

Tawa Swimming Club
P O Box 51 207 Tawa Wellington

RECORDS Club L C Records

LC Meters-Female

8 & U	50 Free	39.42	8-Oct-89	Emily Barnes		
	100 Free	1:31.70	8-Sep-89	Emily Barnes		
	200 Free	3:36.14	12-Nov-89	Emily Barnes		
	400 Free	10:00.00	1-Jan-00	Standard		
	50 Back	46.44	23-Oct-99	Michaela Watson		
	100 Back	1:40.27	16-Jan-98	Madeleine White		
	50 Breast	55.70	11-Aug-01	Alexandra Tennant		
	100 Breast	2:00.31	23-Jan-94	Nicola Johns		
	200 Breast	6:00.00	1-Jan-00	Standard		
	50 Fly	55.00	12-Sep-15	Keira B. Rolston-Larking		
	200 IM	6:00.00	1-Jan-00	Standard		
	9-9	50 Free	34.74	10-Jul-93	Kiri Smiler	
100 Free		1:18.42	19-Jun-93	Kiri Smiler		
200 Free		2:52.77	29-May-93	Kiri Smiler		
400 Free		6:47.49	4-Nov-89	Rebecca Boston		
800 Free		14:06.58	5-Nov-89	Rebecca Boston		
1500 Free		30:00.00	1-Jan-00	Standard		
50 Back		41.53	19-Jun-93	Kiri Smiler		
100 Back		1:26.42	10-Jul-93	Kiri Smiler		
200 Back		3:20.97	1-Jun-91	Hilary Todd		
50 Breast		44.78	28-Jan-06	Jenny Kim		
100 Breast		1:37.89	18-Feb-06	Jenny Kim		
200 Breast		3:44.35	23-Nov-13	Renee Luo		
50 Fly		40.40	14-Feb-14	Renee Luo		
100 Fly		1:35.20	12-Sep-15	Charlotte E Gibbs		
200 IM		3:09.46	19-Jun-93	Kiri Smiler		
400 IM		7:56.32	5-Nov-89	Rebecca Boston		
10-10		50 Free	30.86	15-Jun-13	Danika Viskovic	Wellington Record
		100 Free	1:11.73	7-Jul-92	Hilary Todd	
	200 Free	2:33.95	16-Jan-15	Jenna R. Rolston-Larking		
	400 Free	5:26.59	16-Jan-15	Jenna R. Rolston-Larking		
	800 Free	13:00.28	30-Aug-90	Marion Walls		
	1500 Free	35:00.00	1-Jan-00	Standard		
	50 Back	37.96	19-Jul-13	Danika Viskovic		
	100 Back	1:21.87	21-Jan-94	Kiri Smiler		
	200 Back	2:49.48	14-May-94	Kiri Smiler		
	50 Breast	41.58	16-Jan-15	Renee Luo		
	100 Breast	1:30.66	18-Feb-07	Jenny Kim		
	200 Breast	3:15.53	16-Feb-13	Danika Viskovic		
	50 Fly	33.33	18-Oct-14	Jenna R. Rolston-Larking	Wellington Record	
	100 Fly	1:13.58	16-Jan-15	Jenna R. Rolston-Larking	Wellington Record	
	200 Fly	2:49.25	16-Jan-15	Jenna R. Rolston-Larking		
	200 IM	2:52.64	16-Jan-15	Jenna R. Rolston-Larking		
	400 IM	6:02.58	18-Jun-94	Kiri Smiler		
	11-11	50 Free	30.34	14-Feb-14	Danika Viskovic	
100 Free		1:06.64	19-Jun-93	Hilary Todd		
200 Free		2:24.68	21-Feb-93	Hilary Todd		
400 Free		5:15.39	22-Jan-16	Jenna R. Rolston-Larking		
800 Free		10:39.48	22-Jan-16	Jenna R. Rolston-Larking		
1500 Free		24:28.19	20-Jan-95	Clare Fraser		
50 Back		34.21	11-Jul-14	Danika Viskovic		

