

**Tawa Swimming Club  
P O Box 51 207 Tawa Wellington**

**RECORDS Club L C Records**

**LC Meters-Female**

8 & U	50 Free	39.42	<b>8-Oct-89</b>		Emily Barnes	
	100 Free	1:31.70	<b>8-Sep-89</b>		Emily Barnes	
	200 Free	3:36.14	<b>12-Nov-89</b>		Emily Barnes	
	400 Free	10:00.00	<b>1-Jan-00</b>		Standard	
	50 Back	46.44	<b>23-Oct-99</b>		Michaela Watson	
	100 Back	1:40.27	<b>16-Jan-98</b>		Madeleine White	
	50 Breast	55.70	<b>11-Aug-01</b>		Alexandra Tennant	
	100 Breast	2:00.31	<b>23-Jan-94</b>		Nicola Johns	
	200 Breast	6:00.00	<b>1-Jan-00</b>		Standard	
	50 Fly	55.59	<b>2-Jun-90</b>		Hilary Todd	
	200 IM	6:00.00	<b>1-Jan-00</b>		Standard	
	9-9	50 Free	34.74	<b>10-Jul-93</b>		Kiri Smiler
100 Free		1:18.42	<b>19-Jun-93</b>		Kiri Smiler	
200 Free		2:52.77	<b>29-May-93</b>		Kiri Smiler	
400 Free		6:47.49	<b>4-Nov-89</b>		Rebecca Boston	
800 Free		14:06.58	<b>5-Nov-89</b>		Rebecca Boston	
1500 Free		30:00.00	<b>1-Jan-00</b>		Standard	
50 Back		41.53	<b>19-Jun-93</b>		Kiri Smiler	
100 Back		1:26.42	<b>10-Jul-93</b>		Kiri Smiler	
200 Back		3:20.97	<b>1-Jun-91</b>		Hilary Todd	
50 Breast		44.78	<b>28-Jan-06</b>		Jenny Kim	
100 Breast		1:37.89	<b>18-Feb-06</b>		Jenny Kim	
200 Breast		3:46.47	<b>7-Jun-91</b>		Hilary Todd	
50 Fly		40.66	<b>25-Jan-93</b>		Kiri Smiler	
100 Fly		1:41.63	<b>10-Nov-07</b>		McKenzie Radovanovich	
200 IM		3:09.46	<b>19-Jun-93</b>		Kiri Smiler	
400 IM		7:56.32	<b>5-Nov-89</b>		Rebecca Boston	
10-10		50 Free	30.86	<b>15-Jun-13</b>	TWAWN	Danika Viskovic at Hutt Valley Sprints
	100 Free	1:11.73	<b>7-Jul-92</b>		Hilary Todd	
	200 Free	2:34.71	<b>22-Jan-94</b>		Kiri Smiler	
	400 Free	6:05.51	<b>22-Oct-90</b>		Marion Walls	
	800 Free	13:00.28	<b>30-Aug-90</b>		Marion Walls	
	1500 Free	35:00.00	<b>1-Jan-00</b>		Standard	
	50 Back	37.96	<b>19-Jul-13</b>	TWAWN	Danika Viskovic at 2013 Hamilton Winter Meet	
	100 Back	1:21.87	<b>21-Jan-94</b>		Kiri Smiler	
	200 Back	2:49.48	<b>14-May-94</b>		Kiri Smiler	
	50 Breast	41.71	<b>16-Feb-13</b>		Danika Viskovic	
	100 Breast	1:30.66	<b>18-Feb-07</b>		Jenny Kim	
	200 Breast	3:15.53	<b>16-Feb-13</b>		Danika Viskovic	
	50 Fly	35.05	<b>15-Jun-13</b>	TWAWN	Danika Viskovic at Hutt Valley Sprints	
	100 Fly	1:22.70	<b>24-Jan-83</b>		Deborah Quinn	
	200 Fly	3:07.58	<b>2-Jul-94</b>		Kiri Smiler	
	200 IM	2:52.96	<b>18-Jun-94</b>		Kiri Smiler	
	400 IM	6:02.58	<b>18-Jun-94</b>		Kiri Smiler	
	11-11	50 Free	30.63	<b>20-Feb-93</b>		Hilary Todd
		100 Free	1:06.64	<b>19-Jun-93</b>		Hilary Todd
200 Free		2:24.68	<b>21-Feb-93</b>		Hilary Todd	
400 Free		5:18.24	<b>2-Nov-91</b>		Marion Walls	
800 Free		11:11.66	<b>1-Nov-91</b>		Marion Walls	
1500 Free		24:28.19	<b>20-Jan-95</b>		Clare Fraser	

