	2:23.53	<b>18-Jul-93</b>	Jolene Wightman		
	50 Breast	35.82	<b>15-Mar-99</b>	Nicola Johns		
	100 Breast	1:17.35	<b>15-Mar-99</b>	Nicola Johns		
	200 Breast	2:46.73	<b>3-Oct-17</b>	Jenna R. Rolston-Larking		
	50 Fly	29.75	<b>3-Oct-17</b>	Jenna R. Rolston-Larking		
	100 Fly	1:04.88	<b>3-Oct-17</b>	Jenna R. Rolston-Larking	Wellington Record	
	200 Fly	2:21.21	<b>3-Oct-17</b>	Jenna R. Rolston-Larking	Wellington Record	

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13-13	100 IM	1:10.25	<b>2-Sep-17</b>	Jenna R. Rolston-Larking		
	200 IM	2:25.43	<b>3-Sep-94</b>	Hilary Todd		
	400 IM	5:02.29	<b>1-Sep-94</b>	Hilary Todd	Wellington Record also	
14-14	50 Free	28.63	<b>2-Oct-16</b>	Danika P. Viskovic		
	100 Free	1:02.95	<b>18-Jul-15</b>	Chelsea A. Parker		
	200 Free	2:13.62	<b>29-Sep-13</b>	Katie N. Trott		
	400 Free	4:38.81	<b>14-Aug-94</b>	Jolene Wightman		
	800 Free	9:19.75	<b>5-Aug-94</b>	Jolene Wightman		
	1500 Free	17:46.57	<b>12-Aug-94</b>	Jolene Wightman		
	50 Back	31.23	<b>12-Sep-91</b>	Clare Todd		
	100 Back	1:06.70	<b>13-Sep-91</b>	Clare Todd		
	200 Back	2:21.73	<b>6-Aug-94</b>	Jolene Wightman		
	50 Breast	35.16	<b>4-Sep-99</b>	Nicola Johns		
	100 Breast	1:16.19	* <b>11-Sep-99</b>	Nicola Johns		
	100 Breast	1:16.19	* <b>11-Aug-15</b>	Chelsea A. Parker		
	200 Breast	2:44.59	<b>11-Aug-15</b>	Chelsea A. Parker		
	50 Fly	30.32	<b>29-Sep-13</b>	Katie N. Trott		
	100 Fly	1:06.03	<b>29-Sep-13</b>	Katie N. Trott		
	200 Fly	2:21.80	<b>29-Sep-13</b>	Katie N. Trott		
	100 IM	1:10.69	<b>2-Oct-16</b>	Danika P. Viskovic		
	200 IM	2:28.40	<b>26-Sep-10</b>	Nicola S. Trott		
	400 IM	5:13.38	<b>29-Sep-13</b>	Katie N. Trott		
