

**Tawa Swimming Club  
P O Box 51 207 Tawa Wellington**

**RECORDS Club SC Records**

**SC Meters-Female**

|            |            |          |                  |                  |                        |  |
|------------|------------|----------|------------------|------------------|------------------------|--|
| 8 & U      | 50 Free    | 39.91    | <b>30-Sep-89</b> | Emily Barnes     |                        |  |
|            | 100 Free   | 1:24.40  | <b>6-Jun-81</b>  | Deborah Quinn    |                        |  |
|            | 200 Free   | 3:28.57  | <b>2-Jul-89</b>  | Emily Barnes     |                        |  |
|            | 400 Free   | 7:50.45  | <b>5-Nov-88</b>  | Rebecca Boston   |                        |  |
|            | 800 Free   | 16:18.82 | <b>6-Nov-88</b>  | Rebecca Boston   |                        |  |
|            | 1500 Free  | 40:00.00 | <b>1-Jan-00</b>  | Standard         |                        |  |
|            | 50 Back    | 45.89    | <b>19-Mar-90</b> | Hilary Todd      |                        |  |
|            | 100 Back   | 1:38.15  | <b>22-Mar-98</b> | Madeleine White  |                        |  |
|            | 200 Back   | 3:33.19  | <b>10-Oct-99</b> | Michaela Watson  |                        |  |
|            | 50 Breast  | 52.47    | <b>27-Mar-94</b> | Nicola Johns     |                        |  |
|            | 100 Breast | 1:53.40  | <b>4-Jul-81</b>  | Deborah Quinn    |                        |  |
|            | 200 Breast | 4:36.05  | <b>11-May-97</b> | Gemma Braddock   |                        |  |
|            | 25 Fly     | 18.73    | <b>30-Jul-89</b> | Laura Woodward   |                        |  |
|            | 50 Fly     | 44.10    | <b>26-Jul-81</b> | Deborah Quinn    |                        |  |
|            | 100 Fly    | 1:58.13  | <b>13-Aug-89</b> | Laura Woodward   |                        |  |
|            | 100 IM     | 1:37.10  | <b>26-Jul-81</b> | Deborah Quinn    |                        |  |
|            | 200 IM     | 4:17.92  | <b>2-Jul-89</b>  | Emily Barnes     |                        |  |
|            | 9-9        | 50 Free  | 34.57            | <b>3-Aug-91</b>  | Hilary Todd            |  |
|            |            | 100 Free | 1:17.13          | <b>27-Jul-91</b> | Hilary Todd            |  |
|            |            | 200 Free | 3:02.14          | <b>11-Mar-90</b> | Laura Woodward         |  |
| 400 Free   |            | 7:20.68  | <b>21-Mar-94</b> | Tanya Marsden    |                        |  |
| 800 Free   |            | 15:05.43 | <b>18-Mar-91</b> | Emily Barnes     |                        |  |
| 1500 Free  |            | 28:52.06 | <b>26-Nov-89</b> | Rebecca Boston   |                        |  |
| 50 Back    |            | 39.80    | <b>4-Aug-91</b>  | Hilary Todd      |                        |  |
| 100 Back   |            | 1:27.43  | <b>21-Jul-91</b> | Hilary Todd      |                        |  |
| 200 Back   |            | 3:16.91  | <b>3-Dec-95</b>  | Justine Jones    |                        |  |
| 50 Breast  |            | 43.87    | <b>28-Jul-12</b> | Danika Viskovic  | Wellington Record also |  |
| 100 Breast |            | 1:36.09  | <b>28-Jul-12</b> | Danika Viskovic  |                        |  |
| 200 Breast |            | 3:31.89  | <b>21-Jul-12</b> | Danika Viskovic  |                        |  |
| 50 Fly     |            | 38.80    | <b>27-Jun-82</b> | Deborah Quinn    |                        |  |
| 100 Fly    |            | 1:25.62  | <b>13-Feb-94</b> | Rachel McGrory   |                        |  |
| 200 Fly    |            | 4:30.00  | <b>1-Jan-04</b>  | Standard         |                        |  |
| 100 IM     |            | 1:27.33  | <b>4-Aug-91</b>  | Hilary Todd      |                        |  |
| 200 IM     |            | 3:12.09  | <b>30-May-93</b> | Kiri Smiler      |                        |  |
| 400 IM     |            | 7:41.09  | <b>3-Dec-89</b>  | Rebecca Boston   |                        |  |
| 10-10      |            | 50 Free  | 32.06            | <b>26-Jul-92</b> | Hilary Todd            |  |
|            |            | 100 Free | 1:09.81          | <b>26-Jul-92</b> | Hilary Todd            |  |
|            | 200 Free   | 2:33.49  | <b>25-Jul-92</b> | Hilary Todd      |                        |  |
|            | 400 Free   | 5:42.33  | <b>27-Mar-94</b> | Kiri Smiler      |                        |  |
|            | 800 Free   | 11:16.34 | <b>3-Oct-93</b>  | Kiri Smiler      |                        |  |
|            | 1500 Free  | 30:00.00 | <b>1-Jan-04</b>  | Standard         |                        |  |
|            | 50 Back    | 36.54    | <b>26-Jul-92</b> | Hilary Todd      |                        |  |
|            | 100 Back   | 1:17.21  | <b>25-Jul-92</b> | Hilary Todd      |                        |  |
|            | 200 Back   | 2:48.72  | <b>28-May-94</b> | Kiri Smiler      |                        |  |
|            | 50 Breast  | 42.66    | <b>26-Jul-92</b> | Hilary Todd      |                        |  |
|            | 100 Breast | 1:31.03  | <b>6-Jun-93</b>  | Lorraine Johns   |                        |  |
|            | 200 Breast | 3:16.79  | <b>30-Aug-08</b> | Monica Saili     |                        |  |
|            | 50 Fly     | 35.22    | <b>14-Aug-94</b> | Rachel McGrory   |                        |  |
|            | 100 Fly    | 1:20.21  | <b>7-Aug-94</b>  | Rachel McGrory   |                        |  |
|            | 200 Fly    | 3:18.24  | <b>24-Apr-94</b> | Kiri Smiler      |                        |  |
|            | 100 IM     | 1:20.07  | <b>25-Jul-92</b> | Hilary Todd      |                        |  |