**Tawa Swimming Club**  
**P O Box 51 207 Tawa Wellington**

**RECORDS Club L C Records**

11-11	50 Back	36.73	<b>19-Jun-93</b>	Hilary Todd	
	100 Back	1:17.54	<b>5-Dec-92</b>	Hilary Todd	
	200 Back	2:36.27	<b>10-Jul-93</b>	Hilary Todd	Wellington Record also
	50 Breast	40.02	<b>31-Mar-01</b>	Lisa Tennant	
	100 Breast	1:27.09	<b>7-Dec-91</b>	Michelle Bloor	
	200 Breast	3:08.40	<b>13-Feb-99</b>	Summer Prestidge	
	50 Fly	35.97	<b>17-Aug-91</b>	Marion Walls	
	100 Fly	1:14.91	<b>10-Jul-93</b>	Hilary Todd	
	200 Fly	3:17.08	<b>16-Jan-09</b>	McKenzie Radovanovich	
	200 IM	2:41.26	<b>19-Jun-93</b>	Hilary Todd	
400 IM	6:07.53	<b>2-Nov-91</b>	Marion Walls		
12-12	50 Free	29.60	<b>23-Oct-93</b>	Josie Glasson	
	100 Free	1:03.59	<b>17-Feb-94</b>	Hilary Todd	
	200 Free	2:16.83	<b>22-Jan-94</b>	Hilary Todd	
	400 Free	4:48.62	<b>17-Feb-94</b>	Hilary Todd	
	800 Free	11:15.12	<b>16-Jan-09</b>	Ellen J. Van Looy	
	1500 Free	30:00.00	<b>1-Jan-00</b>	Standard	
	50 Back	32.02	<b>13-Feb-99</b>	Deborah Kilkelly	Wellington Record also
	100 Back	1:09.49	<b>14-Feb-99</b>	Deborah Kilkelly	Wellington Record also
	200 Back	2:29.11	<b>17-Feb-94</b>	Hilary Todd	Wellington Record also
	50 Breast	38.93	<b>4-Mar-98</b>	Nicola Johns	
	100 Breast	1:24.25	<b>16-Jan-98</b>	Nicola Johns	
	200 Breast	3:02.35	<b>4-Mar-98</b>	Nicola Johns	
	50 Fly	32.17	<b>24-Jan-94</b>	Hilary Todd	
	100 Fly	1:10.70	<b>17-Feb-94</b>	Hilary Todd	
	200 Fly	2:32.08	<b>12-Mar-94</b>	Hilary Todd	Wellington Record also
	200 IM	2:35.09	<b>18-Feb-94</b>	Hilary Todd	
	400 IM	5:18.25	<b>12-Mar-94</b>	Hilary Todd	Wellington Record also
13-13	50 Free	29.64	<b>22-Oct-94</b>	Josie Glasson	
	100 Free	1:02.93	<b>22-Jan-95</b>	Hilary Todd	
	200 Free	2:15.86	<b>23-Jan-95</b>	Hilary Todd	
	400 Free	4:39.98	<b>21-Jan-95</b>	Hilary Todd	
	800 Free	9:28.41	<b>21-Jan-95</b>	Hilary Todd	
	1500 Free	18:12.64	<b>23-Jan-95</b>	Hilary Todd	
	50 Back	31.59	<b>10-Mar-99</b>	Deborah Kilkelly	
	100 Back	1:07.11	<b>11-Mar-99</b>	Deborah Kilkelly	
	200 Back	2:29.97	<b>24-Mar-99</b>	Deborah Kilkelly	
	50 Breast	35.30	<b>10-Mar-99</b>	Nicola Johns	
	100 Breast	1:18.22	<b>13-Mar-99</b>	Nicola Johns	
	200 Breast	2:49.66	<b>12-Mar-99</b>	Nicola Johns	
	50 Fly	31.99	<b>20-Jan-12</b>	Katie N. Trott	
	100 Fly	1:08.46	<b>23-Jan-95</b>	Hilary Todd	
	200 Fly	2:26.44	<b>20-Jan-95</b>	Hilary Todd	
	200 IM	2:32.61	<b>23-Jan-95</b>	Hilary Todd	
	400 IM	5:11.28	<b>22-Jan-95</b>	Hilary Todd	Wellington Record also
14-14	50 Free	29.54	<b>23-Jan-95</b>	Josie Glasson	
	100 Free	1:04.59	<b>25-Jul-92</b>	Clare Todd	
	200 Free	2:19.23	<b>19-Jan-87</b>	Deborah Quinn	
	400 Free	4:41.59	<b>17-Feb-94</b>	Jolene Wightman	
	800 Free	9:58.07	<b>4-Mar-11</b>	Ellen J. Van Looy	
	1500 Free	18:18.87	<b>6-Apr-94</b>	Jolene Wightman	
	50 Back	32.27	<b>18-Jul-92</b>	Clare Todd	
	100 Back	1:08.93	<b>17-Feb-94</b>	Jolene Wightman	