	15-15	50 Free	28.45	<b>2-Sep-17</b>	Olivia H. Healey	
100 Free		1:01.97	<b>2-Sep-17</b>	Olivia H. Healey		
200 Free		2:10.91	<b>3-Sep-94</b>	Lisa Cummack		
400 Free		4:33.69	<b>2-Aug-14</b>	Katie N. Trott		
800 Free		9:21.66	<b>17-May-14</b>	Katie N. Trott		
1500 Free		18:05.05	<b>13-Nov-94</b>	Jolene Wightman		
50 Back		30.41	<b>3-Oct-17</b>	Elisia Wong		
100 Back		1:07.43	<b>6-Aug-11</b>	Nicola S. Trott		
200 Back		2:24.93	<b>6-Aug-11</b>	Nicola S. Trott		
50 Breast		35.60	<b>6-Aug-16</b>	Chelsea A. Parker		
100 Breast		1:16.30	<b>2-Oct-16</b>	Chelsea A. Parker		
200 Breast		2:47.02	<b>2-Oct-16</b>	Chelsea A. Parker		
50 Fly		29.96	<b>3-Sep-11</b>	Nicola S. Trott		
100 Fly		1:05.97	<b>6-Aug-11</b>	Nicola S. Trott		
200 Fly		2:24.35	<b>28-Jun-14</b>	Katie N. Trott		
100 IM		1:09.44	<b>3-Sep-11</b>	Nicola S. Trott		
200 IM		2:27.62	<b>6-Aug-11</b>	Nicola S. Trott		
400 IM		5:09.83	<b>6-Aug-11</b>	Nicola S. Trott		
16-16		50 Free	28.28	<b>29-Sep-09</b>	Megan R. Blair	
		100 Free	1:01.04	<b>25-Aug-12</b>	Nicola S. Trott	
	200 Free	2:05.78	<b>30-Sep-12</b>	Nicola S. Trott		
	400 Free	4:30.46	<b>25-Aug-12</b>	Nicola S. Trott		
	800 Free	9:20.41	<b>18-Jul-15</b>	Katie N. Trott		
	1500 Free	19:02.43	<b>19-Jul-98</b>	Cally Worthington		
	50 Back	31.29	<b>25-Aug-12</b>	Nicola S. Trott		
	100 Back	1:07.58	<b>25-Aug-12</b>	Nicola S. Trott		
	200 Back	2:25.66	<b>25-Aug-12</b>	Nicola S. Trott		
	50 Breast	34.75	<b>30-Sep-12</b>	Nicola S. Trott		
	100 Breast	1:18.60	<b>24-Apr-81</b>	Tania Woodbury		
	200 Breast	2:52.90	<b>25-Feb-81</b>	Tania Woodbury		
	50 Fly	30.04	<b>25-Aug-12</b>	Nicola S. Trott		

