

# SWIMMING WELLINGTON'S INAUGURAL 2018 TIER ONE – MEET 1

Saturday 24 March 2018 at Wellington Regional Aquatic Centre, Kilbirnie

**OPEN TO  
ALL AGE  
GROUPS**

**Competition:** Tier 1  
**Location:** WRAC  
**Date:** Saturday, March  
24th  
**Warm-up Time:** 4:00 -  
4.45pm  
**Session begins:**  
5:00pm

**Long  
Course**

**TIMED  
FINALS**

**NO DIVING  
IN THE  
SHALLOW  
END**

## **WARM-UP PROCEDURE:**

Lanes 1-2 - Junior 13&U only  
Lanes 3-9 - Senior 14&O only  
Lane 9 - Para swimmers if required  
Lane 0, 1, 8, 9 - sprint lane

**Coaches please ensure swimmers  
are in the correct lanes**

Club Duty Roster available in Dropbox  
**Club listed first is to co-ordinate.**  
This is in addition to the technical  
official's clubs are required to provide.  
**SW GST number 59-780-824**

<b>M/F</b>	<b>EVENT</b>
1/2	200 IM
3/4	200 Back
5/6	100 Breast
7/8	50 Free
9/10	200 Fly
11/12	50 Back
13/14	400 Free
15/16	200 Breast
17/18	100 Fly
19/20	100 Back
21/22	100 Free
23/24	50 Breast
25/26	50 Fly
27/28	200 Free
29/30	400 IM

### **Conditions of entry:**

Open to registered COMPETITIVE swimmers only. Swum under SNZ/FINA Rules, with over the top starts. All participants must agree to comply with the Sports' Anti-Doping Rules.

1. LC Qualifying times as set below. SC Converted times will be accepted. NT's will not be accepted.
2. Entries open Monday 26 February at 8:00am, closing at 11:59 pm on Sunday 18 March 2018. Entries through the SNZ database only.
3. Swimmers only permitted to enter 4 events during the meet, meet is restricted to 4 hours, 5-9pm.
4. There will be no refunds for withdrawals after the entries close, with the exception of withdrawing for medical reasons. In this case a medical certificate must be submitted for consideration.
5. Entry fees are \$11.00 per event (GST Incl.) Payment must be made at the time of entry via Swimming NZ, using credit or debit card. Pay later not an option for this meet.
6. Participants who have entered this event agree to Allow images (e.g. photography, video, etc.) to be taken by accredited media approved by Swimming Wellington. Images are only to be used for legitimate purposes by Swimming Wellington or host Clubs in accordance with the SNZ Member Protection Policy. Club photographers should seek prior approval from the Meet organiser prior to the start of the meet, as per the Swimming Wellington Photography Policy.
7. Para swimmers are eligible to compete at this meet and shall compete under the IPC Swimming rules. Para swimmers must present their classification card to the Technical Director prior to commencement of the meet. There are no qualifying times for para swimmers (but a valid entry time must be submitted with all entries). Entries for para swimmers must be submitted manually to Events@swimwn.co.nz
8. Strapping on a swimmer is not permitted unless sighted by the Technical Director and supported by a Doctors/Physio certificate prior to the start of the meet

### **Club / Spectator information**

9. There will be no allocated seating for this meet.
10. Duty Club to provide the following
  - a. Refreshments (2)
  - b. Door (2)
  - c. Results (2)
11. Self-Marshalling will be in effect at this meet
12. Entry to the pool will be through the side entrance on Kilbirnie Crescent for All Swimmers, Team Managers, Officials and Coaches. Swimming Wellington pool entry passes must be shown upon entry. Coaches are to show their NZSCTA cards. Timekeepers and duty clubs are asked to sign in at the side entrance on Kilbirnie Crescent.
13. Spectator entry will be through the main entrance; Spectators entry fee will be \$3 and \$3 for a programme.
14. Entry (and programmes) for nominated Team Coaches & Team Managers will be; 1-10 Swimmers [2], 11-20 [4], 21-35+ [6]. Programmes for Team Managers & Coaches can be uplifted from the Recorders table alongside the AOD room.
15. All participating clubs will be required to provide technical officials for the meet. RTOP will send this request to clubs. Officials to bring own water bottle to meet.
16. The Organisers will not be liable for any loss or damage during the period of the meet.
17. The Organisers reserve the right to amend the program if necessary, and to restrict entries.

**Organisers on behalf of Wellington Swimming are – Angus Pashley: [Events@swimwn.co.nz](mailto:Events@swimwn.co.nz)**

**Technical Director – Greg Forsythe**

# QUALIFICATION TIMES



				Long Course				
Male					Female			
13/U	14yr	15yr	16/O		13/U	14yr	15yr	16/O
Freestyle								
30.65	29.45	29.25	28.75	50	32.05	31.85	31.75	31.70
1:06.60	1:04.70	1:04.50	1:02.40	100	1:09.90	1:09.65	1:09.60	1:08.55
2:26.40	2:22.40	2:20.90	2:16.40	200	2:32.40	2:30.40	2:29.95	2:27.70
5:07.15	4:56.80	4:55.70	4:48.95	400	5:21.80	5:15.80	5:13.80	5:11.50
Backstroke								
36.85	34.12	33.90	33.20	50	37.05	36.87	36.70	36.28
1:16.04	1:14.53	1:14.50	1:12.62	100	1:19.77	1:18.98	1:18.58	1:17.67
2:44.73	2:39.46	2:39.06	2:36.52	200	2:52.24	2:49.33	2:48.56	2:46.75
Breaststroke								
39.94	38.93	38.61	37.97	50	41.96	41.51	41.40	40.69
1:27.16	1:24.55	1:23.81	1:22.36	100	1:30.75	1:30.47	1:30.38	1:28.30
3:09.03	3:02.71	3:01.51	2:58.24	200	3:16.69	3:15.52	3:14.67	3:09.61
Butterfly								
35.37	33.85	33.70	33.35	50	35.97	35.53	35.39	35.30
1:19.04	1:15.39	1:15.39	1:14.38	100	1:20.79	1:20.33	1:19.91	1:18.89
2:54.58	2:52.14	2:50.76	2:49.56	200	2:59.27	2:57.54	2:56.83	2:56.32
Medley								
2:57.70	2:52.94	2:51.40	2:49.16	200	3:04.34	3:01.02	3:01.02	2:58.90
6:19.98	6:09.49	6:08.10	6:02.79	400	6:31.41	6:27.65	6:25.62	6:21.80

Absolutely  
Positively  
Wellington  
Me Heke Ki Pōneke



*Huge thanks to all of our sponsors!! Without them none of this would be possible*