

**Tawa Swimming Club**  
**P O Box 51 207 Tawa Wellington**

**RECORDS Club L C Records**

**LC Meters-Female**

8 & U	50 Free	39.42	<b>8-Oct-89</b>	Emily Barnes		
	100 Free	1:31.70	<b>8-Sep-89</b>	Emily Barnes		
	200 Free	3:36.14	<b>12-Nov-89</b>	Emily Barnes		
	400 Free	10:00.00	<b>1-Jan-00</b>	Standard		
	50 Back	46.44	<b>23-Oct-99</b>	Michaela Watson		
	100 Back	1:40.27	<b>16-Jan-98</b>	Madeleine White		
	50 Breast	55.70	<b>11-Aug-01</b>	Alexandra Tennant		
	100 Breast	2:00.31	<b>23-Jan-94</b>	Nicola Johns		
	200 Breast	6:00.00	<b>1-Jan-00</b>	Standard		
	50 Fly	55.00	<b>12-Sep-15</b>	Keira B. Rolston-Larking		
	200 IM	6:00.00	<b>1-Jan-00</b>	Standard		
	9-9	50 Free	34.74	<b>10-Jul-93</b>	Kiri Smiler	
100 Free		1:18.42	<b>19-Jun-93</b>	Kiri Smiler		
200 Free		2:52.77	<b>29-May-93</b>	Kiri Smiler		
400 Free		6:47.49	<b>4-Nov-89</b>	Rebecca Boston		
800 Free		14:06.58	<b>5-Nov-89</b>	Rebecca Boston		
1500 Free		30:00.00	<b>1-Jan-00</b>	Standard		
50 Back		41.53	<b>19-Jun-93</b>	Kiri Smiler		
100 Back		1:26.42	<b>10-Jul-93</b>	Kiri Smiler		
200 Back		3:20.97	<b>1-Jun-91</b>	Hilary Todd		
50 Breast		44.78	<b>28-Jan-06</b>	Jenny Kim		
100 Breast		1:37.89	<b>18-Feb-06</b>	Jenny Kim		
200 Breast		3:44.35	<b>23-Nov-13</b>	Renee Luo		
50 Fly		40.40	<b>14-Feb-14</b>	Renee Luo		
100 Fly		1:35.20	<b>12-Sep-15</b>	Charlotte E Gibbs		
200 IM		3:09.46	<b>19-Jun-93</b>	Kiri Smiler		
400 IM		7:56.32	<b>5-Nov-89</b>	Rebecca Boston		
10-10		50 Free	30.86	<b>15-Jun-13</b>	Danika Viskovic	Wellington Record
	100 Free	1:11.73	<b>7-Jul-92</b>	Hilary Todd		
	200 Free	2:33.95	<b>16-Jan-15</b>	Jenna R. Rolston-Larking		
	400 Free	5:26.59	<b>16-Jan-15</b>	Jenna R. Rolston-Larking		
	800 Free	13:00.28	<b>30-Aug-90</b>	Marion Walls		
	1500 Free	35:00.00	<b>1-Jan-00</b>	Standard		
	50 Back	37.96	<b>19-Jul-13</b>	Danika Viskovic		
	100 Back	1:21.87	<b>21-Jan-94</b>	Kiri Smiler		
	200 Back	2:49.48	<b>14-May-94</b>	Kiri Smiler		
	50 Breast	41.58	<b>16-Jan-15</b>	Renee Luo		
	100 Breast	1:30.66	<b>18-Feb-07</b>	Jenny Kim		
	200 Breast	3:15.53	<b>16-Feb-13</b>	Danika Viskovic		
	50 Fly	33.33	<b>18-Oct-14</b>	Jenna R. Rolston-Larking	Wellington Record	
	100 Fly	1:13.58	<b>16-Jan-15</b>	Jenna R. Rolston-Larking	Wellington Record	
	200 Fly	2:49.25	<b>16-Jan-15</b>	Jenna R. Rolston-Larking		
	200 IM	2:52.64	<b>16-Jan-15</b>	Jenna R. Rolston-Larking		
	400 IM	6:02.58	<b>18-Jun-94</b>	Kiri Smiler		
	11-11	50 Free	30.34	<b>14-Feb-14</b>	Danika Viskovic	
		100 Free	1:06.64	<b>19-Jun-93</b>	Hilary Todd	
200 Free		2:24.68	<b>21-Feb-93</b>	Hilary Todd		
400 Free		5:15.39	<b>22-Jan-16</b>	Jenna R. Rolston-Larking		
800 Free		10:39.48	<b>22-Jan-16</b>	Jenna R. Rolston-Larking		
1500 Free		24:28.19	<b>20-Jan-95</b>	Clare Fraser		
50 Back		34.21	<b>11-Jul-14</b>	Danika Viskovic		