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**RECORDS Club SC Records**

16-16	100 Fly	1:04.72	<b>11-Aug-15</b>	Katie N. Trott	
	200 Fly	2:22.28	<b>11-Aug-15</b>	Katie N. Trott	
	100 IM	1:07.27	<b>30-Sep-12</b>	Nicola S. Trott	
	200 IM	2:22.59	<b>30-Sep-12</b>	Nicola S. Trott	
	400 IM	5:06.37	<b>30-Sep-12</b>	Nicola S. Trott	
17 & O	50 Free	28.12	<b>19-Jun-10</b>	Kayla Imrie	
	100 Free	1:01.40	<b>19-Jun-10</b>	Kayla Imrie	
	200 Free	2:07.42	<b>29-Sep-13</b>	Nicola S. Trott	
	400 Free	4:35.12	<b>6-Aug-16</b>	Katie N. Trott	
	800 Free	9:29.70	<b>17-May-14</b>	Rachel L. Smart	
	1500 Free	17:57.83	<b>17-May-14</b>	Rachel L. Smart	
	50 Back	32.91	<b>1-Aug-09</b>	Desiree C. Gordon	
	100 Back	1:08.20	<b>24-Aug-13</b>	Nicola S. Trott	
	200 Back	2:30.55	<b>29-Sep-13</b>	Rachel L. Smart	
	50 Breast	34.55	<b>29-Sep-13</b>	Nicola S. Trott	
	100 Breast	1:19.30	<b>15-Jun-80</b>	Deidre Walls	
	200 Breast	2:50.97	<b>2-Aug-14</b>	Rachel L. Smart	
	50 Fly	29.55	<b>29-Sep-13</b>	Nicola S. Trott	
	100 Fly	1:04.69	<b>29-Sep-13</b>	Nicola S. Trott	
	200 Fly	2:23.91	<b>19-Jul-14</b>	Rachel L. Smart	
	100 IM	1:06.21	<b>29-Sep-13</b>	Nicola S. Trott	
	200 IM	2:21.81	<b>29-Sep-13</b>	Nicola S. Trott	
	400 IM	5:10.36	<b>29-Sep-13</b>	Nicola S. Trott	
	Open	50 Free	28.12	<b>19-Jun-10</b>	Kayla Imrie
		100 Free	1:01.04	<b>25-Aug-12</b>	Nicola S. Trott
200 Free		2:05.78	<b>30-Sep-12</b>	Nicola S. Trott	
400 Free		4:30.46	<b>25-Aug-12</b>	Nicola S. Trott	
800 Free		9:14.17	<b>5-Aug-94</b>	Hilary Todd	
1500 Free		17:39.15	<b>12-Aug-94</b>	Hilary Todd	
50 Back		30.55	<b>3-Oct-17</b>	TWAWN Elisia Wong at 2017 NZ Short Course Championships	
100 Back		1:06.63	<b>11-Sep-99</b>	Deborah Kilkelly	
200 Back		2:21.73	<b>5-Aug-94</b>	Jolene Wightman	
50 Breast		34.55	<b>29-Sep-13</b>	Nicola S. Trott	
100 Breast		1:16.19	<b>11-Sep-99</b>	Nicola Johns	
200 Breast		2:44.61	<b>5-Sep-99</b>	Nicola Johns	
50 Fly		29.55	<b>29-Sep-13</b>	Nicola S. Trott	
100 Fly		1:04.69	<b>29-Sep-13</b>	Nicola S. Trott	
200 Fly		2:21.80	<b>29-Sep-13</b>	Katie N. Trott	
100 IM		1:06.21	<b>29-Sep-13</b>	Nicola S. Trott	
200 IM		2:21.81	<b>29-Sep-13</b>	Nicola S. Trott	
400 IM		5:02.29	<b>1-Sep-94</b>	Hilary Todd	

