

**Tawa Swimming Club
P O Box 51 207 Tawa Wellington**

RECORDS Club SC Records

SC Meters-Female

8 & U	50 Free	39.91	30-Sep-89	Emily Barnes		
	100 Free	1:24.40	6-Jun-81	Deborah Quinn		
	200 Free	3:28.57	2-Jul-89	Emily Barnes		
	400 Free	7:50.45	5-Nov-88	Rebecca Boston		
	800 Free	16:18.82	6-Nov-88	Rebecca Boston		
	1500 Free	40:00.00	1-Jan-00	Standard		
	50 Back	45.89	19-Mar-90	Hilary Todd		
	100 Back	1:38.15	22-Mar-98	Madeleine White		
	200 Back	3:33.19	10-Oct-99	Michaela Watson		
	50 Breast	52.47	27-Mar-94	Nicola Johns		
	100 Breast	1:53.40	4-Jul-81	Deborah Quinn		
	200 Breast	4:36.05	11-May-97	Gemma Braddock		
	25 Fly	18.73	30-Jul-89	Laura Woodward		
	50 Fly	44.10	26-Jul-81	Deborah Quinn		
	100 Fly	1:58.13	13-Aug-89	Laura Woodward		
	100 IM	1:37.10	26-Jul-81	Deborah Quinn		
	200 IM	4:17.92	2-Jul-89	Emily Barnes		
	9-9	50 Free	34.57	3-Aug-91	Hilary Todd	
		100 Free	1:17.13	27-Jul-91	Hilary Todd	
		200 Free	3:02.14	11-Mar-90	Laura Woodward	
400 Free		7:20.68	21-Mar-94	Tanya Marsden		
800 Free		15:05.43	18-Mar-91	Emily Barnes		
1500 Free		28:52.06	26-Nov-89	Rebecca Boston		
50 Back		39.80	4-Aug-91	Hilary Todd		
100 Back		1:27.43	21-Jul-91	Hilary Todd		
200 Back		3:16.91	3-Dec-95	Justine Jones		
50 Breast		43.87	28-Jul-12	Danika Viskovic	Wellington Record also	
100 Breast		1:36.09	28-Jul-12	Danika Viskovic		
200 Breast		3:31.89	21-Jul-12	Danika Viskovic		
50 Fly		38.80	27-Jun-82	Deborah Quinn		
100 Fly		1:25.62	13-Feb-94	Rachel McGrory		
200 Fly		4:30.00	1-Jan-04	Standard		
100 IM		1:27.33	4-Aug-91	Hilary Todd		
200 IM		3:12.09	30-May-93	Kiri Smiler		
400 IM		7:41.09	3-Dec-89	Rebecca Boston		
10-10	50 Free	31.10	13-Jul-13	Danika Viskovic		
	100 Free	1:09.81	26-Jul-92	Hilary Todd		
	200 Free	2:33.49	25-Jul-92	Hilary Todd		
	400 Free	5:30.58	25-May-14	Jenna R. Rolston-Larking		
	800 Free	11:10.27	18-May-14	Jenna R. Rolston-Larking		
	1500 Free	21:08.25	29-Jun-14	Jenna R. Rolston-Larking		
	50 Back	36.54	26-Jul-92	Hilary Todd		
	100 Back	1:17.21	25-Jul-92	Hilary Todd		
	200 Back	2:44.78	29-Jun-13	Danika Viskovic		
	50 Breast	40.98	8-Jun-13	Danika Viskovic		
	100 Breast	1:28.88	23-Jun-13	Danika Viskovic		
	200 Breast	3:12.79	23-Jun-13	Danika Viskovic		
	50 Fly	34.47	* 26-Jul-14	Jenna R. Rolston-Larking		
	50 Fly	34.47	* 30-Mar-14	Jenna R. Rolston-Larking		
	100 Fly	1:13.86	19-Jul-14	Jenna R. Rolston-Larking	Wellington Record	
	200 Fly	2:39.99	19-Jul-14	Jenna R. Rolston-Larking		
	100 IM	1:19.69	19-May-13	Danika Viskovic		