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**RECORDS Club SC Records**

|            |            |          |                  |                         |                               |
|------------|------------|----------|------------------|-------------------------|-------------------------------|
| 10-10      | 200 IM     | 2:53.16  | <b>11-Apr-92</b> | Hilary Todd             |                               |
|            | 400 IM     | 6:19.81  | <b>24-Apr-94</b> | Kiri Smiler             |                               |
| 11-11      | 50 Free    | 31.21    | <b>15-May-93</b> | Hilary Todd             |                               |
|            | 100 Free   | 1:03.84  | <b>31-Jul-93</b> | Hilary Todd             | Wellington Record also        |
|            | 200 Free   | 2:26.33  | <b>27-Jul-91</b> | Marion Walls            |                               |
|            | 400 Free   | 4:41.74  | <b>8-Aug-93</b>  | Hilary Todd             |                               |
|            | 800 Free   | 10:29.05 | <b>5-Aug-94</b>  | Kiri Smiler             |                               |
|            | 1500 Free  | 23:21.69 | <b>14-Nov-93</b> | Lorraine Johns          |                               |
|            | 50 Back    | 36.89    | <b>30-Sep-00</b> | Marloes de Raad         |                               |
|            | 100 Back   | 1:09.81  | <b>31-Jul-93</b> | Hilary Todd             | Wellington Record also        |
|            | 200 Back   | 2:27.74  | <b>7-Aug-93</b>  | Hilary Todd             | Wellington Record also        |
|            | 50 Breast  | 40.07    | <b>6-Sep-08</b>  | Ellen Van Looy          |                               |
|            | 100 Breast | 1:24.73  | <b>7-Aug-93</b>  | Hilary Todd             |                               |
|            | 200 Breast | 2:58.44  | <b>8-Aug-93</b>  | Hilary Todd             |                               |
|            | 50 Fly     | 32.62    | <b>31-Jul-93</b> | Hilary Todd             |                               |
|            | 100 Fly    | 1:13.07  | <b>8-Aug-93</b>  | Hilary Todd             |                               |
|            | 200 Fly    | 2:50.92  | <b>6-Aug-94</b>  | Kiri Smiler             |                               |
|            | 100 IM     | 1:17.20  | <b>8-May-93</b>  | Hilary Todd             |                               |
|            | 200 IM     | 2:39.37  | <b>15-May-93</b> | Hilary Todd             |                               |
|            | 400 IM     | 5:44.91  | <b>7-Aug-94</b>  | Kiri Smiler             |                               |
| 12-12      | 50 Free    | 29.29    | <b>18-Sep-93</b> | Josie Glasson           |                               |
|            | 100 Free   | 1:02.91  | <b>31-Jul-93</b> | Josie Glasson           |                               |
|            | 200 Free   | 2:16.57  | <b>14-Aug-93</b> | Hilary Todd             |                               |
|            | 400 Free   | 4:36.52  | <b>23-Jul-94</b> | Hilary Todd             | Wellington Record also        |
|            | 800 Free   | 9:14.17  | <b>5-Aug-94</b>  | Hilary Todd             | NZ Record & Wgton Record also |
|            | 1500 Free  | 19:01.84 | <b>14-Nov-93</b> | Hilary Todd             |                               |
|            | 50 Back    | 31.99    | <b>30-Jan-99</b> | Deborah Kilkelly        |                               |
|            | 100 Back   | 1:08.68  | <b>1-Nov-98</b>  | Deborah Kilkelly        |                               |
|            | 200 Back   | 2:26.18  | <b>6-Aug-94</b>  | Hilary Todd             |                               |
|            | 50 Breast  | 37.47    | <b>23-Jul-94</b> | Hilary Todd             |                               |
|            | 100 Breast | 1:21.83  | <b>13-Aug-93</b> | Hilary Todd             |                               |
|            | 200 Breast | 2:47.75  | <b>7-Aug-94</b>  | Hilary Todd             |                               |
|            | 50 Fly     | 32.58    | <b>21-Mar-94</b> | Hilary Todd             |                               |
|            | 100 Fly    | 1:10.77  | <b>6-Aug-94</b>  | Hilary Todd             |                               |
|            | 200 Fly    | 2:27.06  | <b>6-Aug-94</b>  | Hilary Todd             | Wgton Record also             |
|            | 100 IM     | 1:15.83  | <b>3-Sep-11</b>  | TWAWN<br>Katie N. Trott |                               |
|            | 200 IM     | 2:29.21  | <b>23-Jul-94</b> | Hilary Todd             |                               |
|            | 400 IM     | 5:04.40  | <b>7-Aug-94</b>  | Hilary Todd             | NZ Record & Wgton Record also |
|            | 13-13      | 50 Free  | 28.89            | <b>4-Sep-99</b>         | Deborah Kilkelly              |
| 100 Free   |            | 1:01.97  | <b>23-Jul-94</b> | Josie Glasson           |                               |
| 200 Free   |            | 2:11.68  | <b>13-Aug-94</b> | Hilary Todd             |                               |
| 400 Free   |            | 4:30.94  | <b>14-Aug-94</b> | Hilary Todd             |                               |
| 800 Free   |            | 9:47.30  | <b>26-Sep-10</b> | Ellen J. Van Looy       |                               |
| 1500 Free  |            | 17:39.15 | <b>12-Aug-94</b> | Hilary Todd             |                               |
| 50 Back    |            | 31.03    | <b>23-Sep-99</b> | Deborah Kilkelly        |                               |
| 100 Back   |            | 1:06.63  | <b>11-Sep-99</b> | Deborah Kilkelly        |                               |
| 200 Back   |            | 2:23.53  | <b>18-Jul-93</b> | Jolene Wightman         |                               |
| 50 Breast  |            | 35.82    | <b>15-Mar-99</b> | Nicola Johns            |                               |
| 100 Breast |            | 1:17.35  | <b>15-Mar-99</b> | Nicola Johns            |                               |
| 200 Breast |            | 2:51.29  | <b>26-Sep-10</b> | Ellen J. Van Looy       |                               |
| 50 Fly     |            | 31.24    | <b>25-Aug-12</b> | Katie N. Trott          |                               |
| 100 Fly    |            | 1:08.95  | <b>25-Aug-12</b> | Katie N. Trott          |                               |
| 200 Fly    |            | 2:26.65  | <b>2-Sep-94</b>  | Hilary Todd             |                               |