**Tawa Swimming Club**  
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**RECORDS Club SC Records**

**SC Meters-Male**

8 & U	50 Free	36.84	<b>13-Nov-88</b>	Roger Barnes		
	100 Free	1:20.73	<b>24-Jul-88</b>	Roger Barnes		
	200 Free	2:53.72	<b>23-Oct-88</b>	Roger Barnes		
	400 Free	5:58.06	<b>5-Nov-88</b>	Roger Barnes		
	800 Free	13:17.44	<b>6-Aug-88</b>	Roger Barnes		
	1500 Free	23:50.94	<b>6-Nov-88</b>	Roger Barnes		
	50 Back	43.66	<b>6-Mar-95</b>	Jared Morris-Jenkins		
	100 Back	1:34.10	<b>12-Mar-95</b>	Jared Morris-Jenkins		
	200 Back	3:18.27	<b>6-Mar-95</b>	Jared Morris-Jenkins		
	50 Breast	49.96	<b>10-Mar-91</b>	Gareth Woodward		
	100 Breast	1:43.80	<b>24-Feb-91</b>	Gareth Woodward		
	200 Breast	3:51.59	<b>5-Mar-95</b>	Jared Morris-Jenkins		
	25 Fly	19.21	<b>8-May-88</b>	Roger Barnes		
	50 Fly	41.13	<b>19-Jan-91</b>	Gareth Woodward		
	100 Fly	1:58.13	<b>24-Apr-88</b>	Roger Barnes		
	100 IM	1:35.71	<b>18-Sep-88</b>	Roger Barnes		
	200 IM	3:23.35	<b>13-Aug-88</b>	Roger Barnes		
	9-9	50 Free	33.72	<b>30-Jul-89</b>	Roger Barnes	
		100 Free	1:13.77	<b>1-Oct-89</b>	Roger Barnes	
		200 Free	2:44.78	<b>29-Jul-89</b>	Roger Barnes	
400 Free		5:53.74	<b>27-Mar-94</b>	Shaun Murdoch		
800 Free		11:51.77	<b>21-Mar-94</b>	Shaun Murdoch		
1500 Free		23:25.07	<b>20-Aug-89</b>	Roger Barnes		
50 Back		38.52	<b>4-May-96</b>	Damian Braddock		
100 Back		1:26.70	<b>23-Oct-82</b>	Richard Grant		
200 Back		3:13.27	<b>4-Mar-96</b>	Damian Braddock		
50 Breast		44.93	<b>30-Jul-89</b>	Roger Barnes		
100 Breast		1:37.31	<b>17-Mar-96</b>	Jared Morris-Jenkins		
200 Breast		3:37.09	<b>3-Dec-95</b>	Jared Morris-Jenkins		
50 Fly		37.50	<b>3-Oct-82</b>	Richard Grant		
100 Fly		1:29.03	<b>3-Sep-11</b>	Joel Crampton		
200 Fly		3:34.56	<b>5-Nov-89</b>	Roger Barnes		
100 IM		1:24.80	<b>5-Dec-82</b>	Richard Grant		
200 IM		3:05.80	<b>24-Oct-82</b>	Richard Grant		
400 IM		7:09.61	<b>16-Jul-95</b>	Jared Morris-Jenkins		
10-10		50 Free	29.65	<b>24-Aug-13</b>	Jack Plummer	Wellington Record
		100 Free	1:04.68	<b>24-Aug-13</b>	Jack Plummer	Wellington Record
	200 Free	2:21.48	<b>24-Aug-13</b>	Jack Plummer	Wellington Record	
	400 Free	5:08.84	<b>10-Aug-13</b>	Jack Plummer		
	800 Free	10:50.04	<b>18-Nov-90</b>	Roger Barnes		
	1500 Free	20:27.60	<b>18-Nov-90</b>	Roger Barnes		
	50 Back	34.93	* <b>24-Aug-13</b>	Jack Plummer		
	50 Back	34.93	* <b>24-Aug-13</b>	Jack Plummer		
	100 Back	1:15.38	<b>24-Aug-13</b>	Jack Plummer		
	200 Back	2:38.35	<b>24-Aug-13</b>	Jack Plummer	Wellington Record	
	50 Breast	37.90	<b>24-Aug-13</b>	Jack Plummer	Wellington Record	
	100 Breast	1:23.29	<b>24-Aug-13</b>	Jack Plummer	Wellington Record	
	200 Breast	3:01.96	<b>24-Aug-13</b>	Jack Plummer		
	50 Fly	32.39	<b>10-Aug-13</b>	Jack Plummer	Wellington Record	
	100 Fly	1:13.06	<b>10-Feb-13</b>	Joel Crampton	Wellington Record	
	200 Fly	2:46.02	<b>2-Dec-12</b>	Joel Crampton		
	100 IM	1:14.14	<b>24-Aug-13</b>	Jack Plummer	Wellington Record	