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10-10	200 IM	2:49.65	4-Aug-13	Danika Viskovic		
	400 IM	6:02.74	18-May-14	Jenna R. Rolston-Larking		
11-11	50 Free	29.84	14-Jun-14	Danika Viskovic		
	100 Free	1:03.84	31-Jul-93	Hilary Todd	Wellington Record also	
	200 Free	2:26.33	27-Jul-91	Marion Walls		
	400 Free	4:41.74	8-Aug-93	Hilary Todd		
	800 Free	10:29.05	5-Aug-94	Kiri Smiler		
	1500 Free	23:21.69	14-Nov-93	Lorraine Johns		
	50 Back	32.97	14-Jun-14	Danika Viskovic	Wellington Record	
	100 Back	1:09.81	31-Jul-93	Hilary Todd	Wellington Record also	
	200 Back	2:27.74	7-Aug-93	Hilary Todd	Wellington Record also	
	50 Breast	37.95	14-Jun-14	Danika Viskovic		
	100 Breast	1:21.31	28-Jun-14	Danika Viskovic		
	200 Breast	2:58.05	26-Jul-14	Danika Viskovic		
	50 Fly	32.62	31-Jul-93	Hilary Todd		
	100 Fly	1:13.07	8-Aug-93	Hilary Todd		
	200 Fly	2:50.92	6-Aug-94	Kiri Smiler		
	100 IM	1:13.71	14-Jun-14	Danika Viskovic		
	200 IM	2:39.37	15-May-93	Hilary Todd		
	400 IM	5:44.91	7-Aug-94	Kiri Smiler		
	12-12	50 Free	29.29	18-Sep-93	Josie Glasson	
100 Free		1:02.91	31-Jul-93	Josie Glasson		
200 Free		2:16.57	14-Aug-93	Hilary Todd		
400 Free		4:36.52	23-Jul-94	Hilary Todd	Wellington Record also	
800 Free		9:14.17	5-Aug-94	Hilary Todd	NZ Record & Wgton Record also	
1500 Free		19:01.84	14-Nov-93	Hilary Todd		
50 Back		31.99	30-Jan-99	Deborah Kilkelly		
100 Back		1:08.68	1-Nov-98	Deborah Kilkelly		
200 Back		2:26.18	6-Aug-94	Hilary Todd		
50 Breast		37.47	23-Jul-94	Hilary Todd		
100 Breast		1:21.83	13-Aug-93	Hilary Todd		
200 Breast		2:47.75	7-Aug-94	Hilary Todd		
50 Fly		32.58	21-Mar-94	Hilary Todd		
100 Fly		1:10.77	6-Aug-94	Hilary Todd		
200 Fly		2:27.06	6-Aug-94	Hilary Todd	Wgton Record also	
100 IM		1:15.83	3-Sep-11	TWAWN Katie N. Trott		
200 IM		2:29.21	23-Jul-94	Hilary Todd		
400 IM		5:04.40	7-Aug-94	Hilary Todd	NZ Record & Wgton Record also	
13-13		50 Free	28.89	4-Sep-99	Deborah Kilkelly	
		100 Free	1:01.97	23-Jul-94	Josie Glasson	
	200 Free	2:11.68	13-Aug-94	Hilary Todd		
	400 Free	4:30.94	14-Aug-94	Hilary Todd		
	800 Free	9:47.30	26-Sep-10	Ellen J. Van Looy		
	1500 Free	17:39.15	12-Aug-94	Hilary Todd		
	50 Back	31.03	23-Sep-99	Deborah Kilkelly		
	100 Back	1:06.63	11-Sep-99	Deborah Kilkelly		
	200 Back	2:23.53	18-Jul-93	Jolene Wightman		
	50 Breast	35.82	15-Mar-99	Nicola Johns		
	100 Breast	1:17.35	15-Mar-99	Nicola Johns		
	200 Breast	2:51.29	26-Sep-10	Ellen J. Van Looy		
	50 Fly	30.92	30-Sep-12	Katie N. Trott		
	100 Fly	1:07.28	30-Sep-12	Katie N. Trott		
	200 Fly	2:26.65	2-Sep-94	Hilary Todd		