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11-11	100 Back	1:13.81	11-Jul-14	Danika Viskovic		
	200 Back	2:36.27	10-Jul-93	Hilary Todd	Wellington Record also	
	50 Breast	39.87	11-Jul-14	Danika Viskovic		
	100 Breast	1:27.09	7-Dec-91	Michelle Bloor		
	200 Breast	3:06.06	11-Jul-14	Danika Viskovic		
	50 Fly	32.26	22-Jan-16	Jenna R. Rolston-Larking		
	100 Fly	1:11.97	22-Jan-16	Jenna R. Rolston-Larking		
	200 Fly	2:44.59	22-Jan-16	Jenna R. Rolston-Larking		
	200 IM	2:41.26	19-Jun-93	Hilary Todd		
400 IM	5:47.14	11-Jul-14	Danika Viskovic			
12-12	50 Free	29.36	20-Feb-15	Danika Viskovic		
	100 Free	1:03.59	17-Feb-94	Hilary Todd		
	200 Free	2:16.83	22-Jan-94	Hilary Todd		
	400 Free	4:48.62	17-Feb-94	Hilary Todd		
	800 Free	10:08.84	20-Jan-17	Jenna R. Rolston-Larking		
	1500 Free	30:00.00	1-Jan-00	Standard		
	50 Back	32.02	13-Feb-99	Deborah Kilkelly	Wellington Record also	
	100 Back	1:09.49	14-Feb-99	Deborah Kilkelly	Wellington Record also	
	200 Back	2:29.11	17-Feb-94	Hilary Todd	Wellington Record also	
	50 Breast	37.79	20-Feb-15	Danika Viskovic		
	100 Breast	1:23.31	20-Jan-17	Jenna R. Rolston-Larking		
	200 Breast	3:01.61	25-Nov-16	Jenna R. Rolston-Larking		
	50 Fly	30.45	20-Jan-17	Jenna R. Rolston-Larking	Wellington Record	
	100 Fly	1:07.08	20-Jan-17	Jenna R. Rolston-Larking		
	200 Fly	2:29.25	25-Nov-16	Jenna R. Rolston-Larking	Wellington Record	
	200 IM	2:35.09	18-Feb-94	Hilary Todd		
	400 IM	5:18.25	12-Mar-94	Hilary Todd	Wellington Record also	
13-13	50 Free	29.22	9-Sep-16	Cerys B. Lewis		
	100 Free	1:02.93	22-Jan-95	Hilary Todd		
	200 Free	2:15.86	23-Jan-95	Hilary Todd		
	400 Free	4:39.98	21-Jan-95	Hilary Todd		
	800 Free	9:28.41	21-Jan-95	Hilary Todd		
	1500 Free	18:12.64	23-Jan-95	Hilary Todd		
	50 Back	31.59	10-Mar-99	Deborah Kilkelly		
	100 Back	1:07.11	11-Mar-99	Deborah Kilkelly		
	200 Back	2:29.97	24-Mar-99	Deborah Kilkelly		
	50 Breast	35.30	10-Mar-99	Nicola Johns		
	100 Breast	1:18.22	13-Mar-99	Nicola Johns		
	200 Breast	2:49.28	20-Jan-18	Jenna R. Rolston-Larking		
	50 Fly	30.15	3-Apr-17	Jenna R. Rolston-Larking		
	100 Fly	1:05.88	3-Apr-17	Jenna R. Rolston-Larking		
	200 Fly	2:26.44	20-Jan-95	Hilary Todd		
	200 IM	2:32.61	23-Jan-95	Hilary Todd		
	400 IM	5:11.28	22-Jan-95	Hilary Todd	Wellington Record also	
	14-14	50 Free	29.37	9-Sep-16	Danika P. Viskovic	
		100 Free	1:03.92	5-Nov-16	Cerys B. Lewis	
200 Free		2:19.23	19-Jan-87	Deborah Quinn		
400 Free		4:41.59	17-Feb-94	Jolene Wightman		
800 Free		9:58.07	4-Mar-11	Ellen J. Van Looy		
1500 Free		18:18.87	6-Apr-94	Jolene Wightman		
50 Back		32.27	18-Jul-92	Clare Todd		
100 Back		1:08.93	17-Feb-94	Jolene Wightman		
200 Back		2:25.97	2-Apr-94	Jolene Wightman		