**Tawa Swimming Club**  
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**RECORDS Club SC Records**

10-10	200 IM	2:37.22	<b>24-Aug-13</b>	Jack Plummer	Wellington Record
	400 IM	6:06.04	<b>3-Dec-95</b>	Matthew Morris Jenkins	
11-11	50 Free	28.54	<b>20-Sep-14</b>	Jack Plummer	Wellington Record
	100 Free	1:01.64	<b>2-Aug-14</b>	Jack Plummer	Wellington Record
	200 Free	2:16.64	<b>2-Aug-14</b>	Jack Plummer	Wellington Record
	400 Free	4:55.17	<b>2-Aug-14</b>	Jack Plummer	
	800 Free	10:34.49	<b>14-Nov-93</b>	Gareth Woodward	
	1500 Free	20:21.89	<b>17-Nov-91</b>	Roger Barnes	
	50 Back	32.80	<b>2-Aug-14</b>	Jack Plummer	
	100 Back	1:10.54	<b>2-Aug-14</b>	Jack Plummer	
	200 Back	2:31.14	<b>2-Aug-14</b>	Jack Plummer	
	50 Breast	36.42	<b>2-Aug-14</b>	Jack Plummer	Wellington Record
	100 Breast	1:19.35	<b>2-Aug-14</b>	Jack Plummer	Wellington Record
	200 Breast	2:50.06	<b>2-Aug-14</b>	Jack Plummer	Wellington Record
	50 Fly	31.87	<b>9-Feb-14</b>	Joel Crampton	Wellington Record
	100 Fly	1:08.68	<b>9-Feb-14</b>	Joel Crampton	Wellington Record
	200 Fly	2:38.65	<b>24-Aug-13</b>	Joel Crampton	
	100 IM	1:10.13	<b>2-Aug-14</b>	Jack Plummer	Wellington Record
	200 IM	2:32.10	<b>2-Aug-14</b>	Jack Plummer	Wellington Record
400 IM	5:51.50	<b>19-Oct-97</b>	Damian Braddock		
12-12	50 Free	28.91	<b>19-Mar-17</b>	Matthew T. Cooper	
	100 Free	1:01.40	<b>12-May-85</b>	Richard Grant	
	200 Free	2:14.59	<b>15-Aug-93</b>	Jarrold Brown	
	400 Free	4:48.14	<b>26-Aug-06</b>	Nicholas Gillum	
	800 Free	10:09.50	<b>3-Dec-06</b>	Nicholas Gillum	
	1500 Free	19:12.72	<b>3-Dec-06</b>	Nicholas Gillum	
	50 Back	31.11	<b>2-Aug-14</b>	Joel Crampton	
	100 Back	1:10.18	<b>2-Aug-14</b>	Joel Crampton	
	200 Back	2:31.91	<b>2-Aug-14</b>	Joel Crampton	
	50 Breast	35.34	<b>7-Aug-93</b>	Jarrold Brown	Wellington Record also
	100 Breast	1:15.98	<b>31-Jul-93</b>	Jarrold Brown	Wellington Record also
	200 Breast	2:46.55	<b>14-Aug-93</b>	Jarrold Brown	
	50 Fly	30.04	<b>11-Oct-14</b>	Joel Crampton	Wellington Record
	100 Fly	1:06.26	<b>28-Jun-14</b>	Joel Crampton	Wellington Record
	200 Fly	2:23.40	<b>11-Oct-14</b>	Joel Crampton	Wellington Record
	100 IM	1:11.41	<b>2-Aug-14</b>	Joel Crampton	
	200 IM	2:34.00	<b>16-Nov-85</b>	Richard Grant	
400 IM	5:25.55	<b>2-Aug-14</b>	Joel Crampton		
13-13	50 Free	26.42	<b>2-Aug-86</b>	Richard Grant	
	100 Free	58.73	<b>26-Aug-06</b>	Mitchell G. Logan	
	200 Free	2:08.49	<b>13-Aug-94</b>	Jarrold Brown	
	400 Free	4:23.30	<b>26-Sep-10</b>	Callum Sinclair	
	800 Free	9:10.98	<b>26-Sep-10</b>	Callum Sinclair	
	1500 Free	17:20.07	<b>26-Sep-10</b>	Callum Sinclair	
	50 Back	31.01	<b>26-Aug-06</b>	Mitchell G. Logan	
	100 Back	1:06.10	<b>26-Aug-06</b>	Mitchell G. Logan	
	200 Back	2:27.04	<b>18-Jul-15</b>	Joel Crampton	
	50 Breast	33.74	<b>26-Sep-10</b>	Callum Sinclair	
	100 Breast	1:11.97	<b>26-Sep-10</b>	Callum Sinclair	
	200 Breast	2:31.32	<b>26-Sep-10</b>	Callum Sinclair	
	50 Fly	29.16	<b>12-May-18</b>	ONSL Gavin W. Moon at NISS 2018	
	100 Fly	1:04.37	<b>11-Aug-15</b>	Joel Crampton	
	200 Fly	2:17.80	<b>19-Sep-15</b>	Joel Crampton	Wellington Record