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13-13	100 IM	1:12.06	30-Sep-12	Katie N. Trott	
	200 IM	2:25.43	3-Sep-94	Hilary Todd	
	400 IM	5:02.29	1-Sep-94	Hilary Todd	Wellington Record also
14-14	50 Free	29.34	28-Jun-08	Megan Blair	
	100 Free	1:03.28	11-Jul-92	Clare Todd	
	200 Free	2:13.62	29-Sep-13	Katie N. Trott	
	400 Free	4:38.81	14-Aug-94	Jolene Wightman	
	800 Free	9:19.75	5-Aug-94	Jolene Wightman	
	1500 Free	17:46.57	12-Aug-94	Jolene Wightman	
	50 Back	31.23	12-Sep-91	Clare Todd	
	100 Back	1:06.70	13-Sep-91	Clare Todd	
	200 Back	2:21.73	6-Aug-94	Jolene Wightman	
	50 Breast	35.16	4-Sep-99	Nicola Johns	
	100 Breast	1:16.19	11-Sep-99	Nicola Johns	
	200 Breast	2:44.61	5-Sep-99	Nicola Johns	
	50 Fly	30.32	29-Sep-13	Katie N. Trott	
	100 Fly	1:06.03	29-Sep-13	Katie N. Trott	
	200 Fly	2:21.80	29-Sep-13	Katie N. Trott	
	100 IM	1:10.81	29-Aug-10	Nicola S. Trott	
	200 IM	2:28.40	26-Sep-10	Nicola S. Trott	
	400 IM	5:13.38	29-Sep-13	Katie N. Trott	
15-15	50 Free	28.87	6-Sep-08	Megan Blair	
	100 Free	1:02.01	6-Aug-94	Lisa Cummack	
	200 Free	2:10.91	3-Sep-94	Lisa Cummack	
	400 Free	4:37.71	17-May-14	Katie N. Trott	
	800 Free	9:21.66	17-May-14	Katie N. Trott	
	1500 Free	18:05.05	13-Nov-94	Jolene Wightman	
	50 Back	31.45	6-Aug-11	Nicola S. Trott	
	100 Back	1:07.43	6-Aug-11	Nicola S. Trott	
	200 Back	2:24.93	6-Aug-11	Nicola S. Trott	
	50 Breast	36.75	6-Sep-08	Megan Blair	
	100 Breast	1:19.58	31-Aug-08	Megan Blair	
	200 Breast	2:51.89	8-Nov-97	Deborah Quinn	
	50 Fly	29.96	3-Sep-11	TWAWN Nicola S. Trott	
	100 Fly	1:05.97	6-Aug-11	Nicola S. Trott	
	200 Fly	2:24.35	28-Jun-14	TWAWN Katie N. Trott at Central Region Representative Meet	
	100 IM	1:09.44	3-Sep-11	TWAWN Nicola S. Trott	
	200 IM	2:27.62	6-Aug-11	Nicola S. Trott	
	400 IM	5:09.83	6-Aug-11	Nicola S. Trott	
16-16	50 Free	28.28	29-Sep-09	Megan R. Blair	
	100 Free	1:01.04	25-Aug-12	Nicola S. Trott	
	200 Free	2:05.78	30-Sep-12	Nicola S. Trott	
	400 Free	4:30.46	25-Aug-12	Nicola S. Trott	
	800 Free	9:43.88	16-Mar-92	Kirsten Norton	
	1500 Free	19:02.43	19-Jul-98	Cally Worthington	
	50 Back	31.29	25-Aug-12	Nicola S. Trott	
	100 Back	1:07.58	25-Aug-12	Nicola S. Trott	
	200 Back	2:25.66	25-Aug-12	Nicola S. Trott	
	50 Breast	34.75	30-Sep-12	Nicola S. Trott	
	100 Breast	1:18.60	24-Apr-81	Tania Woodbury	
	200 Breast	2:52.90	25-Feb-81	Tania Woodbury	
	50 Fly	30.04	25-Aug-12	Nicola S. Trott	
	100 Fly	1:07.19	7-Jul-91	Phaedra Wilson	