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**P O Box 51 207 Tawa Wellington**

**RECORDS Club L C Records**

11-11	100 Back	1:13.81	<b>11-Jul-14</b>	Danika Viskovic		
	200 Back	2:36.27	<b>10-Jul-93</b>	Hilary Todd	Wellington Record also	
	50 Breast	39.87	<b>11-Jul-14</b>	Danika Viskovic		
	100 Breast	1:27.09	<b>7-Dec-91</b>	Michelle Bloor		
	200 Breast	3:06.06	<b>11-Jul-14</b>	Danika Viskovic		
	50 Fly	32.26	<b>22-Jan-16</b>	Jenna R. Rolston-Larking		
	100 Fly	1:11.97	<b>22-Jan-16</b>	Jenna R. Rolston-Larking		
	200 Fly	2:44.59	<b>22-Jan-16</b>	Jenna R. Rolston-Larking		
	200 IM	2:41.26	<b>19-Jun-93</b>	Hilary Todd		
400 IM	5:47.14	<b>11-Jul-14</b>	Danika Viskovic			
12-12	50 Free	29.36	<b>20-Feb-15</b>	Danika Viskovic		
	100 Free	1:03.59	<b>17-Feb-94</b>	Hilary Todd		
	200 Free	2:16.83	<b>22-Jan-94</b>	Hilary Todd		
	400 Free	4:48.62	<b>17-Feb-94</b>	Hilary Todd		
	800 Free	10:08.84	<b>20-Jan-17</b>	Jenna R. Rolston-Larking		
	1500 Free	30:00.00	<b>1-Jan-00</b>	Standard		
	50 Back	32.02	<b>13-Feb-99</b>	Deborah Kilkelly	Wellington Record also	
	100 Back	1:09.49	<b>14-Feb-99</b>	Deborah Kilkelly	Wellington Record also	
	200 Back	2:29.11	<b>17-Feb-94</b>	Hilary Todd	Wellington Record also	
	50 Breast	37.79	<b>20-Feb-15</b>	Danika Viskovic		
	100 Breast	1:23.31	<b>20-Jan-17</b>	Jenna R. Rolston-Larking		
	200 Breast	3:01.61	<b>25-Nov-16</b>	Jenna R. Rolston-Larking		
	50 Fly	30.45	<b>20-Jan-17</b>	Jenna R. Rolston-Larking	Wellington Record	
	100 Fly	1:07.08	<b>20-Jan-17</b>	Jenna R. Rolston-Larking		
	200 Fly	2:29.25	<b>25-Nov-16</b>	Jenna R. Rolston-Larking	Wellington Record	
	200 IM	2:35.09	<b>18-Feb-94</b>	Hilary Todd		
	400 IM	5:18.25	<b>12-Mar-94</b>	Hilary Todd	Wellington Record also	
13-13	50 Free	29.22	<b>9-Sep-16</b>	Cerys B. Lewis		
	100 Free	1:02.93	<b>22-Jan-95</b>	Hilary Todd		
	200 Free	2:15.86	<b>23-Jan-95</b>	Hilary Todd		
	400 Free	4:39.98	<b>21-Jan-95</b>	Hilary Todd		
	800 Free	9:28.41	<b>21-Jan-95</b>	Hilary Todd		
	1500 Free	18:12.64	<b>23-Jan-95</b>	Hilary Todd		
	50 Back	31.59	<b>10-Mar-99</b>	Deborah Kilkelly		
	100 Back	1:07.11	<b>11-Mar-99</b>	Deborah Kilkelly		
	200 Back	2:29.97	<b>24-Mar-99</b>	Deborah Kilkelly		
	50 Breast	35.30	<b>10-Mar-99</b>	Nicola Johns		
	100 Breast	1:18.22	<b>13-Mar-99</b>	Nicola Johns		
	200 Breast	2:49.66	<b>12-Mar-99</b>	Nicola Johns		
	50 Fly	30.15	<b>3-Apr-17</b>	Jenna R. Rolston-Larking		
	100 Fly	1:05.88	<b>3-Apr-17</b>	Jenna R. Rolston-Larking		
	200 Fly	2:26.44	<b>20-Jan-95</b>	Hilary Todd		
	200 IM	2:32.61	<b>23-Jan-95</b>	Hilary Todd		
	400 IM	5:11.28	<b>22-Jan-95</b>	Hilary Todd	Wellington Record also	
	14-14	50 Free	29.37	<b>9-Sep-16</b>	Danika P. Viskovic	
		100 Free	1:03.92	<b>5-Nov-16</b>	Cerys B. Lewis	
200 Free		2:19.23	<b>19-Jan-87</b>	Deborah Quinn		
400 Free		4:41.59	<b>17-Feb-94</b>	Jolene Wightman		
800 Free		9:58.07	<b>4-Mar-11</b>	Ellen J. Van Looy		
1500 Free		18:18.87	<b>6-Apr-94</b>	Jolene Wightman		
50 Back		32.27	<b>18-Jul-92</b>	Clare Todd		
100 Back		1:08.93	<b>17-Feb-94</b>	Jolene Wightman		
200 Back		2:25.97	<b>2-Apr-94</b>	Jolene Wightman		