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**RECORDS Club L C Records**

14-14	200 Back	2:25.97	<b>2-Apr-94</b>	Jolene Wightman	
	50 Breast	35.30	<b>14-Aug-99</b>	Nicola Johns	
	100 Breast	1:18.41	<b>26-Jun-99</b>	Nicola Johns	
	200 Breast	2:48.65	<b>23-Oct-99</b>	Nicola Johns	
	50 Fly	31.26	<b>21-Jan-11</b>	Ellen J. Van Looy	
	100 Fly	1:10.32	<b>18-Jan-13</b>	Katie N. Trott	
	200 Fly	2:28.56	<b>26-Feb-13</b>	Katie N. Trott	
	200 IM	2:36.43	<b>4-Mar-11</b>	Ellen J. Van Looy	
	400 IM	5:29.59	<b>4-Mar-11</b>	Ellen J. Van Looy	
15-15	50 Free	29.13	<b>25-Jul-09</b>	Megan Blair	
	100 Free	1:03.20	<b>22-Jan-95</b>	Lisa Cummack	
	200 Free	2:14.21	<b>18-Feb-95</b>	Lisa Cummack	
	400 Free	4:40.09	<b>17-Feb-95</b>	Jolene Wightman	
	800 Free	9:29.60	<b>23-Jan-95</b>	Jolene Wightman	
	1500 Free	18:13.22	<b>23-Jan-95</b>	Jolene Wightman	
	50 Back	32.18	<b>11-Sep-92</b>	Clare Todd	
	100 Back	1:09.33	<b>17-Mar-97</b>	Clare Todd	
	200 Back	2:27.64	<b>18-Feb-95</b>	Jolene Wightman	
	50 Breast	37.84	<b>1-Mar-05</b>	Lisa Tennant	
	100 Breast	1:21.98	<b>22-Jan-95</b>	Lisa Cummack	
	200 Breast	3:01.01	<b>16-Feb-90</b>	Phaedra Wilson	
	50 Fly	30.72	<b>21-Jan-11</b>	Nicola S. Trott	
	100 Fly	1:09.42	<b>21-Jan-11</b>	Nicola S. Trott	
	200 Fly	2:30.30	<b>22-Jan-95</b>	Lisa Cummack	
	200 IM	2:31.10	<b>23-Jan-95</b>	Lisa Cummack	
	400 IM	5:17.59	<b>16-Feb-95</b>	Lisa Cummack	
16-16	50 Free	29.08	<b>20-Jan-12</b>	Nicola S. Trott	
	100 Free	1:03.12	<b>18-Jan-96</b>	Lisa Cummack	
	200 Free	2:08.89	<b>6-Mar-12</b>	Nicola S. Trott	
	400 Free	4:35.18	<b>22-Mar-95</b>	Lisa Cummack	
	800 Free	10:14.23	<b>18-Jan-96</b>	Jolene Wightman	
	1500 Free	19:15.54	<b>18-Jan-96</b>	Jolene Wightman	
	50 Back	32.16	<b>20-Jan-12</b>	Nicola S. Trott	
	100 Back	1:09.46	<b>13-Mar-91</b>	Phaedra Wilson	
	200 Back	2:30.00	<b>6-Mar-12</b>	Nicola S. Trott	
	50 Breast	37.49	<b>18-Oct-08</b>	Jessie du Preez	
	100 Breast	1:21.98	<b>21-Oct-95</b>	Lisa Cummack	
	200 Breast	2:59.19	<b>20-Oct-90</b>	Phaedra Wilson	
	50 Fly	29.96	<b>20-Jan-12</b>	Nicola S. Trott	
	100 Fly	1:08.53	<b>13-Mar-91</b>	Phaedra Wilson	
	200 Fly	2:27.31	<b>22-Feb-91</b>	Phaedra Wilson	
	200 IM	2:28.98	<b>6-Mar-12</b>	Nicola S. Trott	
	400 IM	5:18.38	<b>22-Feb-91</b>	Phaedra Wilson	
	17 & O	50 Free	29.89	<b>6-Sep-92</b>	Kirsten Norton
		100 Free	1:03.57	<b>6-Jul-96</b>	Lisa Cummack
200 Free		2:11.53	<b>26-Feb-13</b>	Nicola S. Trott	
400 Free		4:42.32	<b>26-Feb-13</b>	Nicola S. Trott	
800 Free		9:43.80	<b>8-Dec-12</b>	Nicola S. Trott	
1500 Free		19:40.46	<b>25-Oct-98</b>	Cally Worthington	
50 Back		32.24	<b>26-Feb-13</b>	Nicola S. Trott	
100 Back		1:10.13	<b>18-Jan-13</b>	Nicola S. Trott	
200 Back		2:35.20	<b>21-Jan-83</b>	Susan Curtis	
50 Breast		36.27	<b>26-Feb-13</b>	Nicola S. Trott	