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16-16	200 Fly	2:26.16	6-Jul-91	Phaedra Wilson
	100 IM	1:07.27	30-Sep-12	Nicola S. Trott
	200 IM	2:22.59	30-Sep-12	Nicola S. Trott
	400 IM	5:06.37	30-Sep-12	Nicola S. Trott
17 & O	50 Free	28.12	19-Jun-10	Kayla Imrie
	100 Free	1:01.40	19-Jun-10	Kayla Imrie
	200 Free	2:07.42	29-Sep-13	Nicola S. Trott
	400 Free	4:46.07	24-Aug-13	Nicola S. Trott
	800 Free	9:29.70	17-May-14	Rachel L. Smart
	1500 Free	17:57.83	17-May-14	Rachel L. Smart
	50 Back	32.91	1-Aug-09	Desiree C. Gordon
	100 Back	1:08.20	24-Aug-13	Nicola S. Trott
	200 Back	2:30.55	29-Sep-13	Rachel L. Smart
	50 Breast	34.55	29-Sep-13	Nicola S. Trott
	100 Breast	1:19.30	15-Jun-80	Deidre Walls
	200 Breast	2:51.63	19-Jul-14	Rachel L. Smart
	50 Fly	29.55	29-Sep-13	Nicola S. Trott
	100 Fly	1:04.69	29-Sep-13	Nicola S. Trott
	200 Fly	2:23.91	19-Jul-14	Rachel L. Smart
	100 IM	1:06.21	29-Sep-13	Nicola S. Trott
	200 IM	2:21.81	29-Sep-13	Nicola S. Trott
	400 IM	5:10.36	29-Sep-13	Nicola S. Trott
Open	50 Free	28.12	19-Jun-10	Kayla Imrie
	100 Free	1:01.04	25-Aug-12	Nicola S. Trott
	200 Free	2:05.78	30-Sep-12	Nicola S. Trott
	400 Free	4:30.46	25-Aug-12	Nicola S. Trott
	800 Free	9:14.17	5-Aug-94	Hilary Todd
	1500 Free	17:39.15	12-Aug-94	Hilary Todd
	50 Back	31.03	23-Sep-99	Deborah Kilkelly
	100 Back	1:06.63	11-Sep-99	Deborah Kilkelly
	200 Back	2:21.73	5-Aug-94	Jolene Wightman
	50 Breast	34.55	29-Sep-13	Nicola S. Trott
	100 Breast	1:16.19	11-Sep-99	Nicola Johns
	200 Breast	2:44.61	5-Sep-99	Nicola Johns
	50 Fly	29.55	29-Sep-13	Nicola S. Trott
	100 Fly	1:04.69	29-Sep-13	Nicola S. Trott
	200 Fly	2:21.80	29-Sep-13	Katie N. Trott
	100 IM	1:06.21	29-Sep-13	Nicola S. Trott
	200 IM	2:21.81	29-Sep-13	Nicola S. Trott
	400 IM	5:02.29	1-Sep-94	Hilary Todd

**Tawa Swimming Club
P O Box 51 207 Tawa Wellington**

RECORDS Club SC Records

SC Meters-Male

8 & U	50 Free	36.84	13-Nov-88	Roger Barnes		
	100 Free	1:20.73	24-Jul-88	Roger Barnes		
	200 Free	2:53.72	23-Oct-88	Roger Barnes		
	400 Free	5:58.06	5-Nov-88	Roger Barnes		
	800 Free	13:17.44	6-Aug-88	Roger Barnes		
	1500 Free	23:50.94	6-Nov-88	Roger Barnes		
	50 Back	43.66	6-Mar-95	Jared Morris-Jenkins		
	100 Back	1:34.10	12-Mar-95	Jared Morris-Jenkins		
	200 Back	3:18.27	6-Mar-95	Jared Morris-Jenkins		
	50 Breast	49.96	10-Mar-91	Gareth Woodward		
	100 Breast	1:43.80	24-Feb-91	Gareth Woodward		
	200 Breast	3:51.59	5-Mar-95	Jared Morris-Jenkins		
	25 Fly	19.21	8-May-88	Roger Barnes		
	50 Fly	41.13	19-Jan-91	Gareth Woodward		
	100 Fly	1:58.13	24-Apr-88	Roger Barnes		
	100 IM	1:35.71	18-Sep-88	Roger Barnes		
	200 IM	3:23.35	13-Aug-88	Roger Barnes		
	9-9	50 Free	33.72	30-Jul-89	Roger Barnes	
		100 Free	1:13.77	1-Oct-89	Roger Barnes	
		200 Free	2:44.78	29-Jul-89	Roger Barnes	
400 Free		5:53.74	27-Mar-94	Shaun Murdoch		
800 Free		11:51.77	21-Mar-94	Shaun Murdoch		
1500 Free		23:25.07	20-Aug-89	Roger Barnes		
50 Back		38.52	4-May-96	Damian Braddock		
100 Back		1:26.70	23-Oct-82	Richard Grant		
200 Back		3:13.27	4-Mar-96	Damian Braddock		
50 Breast		44.93	30-Jul-89	Roger Barnes		
100 Breast		1:37.31	17-Mar-96	Jared Morris-Jenkins		
200 Breast		3:37.09	3-Dec-95	Jared Morris-Jenkins		
50 Fly		37.50	3-Oct-82	Richard Grant		
100 Fly		1:29.03	3-Sep-11	Joel Crampton		
200 Fly		3:34.56	5-Nov-89	Roger Barnes		
100 IM		1:24.80	5-Dec-82	Richard Grant		
200 IM		3:05.80	24-Oct-82	Richard Grant		
400 IM		7:09.61	16-Jul-95	Jared Morris-Jenkins		
10-10		50 Free	29.65	24-Aug-13	Jack Plummer	Wellington Record
		100 Free	1:04.68	24-Aug-13	Jack Plummer	Wellington Record
	200 Free	2:21.48	24-Aug-13	Jack Plummer	Wellington Record	
	400 Free	5:08.84	10-Aug-13	Jack Plummer		
	800 Free	10:50.04	18-Nov-90	Roger Barnes		
	1500 Free	20:27.60	18-Nov-90	Roger Barnes		
	50 Back	34.93	* 24-Aug-13	Jack Plummer		
	50 Back	34.93	* 24-Aug-13	Jack Plummer		
	100 Back	1:15.38	24-Aug-13	Jack Plummer		
	200 Back	2:38.35	24-Aug-13	Jack Plummer	Wellington Record	
	50 Breast	37.90	24-Aug-13	Jack Plummer	Wellington Record	
	100 Breast	1:23.29	24-Aug-13	Jack Plummer	Wellington Record	
	200 Breast	3:01.96	24-Aug-13	Jack Plummer		
	50 Fly	32.39	10-Aug-13	Jack Plummer	Wellington Record	
	100 Fly	1:13.06	10-Feb-13	Joel Crampton	Wellington Record	
	200 Fly	2:46.02	2-Dec-12	Joel Crampton		
	100 IM	1:14.14	24-Aug-13	Jack Plummer	Wellington Record	