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14-14	50 Breast	35.30	14-Aug-99	Nicola Johns
	100 Breast	1:18.41	26-Jun-99	Nicola Johns
	200 Breast	2:48.65	23-Oct-99	Nicola Johns
	50 Fly	31.26	21-Jan-11	Ellen J. Van Looy
	100 Fly	1:09.38	6-Sep-13	Katie N. Trott
	200 Fly	2:28.56	26-Feb-13	Katie N. Trott
	200 IM	2:32.89	13-Feb-16	Chelsea A. Parker
	400 IM	5:23.80	22-Jan-16	Chelsea A. Parker
15-15	50 Free	29.13	25-Jul-09	Megan Blair
	100 Free	1:03.20	22-Jan-95	Lisa Cummack
	200 Free	2:14.21	18-Feb-95	Lisa Cummack
	400 Free	4:40.09	17-Feb-95	Jolene Wightman
	800 Free	9:29.60	23-Jan-95	Jolene Wightman
	1500 Free	18:13.22	23-Jan-95	Jolene Wightman
	50 Back	31.91	2-Jul-18	Cerys B. Lewis
	100 Back	1:09.33	17-Mar-97	Clare Todd
	200 Back	2:27.64	18-Feb-95	Jolene Wightman
	50 Breast	36.58	20-Jan-17	Chelsea A. Parker
	100 Breast	1:19.19	21-Mar-17	Chelsea A. Parker
	200 Breast	2:52.03	21-Mar-17	Chelsea A. Parker
	50 Fly	30.63	29-Apr-14	Katie N. Trott
	100 Fly	1:06.61	29-Apr-14	Katie N. Trott
	200 Fly	2:24.01	8-Apr-14	Katie N. Trott
	200 IM	2:31.10	23-Jan-95	Lisa Cummack
	400 IM	5:17.59	16-Feb-95	Lisa Cummack
16-16	50 Free	29.08	20-Jan-12	Nicola S. Trott
	100 Free	1:03.12	18-Jan-96	Lisa Cummack
	200 Free	2:08.89	6-Mar-12	Nicola S. Trott
	400 Free	4:35.18	22-Mar-95	Lisa Cummack
	800 Free	9:37.16	16-Jan-15	Katie N. Trott
	1500 Free	19:15.54	18-Jan-96	Jolene Wightman
	50 Back	32.16	20-Jan-12	Nicola S. Trott
	100 Back	1:09.46	13-Mar-91	Phaedra Wilson
	200 Back	2:30.00	6-Mar-12	Nicola S. Trott
	50 Breast	36.86	20-Jan-18	Chelsea A. Parker
	100 Breast	1:18.92	20-Jan-18	Chelsea A. Parker
	200 Breast	2:50.65	20-Jan-18	Chelsea A. Parker
	50 Fly	29.96	20-Jan-12	Nicola S. Trott
	100 Fly	1:06.72	5-May-15	Katie N. Trott
	200 Fly	2:26.92	2-Jul-18	Katie Helm
	200 IM	2:28.98	6-Mar-12	Nicola S. Trott
	400 IM	5:18.38	22-Feb-91	Phaedra Wilson
17 & 0	50 Free	29.89	6-Sep-92	Kirsten Norton
	100 Free	1:03.57	6-Jul-96	Lisa Cummack
	200 Free	2:11.53	26-Feb-13	Nicola S. Trott
	400 Free	4:41.14	7-Dec-13	Nicola S. Trott
	800 Free	9:43.80	8-Dec-12	Nicola S. Trott
	1500 Free	18:46.99	16-Jan-15	Rachel L. Smart
	50 Back	32.24	26-Feb-13	Nicola S. Trott
	100 Back	1:10.13	18-Jan-13	Nicola S. Trott
	200 Back	2:33.30	7-Dec-13	Nicola S. Trott
	50 Breast	36.27	26-Feb-13	Nicola S. Trott
	100 Breast	1:21.43	18-Jan-13	Nicola S. Trott