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|       |            |          |                  |       |   |
|-------|------------|----------|------------------|-------|---|
| 13-13 | 100 IM     | 1:12.11  | <b>25-Aug-12</b> |       | Katie N. Trott                                    |
|       | 200 IM     | 2:25.43  | <b>3-Sep-94</b>  |       | Hilary Todd                                       |
|       | 400 IM     | 5:02.29  | <b>1-Sep-94</b>  |       | Hilary Todd                                       |
| 14-14 | 50 Free    | 29.34    | <b>28-Jun-08</b> |       | Megan Blair                                       |
|       | 100 Free   | 1:03.28  | <b>11-Jul-92</b> |       | Clare Todd  |
|       | 200 Free   | 2:14.87  | <b>13-Aug-94</b> |       | Jolene Wightman                                   |
|       | 400 Free   | 4:38.81  | <b>14-Aug-94</b> |       | Jolene Wightman                                   |
|       | 800 Free   | 9:19.75  | <b>5-Aug-94</b>  |       | Jolene Wightman                                   |
|       | 1500 Free  | 17:46.57 | <b>12-Aug-94</b> |       | Jolene Wightman                                   |
|       | 50 Back    | 31.23    | <b>12-Sep-91</b> |       | Clare Todd  |
|       | 100 Back   | 1:06.70  | <b>13-Sep-91</b> |       | Clare Todd  |
|       | 200 Back   | 2:21.73  | <b>6-Aug-94</b>  |       | Jolene Wightman                                   |
|       | 50 Breast  | 35.16    | <b>4-Sep-99</b>  |       | Nicola Johns                                      |
|       | 100 Breast | 1:16.19  | <b>11-Sep-99</b> |       | Nicola Johns                                      |
|       | 200 Breast | 2:44.61  | <b>5-Sep-99</b>  |       | Nicola Johns                                      |
|       | 50 Fly     | 31.21    | <b>28-Aug-10</b> |       | Nicola S. Trott                                   |
|       | 100 Fly    | 1:07.69  | <b>26-Sep-10</b> |       | Nicola S. Trott                                   |
|       | 200 Fly    | 2:30.44  | <b>18-Jul-87</b> |       | Deborah Quinn                                     |
|       | 100 IM     | 1:10.81  | <b>29-Aug-10</b> |       | Nicola S. Trott                                   |
|       | 200 IM     | 2:28.40  | <b>26-Sep-10</b> |       | Nicola S. Trott                                   |
|       | 400 IM     | 5:17.75  | <b>29-Aug-10</b> |       | Nicola S. Trott                                   |
| 15-15 | 50 Free    | 28.87    | <b>6-Sep-08</b>  |       | Megan Blair                                       |
|       | 100 Free   | 1:02.01  | <b>6-Aug-94</b>  |       | Lisa Cummack                                      |
|       | 200 Free   | 2:10.91  | <b>3-Sep-94</b>  |       | Lisa Cummack                                      |
|       | 400 Free   | 4:37.73  | <b>3-Sep-94</b>  |       | Lisa Cummack                                      |
|       | 800 Free   | 9:33.54  | <b>4-Sep-10</b>  |       | Tayla Radovanovich                                |
|       | 1500 Free  | 18:05.05 | <b>13-Nov-94</b> |       | Jolene Wightman                                   |
|       | 50 Back    | 31.45    | <b>6-Aug-11</b>  |       | Nicola S. Trott                                   |
|       | 100 Back   | 1:07.43  | <b>6-Aug-11</b>  |       | Nicola S. Trott                                   |
|       | 200 Back   | 2:24.93  | <b>6-Aug-11</b>  |       | Nicola S. Trott                                   |
|       | 50 Breast  | 36.75    | <b>6-Sep-08</b>  |       | Megan Blair                                       |
|       | 100 Breast | 1:19.58  | <b>31-Aug-08</b> |       | Megan Blair                                       |
|       | 200 Breast | 2:51.89  | <b>8-Nov-97</b>  |       | Deborah Quinn                                     |
|       | 50 Fly     | 29.96    | <b>3-Sep-11</b>  | TWAWN | Nicola S. Trott                                   |
|       | 100 Fly    | 1:05.97  | <b>6-Aug-11</b>  |       | Nicola S. Trott                                   |
|       | 200 Fly    | 2:28.21  | <b>26-Sep-10</b> |       | Tayla Radovanovich                                |
|       | 100 IM     | 1:09.44  | <b>3-Sep-11</b>  | TWAWN | Nicola S. Trott                                   |
|       | 200 IM     | 2:27.62  | <b>6-Aug-11</b>  |       | Nicola S. Trott                                   |
|       | 400 IM     | 5:09.83  | <b>6-Aug-11</b>  |       | Nicola S. Trott                                   |
| 16-16 | 50 Free    | 28.28    | <b>29-Sep-09</b> |       | Megan R. Blair                                    |
|       | 100 Free   | 1:01.04  | <b>25-Aug-12</b> | TWAWN | Nicola S. Trott at Wellington Short Course Champs |
|       | 200 Free   | 2:08.98  | <b>25-Aug-12</b> |       | Nicola S. Trott                                   |
|       | 400 Free   | 4:30.46  | <b>25-Aug-12</b> |       | Nicola S. Trott s                                 |
|       | 800 Free   | 9:43.88  | <b>16-Mar-92</b> |       | Kirsten Norton                                    |
|       | 1500 Free  | 19:02.43 | <b>19-Jul-98</b> |       | Cally Worthington                                 |
|       | 50 Back    | 31.29    | <b>25-Aug-12</b> |       | Nicola S. Trott                                   |
|       | 100 Back   | 1:07.58  | <b>25-Aug-12</b> | TWAWN | Nicola S. Trott at Wellington Short Course Champs |
|       | 200 Back   | 2:25.66  | <b>25-Aug-12</b> | TWAWN | Nicola S. Trott at Wellington Short Course Champs |
|       | 50 Breast  | 35.57    | <b>25-Aug-12</b> | TWAWN | Nicola S. Trott at Wellington Short Course Champs |
|       | 100 Breast | 1:18.60  | <b>24-Apr-81</b> |       | Tania Woodbury                                    |
|       | 200 Breast | 2:52.90  | <b>25-Feb-81</b> |       | Tania Woodbury                                    |
|       | 50 Fly     | 30.04    | <b>25-Aug-12</b> |       | Nicola S. Trott                                   |
|       | 100 Fly    | 1:07.19  | <b>7-Jul-91</b>  |       | Phaedra Wilson                                    |