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RECORDS Club SC Records

10-10	200 IM	2:37.22	24-Aug-13	Jack Plummer	Wellington Record
	400 IM	6:06.04	3-Dec-95	Matthew Morris Jenkins	
11-11	50 Free	29.09	14-Jun-14	Jack Plummer	Wellington Record
	100 Free	1:03.63	14-Jun-14	Jack Plummer	
	200 Free	2:18.37	28-Jun-14	Jack Plummer	
	400 Free	5:08.27	11-Aug-91	Roger Barnes	
	800 Free	10:34.49	14-Nov-93	Gareth Woodward	
	1500 Free	20:21.89	17-Nov-91	Roger Barnes	
	50 Back	34.49	24-Aug-13	Joel Crampton	
	100 Back	1:11.81	8-Jun-14	Jack Plummer	
	200 Back	2:35.05	14-Jun-14	Jack Plummer	
	50 Breast	36.91	14-Jun-14	Jack Plummer	Wellington Record
	100 Breast	1:20.84	28-Jun-14	Jack Plummer	
	200 Breast	3:05.56	31-Aug-08	James McCarthy	
	50 Fly	31.87	9-Feb-14	Joel Crampton	Wellington Record
	100 Fly	1:08.68	9-Feb-14	Joel Crampton	Wellington Record
	200 Fly	2:38.65	24-Aug-13	Joel Crampton	
	100 IM	1:11.31	8-Jun-14	Jack Plummer	
	200 IM	2:36.47	18-May-14	Jack Plummer	
400 IM	5:51.50	19-Oct-97	Damian Braddock		
12-12	50 Free	29.27	26-Aug-06	Thomas G. McCarthy	
	100 Free	1:01.40	12-May-85	Richard Grant	
	200 Free	2:14.59	15-Aug-93	Jarrold Brown	
	400 Free	4:48.14	26-Aug-06	Nicholas Gillum	
	800 Free	10:09.50	3-Dec-06	Nicholas Gillum	
	1500 Free	19:12.72	3-Dec-06	Nicholas Gillum	
	50 Back	34.27	14-Jun-14	Joel Crampton	
	100 Back	1:11.04	28-Jun-14	Joel Crampton	
	200 Back	2:33.80	28-Jun-14	Joel Crampton	
	50 Breast	35.34	7-Aug-93	Jarrold Brown	Wellington Record also
	100 Breast	1:15.98	31-Jul-93	Jarrold Brown	Wellington Record also
	200 Breast	2:46.55	14-Aug-93	Jarrold Brown	
	50 Fly	32.64	10-May-14	Joel Crampton	
	100 Fly	1:06.26	28-Jun-14	Joel Crampton	Wellington Record
	200 Fly	2:37.02	27-Nov-93	Robert Wilson	
	100 IM	1:13.95	19-Nov-06	Nicholas Gillum	
	200 IM	2:34.00	16-Nov-85	Richard Grant	
400 IM	5:27.83	26-Aug-06	Nicholas Gillum		
13-13	50 Free	26.42	2-Aug-86	Richard Grant	
	100 Free	58.73	26-Aug-06	Mitchell G. Logan	
	200 Free	2:08.49	13-Aug-94	Jarrold Brown	
	400 Free	4:23.30	26-Sep-10	Callum Sinclair	
	800 Free	9:10.98	26-Sep-10	Callum Sinclair	
	1500 Free	17:20.07	26-Sep-10	Callum Sinclair	
	50 Back	31.01	26-Aug-06	Mitchell G. Logan	
	100 Back	1:06.10	26-Aug-06	Mitchell G. Logan	
	200 Back	2:27.54	15-Jul-06	Mitchell G. Logan	
	50 Breast	33.74	26-Sep-10	Callum Sinclair	
	100 Breast	1:11.97	26-Sep-10	Callum Sinclair	
	200 Breast	2:31.32	26-Sep-10	Callum Sinclair	
	50 Fly	30.28	14-Sep-86	Richard Grant	
	100 Fly	1:06.77	16-Feb-86	Richard Grant	
	200 Fly	2:28.98	6-Aug-94	Robert Wilson	