**Tawa Swimming Club**  
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**RECORDS Club L C Records**

17 & O	100 Breast	1:21.43	<b>18-Jan-13</b>	Nicola S. Trott
	200 Breast	3:00.32	<b>18-Jan-13</b>	Rachel L. Smart
	50 Fly	30.09	<b>18-Jan-13</b>	Nicola S. Trott
	100 Fly	1:04.98	<b>26-Feb-13</b>	Nicola S. Trott
	200 Fly	2:29.75	<b>8-Dec-12</b>	Rachel L. Smart
	200 IM	2:27.32	<b>26-Feb-13</b>	Nicola S. Trott
	400 IM	5:16.88	<b>26-Feb-13</b>	Nicola S. Trott
Open	50 Free	29.08	<b>20-Jan-12</b>	Nicola S. Trott
	100 Free	1:03.12	<b>18-Jan-96</b>	Lisa Cummack
	200 Free	2:08.89	<b>6-Mar-12</b>	Nicola S. Trott
	400 Free	4:35.18	<b>22-Mar-95</b>	Lisa Cummack
	800 Free	9:28.41	<b>21-Jan-95</b>	Hilary Todd
	1500 Free	18:12.64	<b>20-Jan-95</b>	Hilary Todd
	50 Back	31.59	<b>10-Mar-99</b>	Deborah Kilkelly
	100 Back	1:07.11	<b>11-Mar-99</b>	Deborah Kilkelly
	200 Back	2:25.97	<b>2-Apr-94</b>	Jolene Wightman
	50 Breast	35.30	<b>14-Aug-99</b>	Nicola Johns
	100 Breast	1:18.22	<b>10-Mar-99</b>	Nicola Johns
	200 Breast	2:48.65	<b>23-Oct-99</b>	Nicola Johns
	50 Fly	29.96	<b>20-Jan-12</b>	Nicola S. Trott
	100 Fly	1:04.98	<b>26-Feb-13</b>	Nicola S. Trott
	200 Fly	2:26.44	<b>22-Jan-95</b>	Hilary Todd
	200 IM	2:27.32	<b>26-Feb-13</b>	Nicola S. Trott
	400 IM	5:11.28	<b>22-Jan-95</b>	Hilary Todd