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**P O Box 51 207 Tawa Wellington**

**RECORDS Club SC Records**

|            |            |          |                  |                  |  |   |
|------------|------------|----------|------------------|------------------|--|---|
| 16-16      | 200 Fly    | 2:26.16  | <b>6-Jul-91</b>  |                  | Phaedra Wilson                                       |   |
|            | 100 IM     | 1:07.83  | <b>25-Aug-12</b> |                  | Nicola S. Trott                                      |   |
|            | 200 IM     | 2:27.05  | <b>11-Mar-95</b> |                  | Lisa Cummack   |   |
|            | 400 IM     | 5:10.87  | <b>25-Aug-12</b> |                  | Nicola S. Trott                                      |   |
| 17 & O     | 50 Free    | 28.12    | <b>19-Jun-10</b> |                  | Kayla Imrie  |   |
|            | 100 Free   | 1:01.40  | <b>19-Jun-10</b> |                  | Kayla Imrie  |   |
|            | 200 Free   | 2:16.16  | <b>24-May-92</b> |                  | Kirsten Norton                                       |   |
|            | 400 Free   | 4:46.14  | <b>5-Sep-09</b>  |                  | Desiree C. Gordon                                    |   |
|            | 800 Free   | 9:49.53  | <b>13-Sep-09</b> |                  | Desiree C. Gordon                                    |   |
|            | 1500 Free  | 20:42.39 | <b>27-Nov-88</b> |                  | Melissa Wilson                                       |   |
|            | 50 Back    | 32.91    | <b>1-Aug-09</b>  |                  | Desiree C. Gordon                                    |   |
|            | 100 Back   | 1:09.90  | <b>12-Sep-09</b> |                  | Kayla Imrie  |   |
|            | 200 Back   | 2:30.80  | <b>27-Sep-09</b> |                  | Bronte Tennant                                       |   |
|            | 50 Breast  | 35.98    | <b>24-Sep-06</b> |                  | Lisa M. Tennant                                      |   |
|            | 100 Breast | 1:19.30  | <b>15-Jun-80</b> |                  | Deidre Walls   |   |
|            | 200 Breast | 2:53.85  | <b>26-Aug-06</b> |                  | Lisa M. Tennant                                      |   |
|            | 50 Fly     | 30.88    | <b>7-Oct-89</b>  |                  | Alison Hay   |   |
|            | 100 Fly    | 1:10.12  | <b>30-Jun-12</b> | TWAWN            | Tayla Radovanovich                                   |   |
|            | 200 Fly    | 2:31.63  | <b>25-Aug-12</b> | TWAWN            | Tayla Radovanovich at Wellington Short Course Champs |   |
|            | 100 IM     | 1:12.12  | <b>6-Sep-09</b>  |                  | Desiree C. Gordon                                    |   |
|            | 200 IM     | 2:32.30  | <b>13-Jul-80</b> |                  | Deidre Walls   |   |
|            | 400 IM     | 5:29.00  | <b>8-Jun-80</b>  |                  | Deidre Walls   |   |
|            | Open       | 50 Free  | 28.12            | <b>19-Jun-10</b> |  | Kayla Imrie                                       |
|            |            | 100 Free | 1:01.04          | <b>25-Aug-12</b> | TWAWN  | Nicola S. Trott at Wellington Short Course Champs |
| 200 Free   |            | 2:08.98  | <b>25-Aug-12</b> |                  | Nicola S. Trott                                      |   |
| 400 Free   |            | 4:30.46  | <b>25-Aug-12</b> |                  | Nicola S. Trott                                      |   |
| 800 Free   |            | 9:14.17  | <b>5-Aug-94</b>  |                  | Hilary Todd  |   |
| 1500 Free  |            | 17:39.15 | <b>12-Aug-94</b> |                  | Hilary Todd  |   |
| 50 Back    |            | 31.03    | <b>23-Sep-99</b> |                  | Deborah Kilkelly                                     |   |
| 100 Back   |            | 1:06.63  | <b>11-Sep-99</b> |                  | Deborah Kilkelly                                     |   |
| 200 Back   |            | 2:21.73  | <b>5-Aug-94</b>  |                  | Jolene Wightman                                      |   |
| 50 Breast  |            | 35.16    | <b>4-Sep-99</b>  |                  | Nicola Johns   |   |
| 100 Breast |            | 1:16.19  | <b>11-Sep-99</b> |                  | Nicola Johns   |   |
| 200 Breast |            | 2:44.61  | <b>5-Sep-99</b>  |                  | Nicola Johns   |   |
| 50 Fly     |            | 29.96    | <b>3-Sep-11</b>  |                  | Nicola S. Trott                                      |   |
| 100 Fly    |            | 1:05.97  | <b>6-Aug-11</b>  |                  | Nicola S. Trott                                      |   |
| 200 Fly    |            | 2:26.16  | <b>6-Jul-91</b>  |                  | Phaedra Wilson                                       |   |
| 100 IM     |            | 1:07.83  | <b>25-Aug-12</b> |                  | Nicola S. Trott                                      |   |
| 200 IM     |            | 2:25.43  | <b>3-Sep-94</b>  |                  | Hilary Todd  |   |
| 400 IM     |            | 5:02.29  | <b>1-Sep-94</b>  |                  | Hilary Todd  |   |