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13-13	100 IM	1:09.03	28-Aug-10	Callum Sinclair		
	200 IM	2:22.20	26-Sep-10	Callum Sinclair		
	400 IM	5:00.35	26-Sep-10	Callum Sinclair		
14-14	50 Free	25.59	13-Sep-09	Kyle Barnes		
	100 Free	54.81	28-Sep-09	Kyle Barnes		
	200 Free	1:59.88	27-Sep-09	Kyle Barnes		
	400 Free	4:12.64	29-Sep-09	Kyle Barnes		
	800 Free	9:03.47	6-Sep-08	Nicholas Gillum		
	1500 Free	16:26.64	6-Aug-11	Callum Sinclair	Wellington record also	
	50 Back	30.24	4-Sep-99	Stefan Krawczyk		
	100 Back	1:04.59	7-Sep-08	Nicholas Gillum		
	200 Back	2:17.91	4-Jun-11	Callum Sinclair		
	50 Breast	32.04	6-Aug-11	Callum Sinclair		
	100 Breast	1:08.01	6-Aug-11	Callum Sinclair		
	200 Breast	2:24.52	6-Aug-11	Callum Sinclair		
	50 Fly	27.52	23-Aug-87	Richard Grant		
	100 Fly	1:02.64	4-Sep-88	Gary Sundgren		
	200 Fly	2:16.36	3-Sep-11	Callum Sinclair		
	100 IM	1:04.19	3-Sep-11	Callum Sinclair		
	200 IM	2:13.03	3-Sep-11	Callum Sinclair		
	400 IM	4:41.93	3-Sep-11	Callum Sinclair	Wellington record also	
	15-15	50 Free	24.43	26-Sep-10	Kyle Barnes	
		100 Free	53.44	28-Sep-09	Thomas McCarthy	
200 Free		1:55.28	7-Aug-10	Kyle Barnes		
400 Free		4:04.16	29-Sep-09	Nick Gillum		
800 Free		8:28.15	30-Sep-12	Callum Sinclair		
1500 Free		16:04.42	30-Sep-12	Callum Sinclair		
50 Back		28.61	29-Sep-09	Nick Gillum		
100 Back		1:01.45	27-Sep-09	Nick Gillum		
200 Back		2:08.58	28-Sep-09	Nick Gillum		
50 Breast		30.96	30-Sep-09	Thomas McCarthy		
100 Breast		1:07.37	30-Sep-12	Callum Sinclair		
200 Breast		2:26.04	30-Sep-12	Callum Sinclair		
50 Fly		27.98	29-Aug-10	Kyle Barnes / Richard Grant 16-Apr-88 - Tied record		
100 Fly		1:01.41	29-Aug-10	Kyle Barnes		
200 Fly		2:09.27	26-Oct-89	Gary Sundgren		
100 IM		1:01.83	6-Sep-09	Thomas McCarthy		
200 IM		2:11.18	30-Sep-12	Callum Sinclair		
400 IM		4:31.78	30-Sep-12	Callum Sinclair		
16-16		50 Free	24.27	26-Sep-10	Thomas McCarthy	
		100 Free	52.58	26-Sep-10	Thomas McCarthy	
	200 Free	1:52.54	26-Sep-10	Nick Gillum	Wellington Record	
	400 Free	3:57.80	26-Sep-10	Nick Gillum	Wellington Record	
	800 Free	8:16.17	26-Sep-10	Nick Gillum	Wellington Record	
	1500 Free	15:32.86	26-Sep-10	Nick Gillum	Wellington Record	
	50 Back	28.98	20-Jul-01	Stefan Krawczyk		
	100 Back	1:02.12	20-Jul-01	Stefan Krawczyk		
	200 Back	2:05.44	26-Sep-10	Nick Gillum		
	50 Breast	30.79	21-Sep-96	Jarrod Brown		
	100 Breast	1:06.72	18-Sep-96	Jarrod Brown		
	200 Breast	2:21.57	16-Aug-97	Jarrod Brown		
	50 Fly	27.42	6-Sep-09	Mitchell Logan		
	100 Fly	59.38	21-Apr-90	Gary Sundgren		