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**RECORDS Club L C Records**

14-14	50 Breast	35.30	<b>14-Aug-99</b>	Nicola Johns
	100 Breast	1:18.41	<b>26-Jun-99</b>	Nicola Johns
	200 Breast	2:48.65	<b>23-Oct-99</b>	Nicola Johns
	50 Fly	31.26	<b>21-Jan-11</b>	Ellen J. Van Looy
	100 Fly	1:09.38	<b>6-Sep-13</b>	Katie N. Trott
	200 Fly	2:28.56	<b>26-Feb-13</b>	Katie N. Trott
	200 IM	2:32.89	<b>13-Feb-16</b>	Chelsea A. Parker
	400 IM	5:23.80	<b>22-Jan-16</b>	Chelsea A. Parker
15-15	50 Free	29.13	<b>25-Jul-09</b>	Megan Blair
	100 Free	1:03.20	<b>22-Jan-95</b>	Lisa Cummack
	200 Free	2:14.21	<b>18-Feb-95</b>	Lisa Cummack
	400 Free	4:40.09	<b>17-Feb-95</b>	Jolene Wightman
	800 Free	9:29.60	<b>23-Jan-95</b>	Jolene Wightman
	1500 Free	18:13.22	<b>23-Jan-95</b>	Jolene Wightman
	50 Back	32.12	<b>25-Nov-17</b>	Elisia Wong
	100 Back	1:09.33	<b>17-Mar-97</b>	Clare Todd
	200 Back	2:27.64	<b>18-Feb-95</b>	Jolene Wightman
	50 Breast	36.58	<b>20-Jan-17</b>	Chelsea A. Parker
	100 Breast	1:19.19	<b>21-Mar-17</b>	Chelsea A. Parker
	200 Breast	2:52.03	<b>21-Mar-17</b>	Chelsea A. Parker
	50 Fly	30.63	<b>29-Apr-14</b>	Katie N. Trott
	100 Fly	1:06.61	<b>29-Apr-14</b>	Katie N. Trott
	200 Fly	2:24.01	<b>8-Apr-14</b>	Katie N. Trott
	200 IM	2:31.10	<b>23-Jan-95</b>	Lisa Cummack
	400 IM	5:17.59	<b>16-Feb-95</b>	Lisa Cummack
16-16	50 Free	29.08	<b>20-Jan-12</b>	Nicola S. Trott
	100 Free	1:03.12	<b>18-Jan-96</b>	Lisa Cummack
	200 Free	2:08.89	<b>6-Mar-12</b>	Nicola S. Trott
	400 Free	4:35.18	<b>22-Mar-95</b>	Lisa Cummack
	800 Free	9:37.16	<b>16-Jan-15</b>	Katie N. Trott
	1500 Free	19:15.54	<b>18-Jan-96</b>	Jolene Wightman
	50 Back	32.16	<b>20-Jan-12</b>	Nicola S. Trott
	100 Back	1:09.46	<b>13-Mar-91</b>	Phaedra Wilson
	200 Back	2:30.00	<b>6-Mar-12</b>	Nicola S. Trott
	50 Breast	37.49	<b>18-Oct-08</b>	Jessie du Preez
	100 Breast	1:21.74	<b>25-Nov-17</b>	Chelsea A. Parker
	200 Breast	2:54.67	<b>25-Nov-17</b>	Chelsea A. Parker
	50 Fly	29.96	<b>20-Jan-12</b>	Nicola S. Trott
	100 Fly	1:06.72	<b>5-May-15</b>	Katie N. Trott
	200 Fly	2:26.94	<b>5-May-15</b>	Katie N. Trott
	200 IM	2:28.98	<b>6-Mar-12</b>	Nicola S. Trott
	400 IM	5:18.38	<b>22-Feb-91</b>	Phaedra Wilson
17 & O	50 Free	29.89	<b>6-Sep-92</b>	Kirsten Norton
	100 Free	1:03.57	<b>6-Jul-96</b>	Lisa Cummack
	200 Free	2:11.53	<b>26-Feb-13</b>	Nicola S. Trott
	400 Free	4:41.14	<b>7-Dec-13</b>	Nicola S. Trott
	800 Free	9:43.80	<b>8-Dec-12</b>	Nicola S. Trott
	1500 Free	18:46.99	<b>16-Jan-15</b>	Rachel L. Smart
	50 Back	32.24	<b>26-Feb-13</b>	Nicola S. Trott
	100 Back	1:10.13	<b>18-Jan-13</b>	Nicola S. Trott
	200 Back	2:33.30	<b>7-Dec-13</b>	Nicola S. Trott
	50 Breast	36.27	<b>26-Feb-13</b>	Nicola S. Trott
	100 Breast	1:21.43	<b>18-Jan-13</b>	Nicola S. Trott