**Tawa Swimming Club**  
**P O Box 51 207 Tawa Wellington**

**RECORDS Club SC Records**

**SC Meters-Male**

|            |            |          |                  |                      |                 |
|------------|------------|----------|------------------|----------------------|-----------------|
| 8 & U      | 50 Free    | 36.84    | <b>13-Nov-88</b> | Roger Barnes         |                 |
|            | 100 Free   | 1:20.73  | <b>24-Jul-88</b> | Roger Barnes         |                 |
|            | 200 Free   | 2:53.72  | <b>23-Oct-88</b> | Roger Barnes         |                 |
|            | 400 Free   | 5:58.06  | <b>5-Nov-88</b>  | Roger Barnes         |                 |
|            | 800 Free   | 13:17.44 | <b>6-Aug-88</b>  | Roger Barnes         |                 |
|            | 1500 Free  | 23:50.94 | <b>6-Nov-88</b>  | Roger Barnes         |                 |
|            | 50 Back    | 43.66    | <b>6-Mar-95</b>  | Jared Morris-Jenkins |                 |
|            | 100 Back   | 1:34.10  | <b>12-Mar-95</b> | Jared Morris-Jenkins |                 |
|            | 200 Back   | 3:18.27  | <b>6-Mar-95</b>  | Jared Morris-Jenkins |                 |
|            | 50 Breast  | 49.96    | <b>10-Mar-91</b> | Gareth Woodward      |                 |
|            | 100 Breast | 1:43.80  | <b>24-Feb-91</b> | Gareth Woodward      |                 |
|            | 200 Breast | 3:51.59  | <b>5-Mar-95</b>  | Jared Morris-Jenkins |                 |
|            | 25 Fly     | 19.21    | <b>8-May-88</b>  | Roger Barnes         |                 |
|            | 50 Fly     | 41.13    | <b>19-Jan-91</b> | Gareth Woodward      |                 |
|            | 100 Fly    | 1:58.13  | <b>24-Apr-88</b> | Roger Barnes         |                 |
|            | 100 IM     | 1:35.71  | <b>18-Sep-88</b> | Roger Barnes         |                 |
|            | 200 IM     | 3:23.35  | <b>13-Aug-88</b> | Roger Barnes         |                 |
|            | 9-9        | 50 Free  | 33.72            | <b>30-Jul-89</b>     | Roger Barnes    |
|            |            | 100 Free | 1:13.77          | <b>1-Oct-89</b>      | Roger Barnes    |
|            |            | 200 Free | 2:44.78          | <b>29-Jul-89</b>     | Roger Barnes    |
| 400 Free   |            | 5:53.74  | <b>27-Mar-94</b> | Shaun Murdoch        |                 |
| 800 Free   |            | 11:51.77 | <b>21-Mar-94</b> | Shaun Murdoch        |                 |
| 1500 Free  |            | 23:25.07 | <b>20-Aug-89</b> | Roger Barnes         |                 |
| 50 Back    |            | 38.52    | <b>4-May-96</b>  | Damian Braddock      |                 |
| 100 Back   |            | 1:26.70  | <b>23-Oct-82</b> | Richard Grant        |                 |
| 200 Back   |            | 3:13.27  | <b>4-Mar-96</b>  | Damian Braddock      |                 |
| 50 Breast  |            | 44.93    | <b>30-Jul-89</b> | Roger Barnes         |                 |
| 100 Breast |            | 1:37.31  | <b>17-Mar-96</b> | Jared Morris-Jenkins |                 |
| 200 Breast |            | 3:37.09  | <b>3-Dec-95</b>  | Jared Morris-Jenkins |                 |
| 50 Fly     |            | 37.50    | <b>3-Oct-82</b>  | Richard Grant        |                 |
| 100 Fly    |            | 1:29.03  | <b>3-Sep-11</b>  | Joel Crampton        |                 |
| 200 Fly    |            | 3:34.56  | <b>5-Nov-89</b>  | Roger Barnes         |                 |
| 100 IM     |            | 1:24.80  | <b>5-Dec-82</b>  | Richard Grant        |                 |
| 200 IM     |            | 3:05.80  | <b>24-Oct-82</b> | Richard Grant        |                 |
| 400 IM     |            | 7:09.61  | <b>16-Jul-95</b> | Jared Morris-Jenkins |                 |
| 10-10      |            | 50 Free  | 32.53            | <b>7-Aug-04</b>      | Thomas McCarthy |
|            |            | 100 Free | 1:08.60          | <b>24-Sep-83</b>     | Richard Grant   |
|            | 200 Free   | 2:26.77  | <b>14-Aug-93</b> | Gareth Woodward      |                 |
|            | 400 Free   | 5:16.06  | <b>27-Jun-93</b> | Gareth Woodward      |                 |
|            | 800 Free   | 10:50.04 | <b>18-Nov-90</b> | Roger Barnes         |                 |
|            | 1500 Free  | 20:27.60 | <b>18-Nov-90</b> | Roger Barnes         |                 |
|            | 50 Back    | 36.05    | <b>25-Aug-12</b> | Joel Crampton        |                 |
|            | 100 Back   | 1:18.50  | <b>3-Sep-83</b>  | Richard Grant        |                 |
|            | 200 Back   | 2:48.30  | <b>11-Sep-83</b> | Richard Grant        |                 |
|            | 50 Breast  | 42.44    | <b>29-Jul-90</b> | Roger Barnes         |                 |
|            | 100 Breast | 1:30.64  | <b>12-May-90</b> | Roger Barnes         |                 |
|            | 200 Breast | 3:14.05  | <b>7-Aug-93</b>  | Gareth Woodward      |                 |
|            | 50 Fly     | 34.86    | <b>25-Aug-12</b> | Joel Crampton        |                 |
|            | 100 Fly    | 1:19.20  | <b>9-Oct-83</b>  | Richard Grant        |                 |
|            | 200 Fly    | 3:15.88  | <b>4-Sep-99</b>  | Simon Cook           |                 |
|            | 100 IM     | 1:19.40  | <b>24-Sep-83</b> | Richard Grant        |                 |