**Tawa Swimming Club**  
**P O Box 51 207 Tawa Wellington**

**RECORDS Club SC Records**

13-13	100 IM	1:08.43	<b>11-Aug-15</b>	Lachlan Mudie		
	200 IM	2:22.20	<b>26-Sep-10</b>	Callum Sinclair		
	400 IM	5:00.35	<b>26-Sep-10</b>	Callum Sinclair		
14-14	50 Free	25.59	<b>13-Sep-09</b>	Kyle Barnes		
	100 Free	54.81	<b>28-Sep-09</b>	Kyle Barnes		
	200 Free	1:59.88	<b>27-Sep-09</b>	Kyle Barnes		
	400 Free	4:12.64	<b>29-Sep-09</b>	Kyle Barnes		
	800 Free	9:03.47	<b>6-Sep-08</b>	Nicholas Gillum		
	1500 Free	16:26.64	<b>6-Aug-11</b>	Callum Sinclair	Wellington record also	
	50 Back	30.13	<b>6-Aug-16</b>	Joel Crampton		
	100 Back	1:04.20	<b>26-Feb-17</b>	Joel Crampton		
	200 Back	2:17.91	<b>4-Jun-11</b>	Callum Sinclair		
	50 Breast	32.04	<b>6-Aug-11</b>	Callum Sinclair		
	100 Breast	1:08.01	<b>6-Aug-11</b>	Callum Sinclair		
	200 Breast	2:24.52	<b>6-Aug-11</b>	Callum Sinclair		
	50 Fly	27.52	<b>23-Aug-87</b>	Richard Grant		
	100 Fly	1:01.35	<b>26-Feb-17</b>	Joel Crampton		
	200 Fly	2:14.34	<b>2-Oct-16</b>	Joel Crampton		
	100 IM	1:04.19	<b>3-Sep-11</b>	Callum Sinclair		
	200 IM	2:13.03	<b>3-Sep-11</b>	Callum Sinclair		
	400 IM	4:41.93	<b>3-Sep-11</b>	Callum Sinclai	Wellington record also	
	15-15	50 Free	24.43	<b>26-Sep-10</b>	Kyle Barnes	
		100 Free	53.44	<b>28-Sep-09</b>	Thomas McCarthy	
200 Free		1:55.28	<b>7-Aug-10</b>	Kyle Barnes		
400 Free		4:04.16	<b>29-Sep-09</b>	Nick Gillum		
800 Free		8:28.15	<b>30-Sep-12</b>	Callum Sinclair		
1500 Free		16:04.42	<b>30-Sep-12</b>	Callum Sinclair		
50 Back		28.61	<b>29-Sep-09</b>	Nick Gillum		
100 Back		1:01.45	<b>27-Sep-09</b>	Nick Gillum		
200 Back		2:08.58	<b>28-Sep-09</b>	Nick Gillum		
50 Breast		30.96	<b>30-Sep-09</b>	Thomas McCarthy		
100 Breast		1:07.37	<b>30-Sep-12</b>	Callum Sinclair		
200 Breast		2:26.04	<b>30-Sep-12</b>	Callum Sinclair		
50 Fly		27.83	<b>3-Oct-17</b>	Joel Z. Crampton		
100 Fly		1:00.19	<b>3-Oct-17</b>	Joel Z. Crampton		
200 Fly		2:09.27	<b>26-Oct-89</b>	Gary Sundgren		
100 IM		1:01.83	<b>6-Sep-09</b>	Thomas McCarthy		
200 IM		2:11.18	<b>30-Sep-12</b>	Callum Sinclair		
400 IM		4:31.78	<b>30-Sep-12</b>	Callum Sinclair		
16-16		50 Free	24.27	<b>26-Sep-10</b>	Thomas McCarthy	
		100 Free	52.58	<b>26-Sep-10</b>	Thomas McCarthy	
	200 Free	1:52.54	<b>26-Sep-10</b>	Nick Gillum	Wellington Record	
	400 Free	3:57.80	<b>26-Sep-10</b>	Nick Gillum	Wellington Record	
	800 Free	8:16.17	<b>26-Sep-10</b>	Nick Gillum	Wellington Record	
	1500 Free	15:32.86	<b>26-Sep-10</b>	Nick Gillum	Wellington Record	
	50 Back	28.46	<b>6-Aug-16</b>	Louis C. Regnault		
	100 Back	1:02.12	<b>20-Jul-01</b>	Stefan Krawczyk		
	200 Back	2:05.44	<b>26-Sep-10</b>	Nick Gillum		
	50 Breast	30.79	<b>21-Sep-96</b>	Jarrold Brown		
	100 Breast	1:06.72	<b>18-Sep-96</b>	Jarrold Brown		
	200 Breast	2:21.57	<b>16-Aug-97</b>	Jarrold Brown		
	50 Fly	27.42	<b>6-Sep-09</b>	Mitchell Logan		
	100 Fly	59.38	<b>21-Apr-90</b>	Gary Sundgren		