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**P O Box 51 207 Tawa Wellington**

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**RECORDS Club L C Records**

17 & O	200 Breast	2:58.90	<b>22-Nov-14</b>	Rachel L. Smart
	50 Fly	30.09	<b>18-Jan-13</b>	Nicola S. Trott
	100 Fly	1:04.98	<b>26-Feb-13</b>	Nicola S. Trott
	200 Fly	2:25.61	<b>8-Apr-14</b>	Rachel L. Smart
	200 IM	2:27.32	<b>26-Feb-13</b>	Nicola S. Trott
	400 IM	5:16.88	<b>26-Feb-13</b>	Nicola S. Trott
Open	50 Free	29.08	<b>20-Jan-12</b>	Nicola S. Trott
	100 Free	1:03.12	<b>18-Jan-96</b>	Lisa Cummack
	200 Free	2:08.89	<b>6-Mar-12</b>	Nicola S. Trott
	400 Free	4:35.18	<b>22-Mar-95</b>	Lisa Cummack
	800 Free	9:28.41	<b>21-Jan-95</b>	Hilary Todd
	1500 Free	18:12.64	<b>20-Jan-95</b>	Hilary Todd
	50 Back	31.59	<b>10-Mar-99</b>	Deborah Kilkelly
	100 Back	1:07.11	<b>11-Mar-99</b>	Deborah Kilkelly
	200 Back	2:25.97	<b>2-Apr-94</b>	Jolene Wightman
	50 Breast	35.30	<b>14-Aug-99</b>	Nicola Johns
	100 Breast	1:18.22	<b>10-Mar-99</b>	Nicola Johns
	200 Breast	2:48.65	<b>23-Oct-99</b>	Nicola Johns
	50 Fly	29.96	<b>20-Jan-12</b>	Nicola S. Trott
	100 Fly	1:04.98	<b>26-Feb-13</b>	Nicola S. Trott
	200 Fly	2:24.01	<b>8-Apr-14</b>	Katie N. Trott
	200 IM	2:27.32	<b>26-Feb-13</b>	Nicola S. Trott
	400 IM	5:11.28	<b>22-Jan-95</b>	Hilary Todd