**Tawa Swimming Club**  
**P O Box 51 207 Tawa Wellington**

**RECORDS Club SC Records**

|            |            |          |                  |                        |                        |
|------------|------------|----------|------------------|------------------------|------------------------|
| 10-10      | 200 IM     | 2:47.28  | <b>7-Aug-93</b>  | Gareth Woodward        |                        |
|            | 400 IM     | 6:06.04  | <b>3-Dec-95</b>  | Matthew Morris Jenkins |                        |
| 11-11      | 50 Free    | 30.30    | <b>26-Aug-06</b> | Kyle A. Barnes         |                        |
|            | 100 Free   | 1:04.80  | <b>4-Aug-84</b>  | Richard Grant          |                        |
|            | 200 Free   | 2:23.22  | <b>27-Jul-91</b> | Roger Barnes           |                        |
|            | 400 Free   | 5:08.27  | <b>11-Aug-91</b> | Roger Barnes           |                        |
|            | 800 Free   | 10:34.49 | <b>14-Nov-93</b> | Gareth Woodward        |                        |
|            | 1500 Free  | 20:21.89 | <b>17-Nov-91</b> | Roger Barnes           |                        |
|            | 50 Back    | 35.16    | <b>2-Nov-97</b>  | Damian Braddock        |                        |
|            | 100 Back   | 1:14.90  | <b>11-Nov-84</b> | Richard Grant          |                        |
|            | 200 Back   | 2:40.90  | <b>11-Nov-84</b> | Richard Grant          |                        |
|            | 50 Breast  | 40.30    | <b>9-Mar-98</b>  | Jared Morris-Jenkins   |                        |
|            | 100 Breast | 1:25.10  | <b>10-Nov-84</b> | Richard Grant          |                        |
|            | 200 Breast | 3:05.56  | <b>31-Aug-08</b> | James McCarthy         |                        |
|            | 50 Fly     | 34.89    | <b>22-Sep-91</b> | Roger Barnes           |                        |
|            | 100 Fly    | 1:13.40  | <b>10-Nov-84</b> | Richard Grant          |                        |
|            | 200 Fly    | 2:58.94  | <b>22-Sep-91</b> | Roger Barnes           |                        |
|            | 100 IM     | 1:18.37  | <b>4-Aug-95</b>  | Matthew Morris-Jenkins |                        |
|            | 200 IM     | 2:38.30  | <b>11-Nov-84</b> | Richard Grant          |                        |
|            | 400 IM     | 5:51.50  | <b>19-Oct-97</b> | Damian Braddock        |                        |
|            | 12-12      | 50 Free  | 29.27            | <b>26-Aug-06</b>       | Thomas G. McCarthy     |
| 100 Free   |            | 1:01.40  | <b>12-May-85</b> | Richard Grant          |                        |
| 200 Free   |            | 2:14.59  | <b>15-Aug-93</b> | Jarrold Brown          |                        |
| 400 Free   |            | 4:48.14  | <b>26-Aug-06</b> | Nicholas Gillum        |                        |
| 800 Free   |            | 10:09.50 | <b>3-Dec-06</b>  | Nicholas Gillum        |                        |
| 1500 Free  |            | 19:12.72 | <b>3-Dec-06</b>  | Nicholas Gillum        |                        |
| 50 Back    |            | 34.83    | <b>26-Aug-06</b> | Thomas G. McCarthy     |                        |
| 100 Back   |            | 1:11.20  | <b>7-Sep-85</b>  | Richard Grant          |                        |
| 200 Back   |            | 2:35.10  | <b>26-Aug-06</b> | Nicholas Gillum        |                        |
| 50 Breast  |            | 35.34    | <b>7-Aug-93</b>  | Jarrold Brown          | Wellington Record also |
| 100 Breast |            | 1:15.98  | <b>31-Jul-93</b> | Jarrold Brown          | Wellington Record also |
| 200 Breast |            | 2:46.55  | <b>14-Aug-93</b> | Jarrold Brown          |                        |
| 50 Fly     |            | 33.61    | <b>27-Nov-93</b> | Robert Wilson          |                        |
| 100 Fly    |            | 1:08.40  | <b>14-Jul-85</b> | Richard Grant          |                        |
| 200 Fly    |            | 2:37.02  | <b>27-Nov-93</b> | Robert Wilson          |                        |
| 100 IM     |            | 1:13.95  | <b>19-Nov-06</b> | Nicholas Gillum        |                        |
| 200 IM     |            | 2:34.00  | <b>16-Nov-85</b> | Richard Grant          |                        |
| 400 IM     |            | 5:27.83  | <b>26-Aug-06</b> | Nicholas Gillum        |                        |
| 13-13      |            | 50 Free  | 26.42            | <b>2-Aug-86</b>        | Richard Grant          |
|            | 100 Free   | 58.73    | <b>26-Aug-06</b> | Mitchell G. Logan      |                        |
|            | 200 Free   | 2:08.49  | <b>13-Aug-94</b> | Jarrold Brown          |                        |
|            | 400 Free   | 4:23.30  | <b>26-Sep-10</b> | Callum Sinclair        |                        |
|            | 800 Free   | 9:10.98  | <b>26-Sep-10</b> | Callum Sinclair        |                        |
|            | 1500 Free  | 17:20.07 | <b>26-Sep-10</b> | Callum Sinclair        |                        |
|            | 50 Back    | 31.01    | <b>26-Aug-06</b> | Mitchell G. Logan      |                        |
|            | 100 Back   | 1:06.10  | <b>26-Aug-06</b> | Mitchell G. Logan      |                        |
|            | 200 Back   | 2:27.54  | <b>15-Jul-06</b> | Mitchell G. Logan      |                        |
|            | 50 Breast  | 33.74    | <b>26-Sep-10</b> | Callum Sinclair        |                        |
|            | 100 Breast | 1:11.97  | <b>26-Sep-10</b> | Callum Sinclair        |                        |
|            | 200 Breast | 2:31.32  | <b>26-Sep-10</b> | Callum Sinclair        |                        |
|            | 50 Fly     | 30.28    | <b>14-Sep-86</b> | Richard Grant          |                        |
|            | 100 Fly    | 1:06.77  | <b>16-Feb-86</b> | Richard Grant          |                        |
|            | 200 Fly    | 2:28.98  | <b>6-Aug-94</b>  | Robert Wilson          |                        |