Tawa Swimming Club
P O Box 51 207 Tawa Wellington

RECORDS Club SC Records

16-16	200 Fly	2:07.08	21-Apr-90	Gary Sundgren		
	100 IM	1:00.11	26-Sep-10	Thomas McCarthy		
	200 IM	2:06.67	26-Sep-10	Nick Gillum		
	400 IM	4:25.13	26-Sep-10	Nick Gillum	New Zealand & Wellington Record	
17 & O	50 Free	24.05	9-Sep-95	Alan Waters		
	100 Free	52.90	11-Jul-82	Barry Salisbury		
	200 Free	1:54.18	6-Aug-11	Nick Gillum		
	400 Free	3:54.95	6-Aug-11	Nick Gillum	Wellington Record	
	800 Free	8:11.86	16-Jul-11	Nick Gillum	Wellington Record	
	1500 Free	15:30.41	6-Aug-11	Nick Gillum	Wellington record	
	50 Back	27.79	6-Aug-11	Nick Gillum		
	100 Back	1:00.65	10-Mar-91	Craig Ford		
	200 Back	2:02.35	6-Aug-11	Nick Gillum		
	50 Breast	29.95	29-Aug-98	Jarrold Brown		
	100 Breast	1:04.46	20-Sep-96	Sean Gardiner	Wellington Record also	
	200 Breast	2:20.07	17-Sep-96	Sean Gardiner		
	50 Fly	26.58	22-Mar-93	Andrew Harland		
	100 Fly	57.45	1-Apr-91	Craig Ford		
	200 Fly	2:04.57	9-Sep-95	Gary Sundgren		
	100 IM	1:00.88	16-Jul-11	Nick Gillum		
	200 IM	2:07.47	6-Aug-11	Nick Gillum		
	400 IM	4:20.61	6-Aug-11	Nick Gillum	Wellington Record	
	Open	50 Free	24.05	9-Sep-95	Alan Waters	
		100 Free	52.58	26-Sep-10	Thomas McCarthy	
200 Free		1:52.54	26-Sep-10	Nick Gillum		
400 Free		3:54.95	6-Aug-11	Nick Gillum		
800 Free		8:11.86	16-Jul-11	Nick Gillum		
1500 Free		15:30.41	6-Aug-11	Nick Gillum		
50 Back		27.79	6-Aug-11	Nick Gillum		
100 Back		1:00.65	10-Mar-91	Craig Ford		
200 Back		2:02.35	6-Aug-11	Nick Gillum		
50 Breast		29.95	29-Aug-98	Jarrold Brown		
100 Breast		1:04.46	20-Sep-96	Sean Gardiner		
200 Breast		2:20.07	18-Sep-96	Sean Gardiner		
50 Fly		26.58	22-Mar-93	Andrew Harland		
100 Fly		57.45	1-Apr-91	Craig Ford		
200 Fly		2:04.57	9-Sep-85	Gary Sundgren		
100 IM		1:00.11	26-Sep-10	Thomas McCarthy		
200 IM		2:06.67	26-Sep-10	Nick Gillum		
400 IM		4:20.61	6-Aug-11	Nick Gillum		