**Tawa Swimming Club  
P O Box 51 207 Tawa Wellington**

**RECORDS Club L C Records**

**LC Meters-Male**

8 & U	50 Free	37.30	<b>20-Oct-01</b>	Mitchell Logan	
	100 Free	1:20.45	<b>19-Nov-88</b>	Roger Barnes	
	200 Free	2:52.18	<b>10-Sep-88</b>	Roger Barnes	
	400 Free	6:09.26	<b>9-Sep-88</b>	Roger Barnes	
	50 Back	46.05	<b>9-Nov-02</b>	Thomas McCarthy	
	100 Back	1:36.94	<b>19-Nov-88</b>	Roger Barnes	
	50 Breast	51.68	<b>18-Jan-02</b>	Hayden Rice	
	100 Breast	1:51.91	<b>9-Sep-88</b>	Roger Barnes	
	200 Breast	3:55.81	<b>11-Sep-88</b>	Roger Barnes	
	50 Fly	41.13	<b>19-Jan-91</b>	Gareth Woodward	
	200 IM	3:31.02	<b>10-Sep-88</b>	Roger Barnes	
	9-9	50 Free	33.86	<b>9-Sep-89</b>	Roger Barnes
100 Free		1:13.91	<b>21-Oct-89</b>	Roger Barnes	
200 Free		2:46.21	<b>12-Nov-89</b>	Roger Barnes	
400 Free		5:41.12	<b>4-Nov-89</b>	Roger Barnes	
800 Free		12:00.08	<b>5-Nov-89</b>	Roger Barnes	
1500 Free		22:45.02	<b>5-Nov-89</b>	Roger Barnes	
50 Back		39.43	<b>18-Feb-12</b>	Joel Crampton	
100 Back		1:23.80	<b>24-Jul-82</b>	Richard Grant	
200 Back		3:06.63	<b>6-Jul-96</b>	Damian Braddock	
50 Breast		46.81	<b>11-Mar-89</b>	Roger Barnes	
100 Breast		1:40.17	<b>20-Nov-93</b>	Shaun Murdoch	
200 Breast		3:52.48	<b>24-Jun-95</b>	Jared Morris-Jenkins	
50 Fly		36.47	<b>18-Feb-12</b>	Joel Crampton	
100 Fly		1:28.38	<b>18-Feb-12</b>	Joel Crampton	
200 IM		3:18.14	<b>10-Sep-89</b>	Roger Barnes	
400 IM		6:53.04	<b>5-Nov-89</b>	Roger Barnes	
10-10		50 Free	32.16	<b>16-Feb-13</b>	Joel Crampton
	100 Free	1:10.54	<b>21-Oct-90</b>	Roger Barnes	
	200 Free	2:35.17	<b>23-Jan-95</b>	Shaun Murdoch	
	400 Free	5:20.31	<b>3-Nov-90</b>	Roger Barnes	
	800 Free	11:12.59	<b>4-Nov-90</b>	Roger Barnes	
	1500 Free	21:31.40	<b>4-Nov-90</b>	Roger Barnes	
	50 Back	35.98	<b>20-Oct-12</b>	Joel Crampton	
	100 Back	1:18.37	<b>16-Feb-13</b>	Joel Crampton	
	200 Back	2:47.93	<b>16-Feb-13</b>	Joel Crampton	
	50 Breast	44.34	<b>16-Feb-08</b>	Callum Sinclair	
	100 Breast	1:31.59	<b>15-Feb-97</b>	Jared Morris-Jenkins	
	200 Breast	3:22.49	<b>17-Jan-97</b>	Jared Morris-Jenkins	
	50 Fly	33.00	<b>16-Feb-13</b>	Joel Crampton	Wellington Record Also
	100 Fly	1:13.58	<b>16-Feb-13</b>	Joel Crampton	Wellington Record Also
	200 Fly	2:47.78	<b>16-Feb-13</b>	Joel Crampton	
	200 IM	2:55.06	<b>18-Jan-13</b>	Joel Crampton	
	400 IM	6:16.17	<b>3-Nov-90</b>	Roger Barnes	
	11-11	50 Free	28.52	<b>14-Feb-14</b>	Jack Plummer
100 Free		1:03.34	<b>14-Feb-14</b>	Jack Plummer	Wellington Record
200 Free		2:18.13	<b>17-Jan-14</b>	Jack Plummer	Wellington Record
400 Free		5:06.03	<b>17-Jan-14</b>	Jack Plummer	
800 Free		10:44.88	<b>2-Nov-91</b>	Roger Barnes	
1500 Free		20:32.53	<b>30-Aug-91</b>	Roger Barnes	
50 Back		33.52	<b>14-Feb-14</b>	Joel Crampton	