**Tawa Swimming Club**  
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**RECORDS Club L C Records**

**LC Meters-Male**

8 & U	50 Free	37.30	<b>20-Oct-01</b>	Mitchell Logan		
	100 Free	1:20.45	<b>19-Nov-88</b>	Roger Barnes		
	200 Free	2:52.18	<b>10-Sep-88</b>	Roger Barnes		
	400 Free	6:09.26	<b>9-Sep-88</b>	Roger Barnes		
	50 Back	46.05	<b>9-Nov-02</b>	Thomas McCarthy		
	100 Back	1:36.94	<b>19-Nov-88</b>	Roger Barnes		
	50 Breast	51.68	<b>18-Jan-02</b>	Hayden Rice		
	100 Breast	1:51.91	<b>9-Sep-88</b>	Roger Barnes		
	200 Breast	3:55.81	<b>11-Sep-88</b>	Roger Barnes		
	50 Fly	41.13	<b>19-Jan-91</b>	Gareth Woodward		
	200 IM	3:31.02	<b>10-Sep-88</b>	Roger Barnes		
	9-9	50 Free	33.86	<b>9-Sep-89</b>	Roger Barnes	
100 Free		1:13.91	<b>21-Oct-89</b>	Roger Barnes		
200 Free		2:46.21	<b>12-Nov-89</b>	Roger Barnes		
400 Free		5:41.12	<b>4-Nov-89</b>	Roger Barnes		
800 Free		12:00.08	<b>5-Nov-89</b>	Roger Barnes		
1500 Free		22:45.02	<b>5-Nov-89</b>	Roger Barnes		
50 Back		39.43	<b>18-Feb-12</b>	Joel Crampton		
100 Back		1:23.80	<b>24-Jul-82</b>	Richard Grant		
200 Back		3:06.63	<b>6-Jul-96</b>	Damian Braddock		
50 Breast		46.81	<b>11-Mar-89</b>	Roger Barnes		
100 Breast		1:40.17	<b>20-Nov-93</b>	Shaun Murdoch		
200 Breast		3:52.48	<b>24-Jun-95</b>	Jared Morris-Jenkins		
50 Fly		36.47	<b>18-Feb-12</b>	Joel Crampton		
100 Fly		1:28.38	<b>18-Feb-12</b>	Joel Crampton		
200 IM		3:18.14	<b>10-Sep-89</b>	Roger Barnes		
400 IM		6:53.04	<b>5-Nov-89</b>	Roger Barnes		
10-10	50 Free	32.16	<b>16-Feb-13</b>	Joel Crampton		
	100 Free	1:10.54	<b>21-Oct-90</b>	Roger Barnes		
	200 Free	2:35.17	<b>23-Jan-95</b>	Shaun Murdoch		
	400 Free	5:20.31	<b>3-Nov-90</b>	Roger Barnes		
	800 Free	11:12.59	<b>4-Nov-90</b>	Roger Barnes		
	1500 Free	21:31.40	<b>4-Nov-90</b>	Roger Barnes		
	50 Back	35.98	<b>20-Oct-12</b>	Joel Crampton		
	100 Back	1:18.37	<b>16-Feb-13</b>	Joel Crampton		
	200 Back	2:47.93	<b>16-Feb-13</b>	Joel Crampton		
	50 Breast	44.34	<b>16-Feb-08</b>	Callum Sinclair		
	100 Breast	1:31.59	<b>15-Feb-97</b>	Jared Morris-Jenkins		
	200 Breast	3:22.49	<b>17-Jan-97</b>	Jared Morris-Jenkins		
	50 Fly	33.00	<b>16-Feb-13</b>	Joel Crampton	Wellington Record Also	
	100 Fly	1:13.58	<b>16-Feb-13</b>	Joel Crampton	Wellington Record Also	
	200 Fly	2:47.78	<b>16-Feb-13</b>	Joel Crampton		
	200 IM	2:55.06	<b>18-Jan-13</b>	Joel Crampton		
	400 IM	6:16.17	<b>3-Nov-90</b>	Roger Barnes		
	11-11	50 Free	30.53	<b>21-Jan-06</b>	Thomas McCarthy	
		100 Free	1:06.51	<b>21-Jan-06</b>	Thomas McCarthy	
		200 Free	2:26.92	<b>22-Jan-06</b>	Thomas McCarthy	
400 Free		5:11.66	<b>2-Nov-91</b>	Roger Barnes		
800 Free		10:44.88	<b>2-Nov-91</b>	Roger Barnes		
1500 Free		20:32.53	<b>30-Aug-91</b>	Roger Barnes		