**Tawa Swimming Club**  
**P O Box 51 207 Tawa Wellington**

**RECORDS Club SC Records**

|            |            |          |                  |   |                        |
|------------|------------|----------|------------------|---|------------------------|
| 13-13      | 100 IM     | 1:09.03  | <b>28-Aug-10</b> | Callum Sinclair                                     |                        |
|            | 200 IM     | 2:22.20  | <b>26-Sep-10</b> | Callum Sinclair                                     |                        |
|            | 400 IM     | 5:00.35  | <b>26-Sep-10</b> | Callum Sinclair                                     |                        |
| 14-14      | 50 Free    | 25.59    | <b>13-Sep-09</b> | Kyle Barnes   |                        |
|            | 100 Free   | 54.81    | <b>28-Sep-09</b> | Kyle Barnes   |                        |
|            | 200 Free   | 1:59.88  | <b>27-Sep-09</b> | Kyle Barnes   |                        |
|            | 400 Free   | 4:12.64  | <b>29-Sep-09</b> | Kyle Barnes   |                        |
|            | 800 Free   | 9:03.47  | <b>6-Sep-08</b>  | Nicholas Gillum                                     |                        |
|            | 1500 Free  | 16:26.64 | <b>6-Aug-11</b>  | Callum Sinclair                                     | Wellington record also |
|            | 50 Back    | 30.24    | <b>4-Sep-99</b>  | Stefan Krawczyk                                     |                        |
|            | 100 Back   | 1:04.59  | <b>7-Sep-08</b>  | Nicholas Gillum                                     |                        |
|            | 200 Back   | 2:17.91  | <b>4-Jun-11</b>  | Callum Sinclair                                     |                        |
|            | 50 Breast  | 32.04    | <b>6-Aug-11</b>  | Callum Sinclair                                     |                        |
|            | 100 Breast | 1:08.01  | <b>6-Aug-11</b>  | Callum Sinclair                                     |                        |
|            | 200 Breast | 2:24.52  | <b>6-Aug-11</b>  | Callum Sinclair                                     |                        |
|            | 50 Fly     | 27.52    | <b>23-Aug-87</b> | Richard Grant                                       |                        |
|            | 100 Fly    | 1:02.64  | <b>4-Sep-88</b>  | Gary Sundgren                                       |                        |
|            | 200 Fly    | 2:16.36  | <b>3-Sep-11</b>  | Callum Sinclair                                     |                        |
|            | 100 IM     | 1:04.19  | <b>3-Sep-11</b>  | Callum Sinclair                                     |                        |
|            | 200 IM     | 2:13.03  | <b>3-Sep-11</b>  | Callum Sinclair                                     |                        |
|            | 400 IM     | 4:41.93  | <b>3-Sep-11</b>  | Callum Sinclair                                     | Wellington record also |
|            | 15-15      | 50 Free  | 24.43            | <b>26-Sep-10</b>                                    | Kyle Barnes            |
| 100 Free   |            | 53.44    | <b>28-Sep-09</b> | Thomas McCarthy                                     |                        |
| 200 Free   |            | 1:55.28  | <b>7-Aug-10</b>  | Kyle Barnes   |                        |
| 400 Free   |            | 4:04.16  | <b>29-Sep-09</b> | Nick Gillum   |                        |
| 800 Free   |            | 8:32.29  | <b>9-Jun-12</b>  | Callum Sinclair                                     |                        |
| 1500 Free  |            | 16:08.08 | <b>9-Jun-12</b>  | Callum Sinclair                                     |                        |
| 50 Back    |            | 28.61    | <b>29-Sep-09</b> | Nick Gillum   |                        |
| 100 Back   |            | 1:01.45  | <b>27-Sep-09</b> | Nick Gillum   |                        |
| 200 Back   |            | 2:08.58  | <b>28-Sep-09</b> | Nick Gillum   |                        |
| 50 Breast  |            | 30.96    | <b>30-Sep-09</b> | Thomas McCarthy                                     |                        |
| 100 Breast |            | 1:08.18  | <b>10-Aug-96</b> | Jarrod Brown  |                        |
| 200 Breast |            | 2:26.38  | <b>25-Aug-12</b> | Callum Sinclair                                     |                        |
| 50 Fly     |            | 27.98    | <b>29-Aug-10</b> | Kyle Barnes / Richard Grant 16-Apr-88 - Tied record |                        |
| 100 Fly    |            | 1:01.41  | <b>29-Aug-10</b> | Kyle Barnes   |                        |
| 200 Fly    |            | 2:09.27  | <b>26-Oct-89</b> | Gary Sundgren                                       |                        |
| 100 IM     |            | 1:01.83  | <b>6-Sep-09</b>  | Thomas McCarthy                                     |                        |
| 200 IM     |            | 2:11.67  | <b>29-Sep-09</b> | Nick Gillum   |                        |
| 400 IM     |            | 4:33.39  | <b>28-Sep-09</b> | Nick Gillum   |                        |
| 16-16      |            | 50 Free  | 24.27            | <b>26-Sep-10</b>                                    | Thomas McCarthy        |
|            | 100 Free   | 52.58    | <b>26-Sep-10</b> | Thomas McCarthy                                     |                        |
|            | 200 Free   | 1:52.54  | <b>26-Sep-10</b> | Nick Gillum   | Wellington Record      |
|            | 400 Free   | 3:57.80  | <b>26-Sep-10</b> | Nick Gillum   | Wellington Record      |
|            | 800 Free   | 8:16.17  | <b>26-Sep-10</b> | Nick Gillum   | Wellington Record      |
|            | 1500 Free  | 15:32.86 | <b>26-Sep-10</b> | Nick Gillum   | Wellington Record      |
|            | 50 Back    | 28.98    | <b>20-Jul-01</b> | Stefan Krawczyk                                     |                        |
|            | 100 Back   | 1:02.12  | <b>20-Jul-01</b> | Stefan Krawczyk                                     |                        |
|            | 200 Back   | 2:05.44  | <b>26-Sep-10</b> | Nick Gillum   |                        |
|            | 50 Breast  | 30.79    | <b>21-Sep-96</b> | Jarrod Brown  |                        |
|            | 100 Breast | 1:06.72  | <b>18-Sep-96</b> | Jarrod Brown  |                        |
|            | 200 Breast | 2:21.57  | <b>16-Aug-97</b> | Jarrod Brown  |                        |
|            | 50 Fly     | 27.42    | <b>6-Sep-09</b>  | Mitchell Logan                                      |                        |
|            | 100 Fly    | 59.38    | <b>21-Apr-90</b> | Gary Sundgren                                       |                        |