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**RECORDS Club L C Records**

11-11	100 Back	1:12.31	<b>14-Feb-14</b>	Joel Crampton	
	200 Back	2:35.01	<b>14-Feb-14</b>	Joel Crampton	Wellington Record
	50 Breast	36.23	<b>14-Feb-14</b>	Jack Plummer	Wellington Record
	100 Breast	1:20.85	<b>14-Feb-14</b>	Jack Plummer	Wellington Record
	200 Breast	3:00.51	<b>14-Feb-14</b>	Jack Plummer	
	50 Fly	31.40	<b>14-Feb-14</b>	Joel Crampton	Wellington Record
	100 Fly	1:07.81	<b>14-Feb-14</b>	Joel Crampton	Wellington Record
	200 Fly	2:27.61	<b>14-Feb-14</b>	Joel Crampton	Wellington Record
	200 IM	2:36.71	<b>14-Feb-14</b>	Jack Plummer	
400 IM	5:47.44	<b>17-Jan-14</b>	Joel Crampton		
12-12	50 Free	28.17	<b>16-Jan-15</b>	Jack Plummer	
	100 Free	1:02.30	<b>16-Jan-15</b>	Jack Plummer	
	200 Free	2:15.98	<b>16-Jan-15</b>	Jack Plummer	
	400 Free	4:49.16	<b>20-Jan-07</b>	Thomas McCarthy	
	800 Free	10:17.31	<b>17-Nov-07</b>	Kyle Barnes	
	1500 Free	19:29.97	<b>11-Nov-06</b>	Nicholas Gillum	
	50 Back	33.08	<b>20-Feb-15</b>	Joel Crampton	
	100 Back	1:11.44	<b>16-Jan-15</b>	Joel Crampton	
	200 Back	2:34.44	<b>20-Feb-15</b>	Joel Crampton	
	50 Breast	36.66	<b>16-Jan-15</b>	Jack Plummer	
	100 Breast	1:19.89	<b>20-Feb-10</b>	Callum Sinclair	
	200 Breast	2:51.73	<b>20-Feb-10</b>	Callum Sinclair	
	50 Fly	30.00	<b>20-Feb-15</b>	Joel Crampton	also Wellington Record
	100 Fly	1:06.26	<b>20-Feb-15</b>	Joel Crampton	also wellington Record
	200 Fly	2:24.30	<b>20-Feb-15</b>	Joel Crampton	also wellington record
200 IM	2:35.76	<b>22-Jan-07</b>	Thomas McCarthy		
400 IM	5:27.33	<b>20-Feb-15</b>	Joel Crampton		
13-13	50 Free	27.95	<b>11-Nov-06</b>	Mitchell Logan	
	100 Free	1:00.16	<b>16-Jan-09</b>	Kyle Barnes	
	200 Free	2:10.20	<b>18-Jan-08</b>	Thomas McCarthy	
	400 Free	4:26.48	<b>1-Mar-11</b>	Callum Sinclair	
	800 Free	8:59.40	<b>18-Apr-11</b>	Callum Sinclair	Wellington Record also
	1500 Free	17:28.08	<b>21-Jan-11</b>	Callum Sinclair	Wellington Record also
	50 Back	31.84	<b>11-Nov-06</b>	Mitchell G. Logan	
	100 Back	1:10.28	<b>21-Feb-86</b>	Richard Grant	
	200 Back	2:32.39	<b>11-Sep-15</b>	Joel Crampton	
	50 Breast	33.06	<b>2-Mar-11</b>	Callum Sinclair	
	100 Breast	1:10.96	<b>18-Apr-11</b>	Callum Sinclair	Wellington Record also
	200 Breast	2:28.54	<b>18-Apr-11</b>	Callum Sinclair	Wellington and NZ Record
	50 Fly	29.40	<b>22-Jan-16</b>	Joel Crampton	
	100 Fly	1:04.84	<b>22-Jan-16</b>	Joel Crampton	
	200 Fly	2:21.35	<b>5-May-15</b>	Joel Crampton	Wellington Record Also
	200 IM	2:18.43	<b>1-Mar-11</b>	Callum Sinclair	
	400 IM	4:52.00	<b>3-Mar-11</b>	Callum Sinclair	Wellington Record also
	14-14	50 Free	25.72	<b>13-Feb-10</b>	Kyle Barnes
100 Free		55.70	<b>25-Jan-10</b>	Kyle Barnes	
200 Free		2:03.89	<b>24-Jan-10</b>	Kyle Barnes	
400 Free		4:17.93	<b>6-Mar-12</b>	Callum Sinclair	
800 Free		9:06.19	<b>22-Jan-10</b>	Kyle Barnes	
1500 Free		17:08.96	<b>22-Jan-10</b>	Kyle Barnes	
50 Back		30.77	<b>10-Mar-99</b>	Stefan Krawczyk	
100 Back		1:06.30	<b>10-Mar-99</b>	Stefan Krawczyk	
200 Back		2:26.99	<b>7-Nov-09</b>	Kyle Barnes	