**Tawa Swimming Club**  
**P O Box 51 207 Tawa Wellington**

**RECORDS Club L C Records**

11-11	50 Back	36.86	<b>21-Jan-06</b>	Thomas McCarthy		
	100 Back	1:15.40	<b>1-Dec-84</b>	Richard Grant		
	200 Back	2:52.32	<b>19-Jan-07</b>	Kyle Barnes		
	50 Breast	39.76	<b>23-May-98</b>	Mark Huggins		
	100 Breast	1:26.80	<b>14-Feb-98</b>	Jared Morris-Jenkins		
	200 Breast	3:06.47	<b>14-Feb-98</b>	Jared Morris-Jenkins		
	50 Fly	34.66	<b>15-Aug-92</b>	Robert Wilson		
	100 Fly	1:15.60	<b>1-Dec-84</b>	Richard Grant		
	200 Fly	3:08.50	<b>8-Oct-05</b>	Nick Gillum		
	200 IM	2:48.60	<b>1-Dec-84</b>	Richard Grant		
400 IM	6:12.20	<b>2-Nov-91</b>	Roger Barnes			
12-12	50 Free	29.41	<b>20-Jan-07</b>	Thomas McCarthy		
	100 Free	1:02.41	<b>14-Dec-85</b>	Richard Grant		
	200 Free	2:18.29	<b>20-Jan-07</b>	Thomas McCarthy		
	400 Free	4:49.16	<b>20-Jan-07</b>	Thomas McCarthy		
	800 Free	10:17.31	<b>17-Nov-07</b>	Kyle Barnes		
	1500 Free	19:29.97	<b>11-Nov-06</b>	Nicholas Gillum		
	50 Back	35.18	<b>9-Jun-01</b>	Feliks Krawczyk		
	100 Back	1:12.92	<b>7-Dec-85</b>	Richard Grant		
	200 Back	2:42.60	<b>20-Jan-86</b>	Richard Grant		
	50 Breast	36.78	<b>24-Jul-93</b>	Jarrod Brown		
	100 Breast	1:19.89	<b>20-Feb-10</b>	Callum Sinclair		
	200 Breast	2:51.73	<b>20-Feb-10</b>	Callum Sinclair		
	50 Fly	33.14	<b>23-Oct-93</b>	Robert Wilson		
	100 Fly	1:09.52	<b>14-Dec-85</b>	Richard Grant		
	200 Fly	2:37.28	<b>12-Dec-93</b>	Robert Wilson		
	200 IM	2:35.76	<b>22-Jan-07</b>	Thomas McCarthy		
	400 IM	5:35.94	<b>20-Jan-07</b>	Thomas McCarthy		
13-13	50 Free	27.95	<b>11-Nov-06</b>	Mitchell Logan		
	100 Free	1:00.16	<b>16-Jan-09</b>	Kyle Barnes		
	200 Free	2:10.20	<b>18-Jan-08</b>	Thomas McCarthy		
	400 Free	4:26.48	<b>1-Mar-11</b>	Callum Sinclair		
	800 Free	8:59.40	<b>18-Apr-11</b>	Callum Sinclair	Wellington Record also	
	1500 Free	17:28.08	<b>21-Jan-11</b>	Callum Sinclair	Wellington Record also	
	50 Back	31.84	<b>11-Nov-06</b>	Mitchell G. Logan		
	100 Back	1:10.28	<b>21-Feb-86</b>	Richard Grant		
	200 Back	2:35.88	<b>16-Jan-98</b>	Stefan Krawczyk		
	50 Breast	33.06	<b>2-Mar-11</b>	Callum Sinclair		
	100 Breast	1:10.96	<b>18-Apr-11</b>	Callum Sinclair	Wellington Record also	
	200 Breast	2:28.54	<b>18-Apr-11</b>	Callum Sinclair	Wellington and NZ Record	
	50 Fly	30.00	<b>17-Jan-87</b>	Richard Grant		
	100 Fly	1:08.13	<b>21-Feb-86</b>	Richard Grant		
	200 Fly	2:42.74	<b>18-Jan-08</b>	Joshua Rich		
	200 IM	2:18.43	<b>1-Mar-11</b>	Callum Sinclair		
	400 IM	4:52.00	<b>3-Mar-11</b>	Callum Sinclair	Wellington Record also	
	14-14	50 Free	25.72	<b>13-Feb-10</b>	Kyle Barnes	
		100 Free	55.70	<b>25-Jan-10</b>	Kyle Barnes	
200 Free		2:03.89	<b>24-Jan-10</b>	Kyle Barnes		
400 Free		4:17.93	<b>6-Mar-12</b>	Callum Sinclair		
800 Free		9:06.19	<b>22-Jan-10</b>	Kyle Barnes		
1500 Free		17:08.96	<b>22-Jan-10</b>	Kyle Barnes		
50 Back		30.77	<b>10-Mar-99</b>	Stefan Krawczyk		
100 Back		1:06.30	<b>10-Mar-99</b>	Stefan Krawczyk		