**Tawa Swimming Club**  
**P O Box 51 207 Tawa Wellington**

**RECORDS Club SC Records**

|            |            |          |                  |                  |                                 |  |
|------------|------------|----------|------------------|------------------|---------------------------------|--|
| 16-16      | 200 Fly    | 2:07.08  | <b>21-Apr-90</b> | Gary Sundgren    |                                 |  |
|            | 100 IM     | 1:00.11  | <b>26-Sep-10</b> | Thomas McCarthy  |                                 |  |
|            | 200 IM     | 2:06.67  | <b>26-Sep-10</b> | Nick Gillum      |                                 |  |
|            | 400 IM     | 4:25.13  | <b>26-Sep-10</b> | Nick Gillum      | New Zealand & Wellington Record |  |
| 17 & O     | 50 Free    | 24.05    | <b>9-Sep-95</b>  | Alan Waters      |                                 |  |
|            | 100 Free   | 52.90    | <b>11-Jul-82</b> | Barry Salisbury  |                                 |  |
|            | 200 Free   | 1:54.18  | <b>6-Aug-11</b>  | Nick Gillum      |                                 |  |
|            | 400 Free   | 3:54.95  | <b>6-Aug-11</b>  | Nick Gillum      | Wellington Record               |  |
|            | 800 Free   | 8:11.86  | <b>16-Jul-11</b> | Nick Gillum      | Wellington Record               |  |
|            | 1500 Free  | 15:30.41 | <b>6-Aug-11</b>  | Nick Gillum      | Wellington record               |  |
|            | 50 Back    | 27.79    | <b>6-Aug-11</b>  | Nick Gillum      |                                 |  |
|            | 100 Back   | 1:00.65  | <b>10-Mar-91</b> | Craig Ford       |                                 |  |
|            | 200 Back   | 2:02.35  | <b>6-Aug-11</b>  | Nick Gillum      |                                 |  |
|            | 50 Breast  | 29.95    | <b>29-Aug-98</b> | Jarrold Brown    |                                 |  |
|            | 100 Breast | 1:04.46  | <b>20-Sep-96</b> | Sean Gardiner    | Wellington Record also          |  |
|            | 200 Breast | 2:20.07  | <b>17-Sep-96</b> | Sean Gardiner    |                                 |  |
|            | 50 Fly     | 26.58    | <b>22-Mar-93</b> | Andrew Harland   |                                 |  |
|            | 100 Fly    | 57.45    | <b>1-Apr-91</b>  | Craig Ford       |                                 |  |
|            | 200 Fly    | 2:04.57  | <b>9-Sep-95</b>  | Gary Sundgren    |                                 |  |
|            | 100 IM     | 1:00.88  | <b>16-Jul-11</b> | Nick Gillum      |                                 |  |
|            | 200 IM     | 2:07.47  | <b>6-Aug-11</b>  | Nick Gillum      |                                 |  |
|            | 400 IM     | 4:20.61  | <b>6-Aug-11</b>  | Nick Gillum      | Wellington Record               |  |
|            | Open       | 50 Free  | 24.05            | <b>9-Sep-95</b>  | Alan Waters                     |  |
|            |            | 100 Free | 52.58            | <b>26-Sep-10</b> | Thomas McCarthy                 |  |
| 200 Free   |            | 1:52.54  | <b>26-Sep-10</b> | Nick Gillum      |                                 |  |
| 400 Free   |            | 3:54.95  | <b>6-Aug-11</b>  | Nick Gillum      |                                 |  |
| 800 Free   |            | 8:11.86  | <b>16-Jul-11</b> | Nick Gillum      |                                 |  |
| 1500 Free  |            | 15:30.41 | <b>6-Aug-11</b>  | Nick Gillum      |                                 |  |
| 50 Back    |            | 27.79    | <b>6-Aug-11</b>  | Nick Gillum      |                                 |  |
| 100 Back   |            | 1:00.65  | <b>10-Mar-91</b> | Craig Ford       |                                 |  |
| 200 Back   |            | 2:02.35  | <b>6-Aug-11</b>  | Nick Gillum      |                                 |  |
| 50 Breast  |            | 29.95    | <b>29-Aug-98</b> | Jarrold Brown    |                                 |  |
| 100 Breast |            | 1:04.46  | <b>20-Sep-96</b> | Sean Gardiner    |                                 |  |
| 200 Breast |            | 2:20.07  | <b>18-Sep-96</b> | Sean Gardiner    |                                 |  |
| 50 Fly     |            | 26.58    | <b>22-Mar-93</b> | Andrew Harland   |                                 |  |
| 100 Fly    |            | 57.45    | <b>1-Apr-91</b>  | Craig Ford       |                                 |  |
| 200 Fly    |            | 2:04.57  | <b>9-Sep-85</b>  | Gary Sundgren    |                                 |  |
| 100 IM     |            | 1:00.11  | <b>26-Sep-10</b> | Thomas McCarthy  |                                 |  |
| 200 IM     |            | 2:06.67  | <b>26-Sep-10</b> | Nick Gillum      |                                 |  |
| 400 IM     |            | 4:20.61  | <b>6-Aug-11</b>  | Nick Gillum      |                                 |  |