**Tawa Swimming Club**  
**P O Box 51 207 Tawa Wellington**

**RECORDS Club L C Records**

14-14	50 Breast	32.70	<b>18-Aug-95</b>	Jarrold Brown	
	100 Breast	1:09.69	<b>10-Dec-11</b>	Callum Sinclair	
	200 Breast	2:27.53	<b>6-Mar-12</b>	Callum Sinclair	
	50 Fly	28.64	<b>24-Feb-17</b>	Joel Crampton	
	100 Fly	1:02.21	<b>20-Jan-17</b>	Joel Crampton	
	200 Fly	2:15.18	<b>11-Feb-17</b>	Joel Crampton	
	200 IM	2:16.82	<b>9-Apr-12</b>	Callum Sinclair	
	400 IM	4:44.33	<b>6-Mar-12</b>	Callum Sinclair	Wellington Record also
15-15	50 Free	25.00	<b>9-Dec-10</b>	Kyle Barnes	
	100 Free	54.13	<b>21-Jan-11</b>	Kyle Barnes	Wellington Record also
	200 Free	2:00.70	<b>9-Dec-10</b>	Kyle Barnes	
	400 Free	4:14.65	<b>17-Mar-13</b>	Callum Sinclair	
	800 Free	8:53.13	<b>26-Feb-13</b>	Callum Sinclair	
	1500 Free	16:53.89	<b>26-Feb-13</b>	Callum Sinclair	
	50 Back	30.44	<b>29-Apr-14</b>	Justin Roberts	
	100 Back	1:04.57	<b>10-Dec-17</b>	Joel Crampton	
	200 Back	2:19.10	<b>23-Jan-95</b>	Liam McElwee	
	50 Breast	32.19	<b>2-Mar-96</b>	Jarrold Brown	
	100 Breast	1:08.68	<b>7-Apr-96</b>	Jarrold Brown	Wellington Record also
	200 Breast	2:28.58	<b>18-Dec-12</b>	Callum Sinclair	
	50 Fly	27.94	<b>21-Jan-11</b>	Kyle Barnes	
	100 Fly	1:00.40	<b>23-Oct-89</b>	Gary Sundgren	
	200 Fly	2:10.92	<b>22-Oct-89</b>	Gary Sundgren	
	200 IM	2:15.25	<b>26-Feb-13</b>	Callum Sinclair	
	400 IM	4:44.05	<b>17-Nov-12</b>	Callum Sinclair	
	16-16	50 Free	24.50	<b>5-Mar-11</b>	Kyle Barnes
100 Free		54.21	<b>3-Mar-11</b>	Kyle Barnes	
200 Free		1:57.75	<b>5-Mar-10</b>	Nick Gillum	
400 Free		4:08.03	<b>3-Mar-10</b>	Nick Gillum	
800 Free		8:52.27	<b>22-Jan-10</b>	Nick Gillum	
1500 Free		16:15.74	<b>6-Mar-10</b>	Nick Gillum	
50 Back		29.88	<b>22-Jan-16</b>	Louis C. Regnault	
100 Back		1:02.88	<b>18-Apr-16</b>	Louis C. Regnault	
200 Back		2:12.60	<b>21-Oct-90</b>	Craig Ford	
50 Breast		30.77	<b>18-Feb-94</b>	Alan Waters	
100 Breast		1:08.12	<b>2-Apr-97</b>	Jarrold Brown	
200 Breast		2:25.57	<b>6-Jan-97</b>	Jarrold Brown	
50 Fly		27.54	<b>5-May-15</b>	Justin Roberts	
100 Fly		58.93	<b>31-Aug-90</b>	Gary Sundgren	
200 Fly		2:05.18	<b>18-Apr-90</b>	Gary Sundgren	Wellington Record also
200 IM		2:08.42	<b>21-Oct-90</b>	Craig Ford	Wellington Record also
400 IM		4:33.40	<b>22-Oct-90</b>	Craig Ford	Wellington Record also
17 & O		50 Free	24.75	<b>10-Sep-92</b>	Andrew Harland
	100 Free	53.76	<b>6-Sep-92</b>	Andrew Harland	
	200 Free	1:56.01	<b>24-Feb-91</b>	Gary Sundgren	
	400 Free	4:05.50	<b>2-Mar-11</b>	Nick Gillum	
	800 Free	8:25.37	<b>6-Apr-94</b>	Gary Sundgren	
	1500 Free	16:19.39	<b>25-Mar-95</b>	Gary Sundgren	
	50 Back	27.56	<b>15-Mar-91</b>	Craig Ford	
	100 Back	59.74	<b>14-Mar-91</b>	Craig Ford	
	200 Back	2:17.63	<b>21-Mar-17</b>	Louis C. Regnault	
	50 Breast	30.17	<b>4-Apr-98</b>	Sean Gardiner	Wellington Record also
	100 Breast	1:06.21	<b>3-Apr-98</b>	Sean Gardiner	Wellington Record also