**Tawa Swimming Club**  
**P O Box 51 207 Tawa Wellington**

**RECORDS Club L C Records**

14-14	200 Back	2:26.99	7-Nov-09	Kyle Barnes		
	50 Breast	32.70	18-Aug-95	Jarrold Brown		
	100 Breast	1:09.69	10-Dec-11	Callum Sinclair		
	200 Breast	2:27.53	6-Mar-12	Callum Sinclair		
	50 Fly	28.87	24-Jan-10	Kyle Barnes		
	100 Fly	1:02.93	25-Jan-10	Kyle Barnes		
	200 Fly	2:22.45	3-Dec-09	Kyle Barnes		
	200 IM	2:16.82	9-Apr-12	Callum Sinclair		
	400 IM	4:44.33	6-Mar-12	Callum Sinclair	Wellington Record also	
15-15	50 Free	25.00	9-Dec-10	Kyle Barnes		
	100 Free	54.13	21-Jan-11	Kyle Barnes	Wellington Record also	
	200 Free	2:00.70	9-Dec-10	Kyle Barnes		
	400 Free	4:14.65	17-Mar-13	Callum Sinclair		
	800 Free	8:53.13	26-Feb-13	Callum Sinclair		
	1500 Free	16:53.89	26-Feb-13	Callum Sinclair		
	50 Back	30.72	14-Mar-00	Stefan Krawczyk		
	100 Back	1:04.97	9-Jan-89	Gary Sundgren		
	200 Back	2:19.10	23-Jan-95	Liam McElwee		
	50 Breast	32.19	2-Mar-96	Jarrold Brown		
	100 Breast	1:08.68	7-Apr-96	Jarrold Brown	Wellington Record also	
	200 Breast	2:28.58	18-Dec-12	Callum Sinclair		
	50 Fly	27.94	21-Jan-11	Kyle Barnes		
	100 Fly	1:00.40	23-Oct-89	Gary Sundgren		
	200 Fly	2:10.92	22-Oct-89	Gary Sundgren		
	200 IM	2:15.25	26-Feb-13	Callum Sinclair		
	400 IM	4:44.05	17-Nov-12	Callum Sinclair		
16-16	50 Free	24.50	5-Mar-11	Kyle Barnes	Wellington Record also	
	100 Free	54.21	3-Mar-11	Kyle Barnes		
	200 Free	1:57.75	5-Mar-10	Nick Gillum		
	400 Free	4:08.03	3-Mar-10	Nick Gillum		
	800 Free	8:52.27	22-Jan-10	Nick Gillum		
	1500 Free	16:15.74	6-Mar-10	Nick Gillum		
	50 Back	30.08	22-Oct-01	Stefan Krawczyk		
	100 Back	1:03.86	13-Mar-01	Stefan Krawczyk		
	200 Back	2:12.60	21-Oct-90	Craig Ford		
	50 Breast	30.77	18-Feb-94	Alan Waters		
	100 Breast	1:08.12	2-Apr-97	Jarrold Brown		
	200 Breast	2:25.57	6-Jan-97	Jarrold Brown		
	50 Fly	27.99	20-Oct-90	Gary Sundgren		
	100 Fly	58.93	31-Aug-90	Gary Sundgren		
	200 Fly	2:05.18	18-Apr-90	Gary Sundgren	Wellington Record also	
	200 IM	2:08.42	21-Oct-90	Craig Ford	Wellington Record also	
	400 IM	4:33.40	22-Oct-90	Craig Ford	Wellington Record also	
	17 & O	50 Free	24.75	10-Sep-92	Andrew Harland	
		100 Free	53.76	6-Sep-92	Andrew Harland	
200 Free		1:56.01	24-Feb-91	Gary Sundgren		
400 Free		4:05.50	2-Mar-11	Nick Gillum		
800 Free		8:25.37	6-Apr-94	Gary Sundgren		
1500 Free		16:19.39	25-Mar-95	Gary Sundgren		
50 Back		27.56	15-Mar-91	Craig Ford		
100 Back		59.74	14-Mar-91	Craig Ford		
200 Back		2:22.58	18-Jan-92	Gary Sundgren		
50 Breast		30.17	4-Apr-98	Sean Gardiner	Wellington Record also	