**Tawa Swimming Club**  
**P O Box 51 207 Tawa Wellington**

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**RECORDS Club SC Records**

16-16	200 Fly	2:07.08	<b>21-Apr-90</b>	Gary Sundgren		
	100 IM	1:00.11	<b>26-Sep-10</b>	Thomas McCarthy		
	200 IM	2:06.67	<b>26-Sep-10</b>	Nick Gillum		
	400 IM	4:25.13	<b>26-Sep-10</b>	Nick Gillum	New Zealand & Wellington Record	
17 & 0	50 Free	24.05	<b>9-Sep-95</b>	Alan Waters		
	100 Free	52.90	<b>11-Jul-82</b>	Barry Salisbury		
	200 Free	1:54.18	<b>6-Aug-11</b>	Nick Gillum		
	400 Free	3:54.95	<b>6-Aug-11</b>	Nick Gillum	Wellington Record	
	800 Free	8:11.86	<b>16-Jul-11</b>	Nick Gillum	Wellington Record	
	1500 Free	15:30.41	<b>6-Aug-11</b>	Nick Gillum	Wellington record	
	50 Back	27.79	<b>6-Aug-11</b>	Nick Gillum		
	100 Back	59.50	<b>2-Oct-16</b>	Louis C. Regnault		
	200 Back	2:02.35	<b>6-Aug-11</b>	Nick Gillum		
	50 Breast	29.95	<b>29-Aug-98</b>	Jarrold Brown		
	100 Breast	1:04.46	<b>20-Sep-96</b>	Sean Gardiner	Wellington Record also	
	200 Breast	2:20.07	<b>17-Sep-96</b>	Sean Gardiner		
	50 Fly	26.58	<b>22-Mar-93</b>	Andrew Harland		
	100 Fly	57.45	<b>1-Apr-91</b>	Craig Ford		
	200 Fly	2:04.57	<b>9-Sep-95</b>	Gary Sundgren		
	100 IM	1:00.88	<b>16-Jul-11</b>	Nick Gillum		
	200 IM	2:07.47	<b>6-Aug-11</b>	Nick Gillum		
	400 IM	4:20.61	<b>6-Aug-11</b>	Nick Gillum	Wellington Record	
	Open	50 Free	24.05	<b>9-Sep-95</b>	Alan Waters	
		100 Free	52.58	<b>26-Sep-10</b>	Thomas McCarthy	
200 Free		1:52.54	<b>26-Sep-10</b>	Nick Gillum		
400 Free		3:54.95	<b>6-Aug-11</b>	Nick Gillum		
800 Free		8:11.86	<b>16-Jul-11</b>	Nick Gillum		
1500 Free		15:30.41	<b>6-Aug-11</b>	Nick Gillum		
50 Back		27.79	<b>6-Aug-11</b>	Nick Gillum		
100 Back		1:00.59	<b>2-Oct-16</b>	Louis C. Regnault		
200 Back		2:02.35	<b>6-Aug-11</b>	Nick Gillum		
50 Breast		29.95	<b>29-Aug-98</b>	Jarrold Brown		
100 Breast		1:04.46	<b>20-Sep-96</b>	Sean Gardiner		
200 Breast		2:20.07	<b>18-Sep-96</b>	Sean Gardiner		
50 Fly		26.58	<b>22-Mar-93</b>	Andrew Harland		
100 Fly		57.45	<b>1-Apr-91</b>	Craig Ford		
200 Fly		2:04.57	<b>9-Sep-85</b>	Gary Sundgren		
100 IM		1:00.11	<b>26-Sep-10</b>	Thomas McCarthy		
200 IM		2:06.67	<b>26-Sep-10</b>	Nick Gillum		
400 IM		4:20.61	<b>6-Aug-11</b>	Nick Gillum		