**Tawa Swimming Club**  
**P O Box 51 207 Tawa Wellington**

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**RECORDS Club L C Records**

17 & O	200 Breast	2:25.00	<b>10-Mar-99</b>	Jarrold Brown	
	50 Fly	26.37	<b>14-Mar-91</b>	Craig Ford	
	100 Fly	57.86	<b>15-Mar-91</b>	Craig Ford	
	200 Fly	2:03.33	<b>13-Mar-91</b>	Gary Sundgren	Wellington Record also
	200 IM	2:09.46	<b>23-Feb-91</b>	Craig Ford	
	400 IM	4:33.75	<b>21-Feb-91</b>	Craig Ford	Wellington Record also
Open	50 Free	24.50	<b>5-Mar-11</b>	Kyle Barnes	
	100 Free	53.76	<b>6-Sep-92</b>	Andrew Harland	
	200 Free	1:56.01	<b>24-Feb-91</b>	Gary Sundgren	
	400 Free	4:05.50	<b>2-Mar-11</b>	Nick Gillum	
	800 Free	8:25.37	<b>6-Apr-94</b>	Gary Sundgren	
	1500 Free	16:15.74	<b>6-Mar-10</b>	Nick Gillum	
	50 Back	27.56	<b>15-Mar-91</b>	Craig Ford	
	100 Back	59.74	<b>14-Mar-91</b>	Craig Ford	
	200 Back	2:12.60	<b>21-Oct-90</b>	Craig Ford	
	50 Breast	30.17	<b>4-Apr-98</b>	Sean Gardiner	
	100 Breast	1:06.21	<b>3-Apr-98</b>	Sean Gardiner	Wellington Record also
	200 Breast	2:25.00	<b>10-Mar-99</b>	Jarrold Brown	
	50 Fly	26.37	<b>14-Mar-91</b>	Craig Ford	
	100 Fly	57.86	<b>15-Mar-91</b>	Craig Ford	
	200 Fly	2:03.33	<b>13-Mar-91</b>	Gary Sundgren	
	200 IM	2:08.42	<b>21-Oct-90</b>	Carig Ford	
	400 IM	4:33.40	<b>22-Oct-90</b>	Craig Ford	