**Tawa Swimming Club**  
**P O Box 51 207 Tawa Wellington**

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**RECORDS Club L C Records**

17 & O	100 Breast	1:06.21	<b>3-Apr-98</b>	Sean Gardiner	Wellington Record also
	200 Breast	2:25.00	<b>10-Mar-99</b>	Jarrold Brown	
	50 Fly	26.37	<b>14-Mar-91</b>	Craig Ford	
	100 Fly	57.86	<b>15-Mar-91</b>	Craig Ford	
	200 Fly	2:03.33	<b>13-Mar-91</b>	Gary Sundgren	Wellington Record also
	200 IM	2:09.46	<b>23-Feb-91</b>	Craig Ford	
	400 IM	4:33.75	<b>21-Feb-91</b>	Craig Ford	Wellington Record also
Open	50 Free	24.50	<b>5-Mar-11</b>	Kyle Barnes	
	100 Free	53.76	<b>6-Sep-92</b>	Andrew Harland	
	200 Free	1:56.01	<b>24-Feb-91</b>	Gary Sundgren	
	400 Free	4:05.50	<b>2-Mar-11</b>	Nick Gillum	
	800 Free	8:25.37	<b>6-Apr-94</b>	Gary Sundgren	
	1500 Free	16:15.74	<b>6-Mar-10</b>	Nick Gillum	
	50 Back	27.56	<b>15-Mar-91</b>	Craig Ford	
	100 Back	59.74	<b>14-Mar-91</b>	Craig Ford	
	200 Back	2:12.60	<b>21-Oct-90</b>	Craig Ford	
	50 Breast	30.17	<b>4-Apr-98</b>	Sean Gardiner	
	100 Breast	1:06.21	<b>3-Apr-98</b>	Sean Gardiner	Wellington Record also
	200 Breast	2:25.00	<b>10-Mar-99</b>	Jarrold Brown	
	50 Fly	26.37	<b>14-Mar-91</b>	Craig Ford	
	100 Fly	57.86	<b>15-Mar-91</b>	Craig Ford	
	200 Fly	2:03.33	<b>13-Mar-91</b>	Gary Sundgren	
	200 IM	2:08.42	<b>21-Oct-90</b>	Carig Ford	
	400 IM	4:33.40	<b>22-Oct-90</b>	Craig Ford	