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RECORDS Club L C Records

17 & O	200 Breast	2:58.90	22-Nov-14	Rachel L. Smart
	50 Fly	30.09	18-Jan-13	Nicola S. Trott
	100 Fly	1:04.98	26-Feb-13	Nicola S. Trott
	200 Fly	2:25.61	8-Apr-14	Rachel L. Smart
	200 IM	2:27.32	26-Feb-13	Nicola S. Trott
	400 IM	5:16.88	26-Feb-13	Nicola S. Trott
Open	50 Free	29.08	20-Jan-12	Nicola S. Trott
	100 Free	1:03.12	18-Jan-96	Lisa Cummack
	200 Free	2:08.89	6-Mar-12	Nicola S. Trott
	400 Free	4:35.18	22-Mar-95	Lisa Cummack
	800 Free	9:28.41	21-Jan-95	Hilary Todd
	1500 Free	18:12.64	20-Jan-95	Hilary Todd
	50 Back	31.59	10-Mar-99	Deborah Kilkelly
	100 Back	1:07.11	11-Mar-99	Deborah Kilkelly
	200 Back	2:25.97	2-Apr-94	Jolene Wightman
	50 Breast	35.30	14-Aug-99	Nicola Johns
	100 Breast	1:18.22	10-Mar-99	Nicola Johns
	200 Breast	2:48.65	23-Oct-99	Nicola Johns
	50 Fly	29.96	20-Jan-12	Nicola S. Trott
	100 Fly	1:04.98	26-Feb-13	Nicola S. Trott
	200 Fly	2:24.01	8-Apr-14	Katie N. Trott
	200 IM	2:27.32	26-Feb-13	Nicola S. Trott
	400 IM	5:11.28	22-Jan-95	Hilary Todd

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RECORDS Club L C Records

LC Meters-Male

8 & U	50 Free	37.30	20-Oct-01	Mitchell Logan	
	100 Free	1:20.45	19-Nov-88	Roger Barnes	
	200 Free	2:52.18	10-Sep-88	Roger Barnes	
	400 Free	6:09.26	9-Sep-88	Roger Barnes	
	50 Back	46.05	9-Nov-02	Thomas McCarthy	
	100 Back	1:36.94	19-Nov-88	Roger Barnes	
	50 Breast	51.68	18-Jan-02	Hayden Rice	
	100 Breast	1:51.91	9-Sep-88	Roger Barnes	
	200 Breast	3:55.81	11-Sep-88	Roger Barnes	
	50 Fly	41.13	19-Jan-91	Gareth Woodward	
	200 IM	3:31.02	10-Sep-88	Roger Barnes	
	9-9	50 Free	33.86	9-Sep-89	Roger Barnes
100 Free		1:13.91	21-Oct-89	Roger Barnes	
200 Free		2:46.21	12-Nov-89	Roger Barnes	
400 Free		5:41.12	4-Nov-89	Roger Barnes	
800 Free		12:00.08	5-Nov-89	Roger Barnes	
1500 Free		22:45.02	5-Nov-89	Roger Barnes	
50 Back		39.43	18-Feb-12	Joel Crampton	
100 Back		1:23.80	24-Jul-82	Richard Grant	
200 Back		3:06.63	6-Jul-96	Damian Braddock	
50 Breast		46.81	11-Mar-89	Roger Barnes	
100 Breast		1:40.17	20-Nov-93	Shaun Murdoch	
200 Breast		3:52.48	24-Jun-95	Jared Morris-Jenkins	
50 Fly		36.47	18-Feb-12	Joel Crampton	
100 Fly		1:28.38	18-Feb-12	Joel Crampton	
200 IM		3:18.14	10-Sep-89	Roger Barnes	
400 IM		6:53.04	5-Nov-89	Roger Barnes	
10-10		50 Free	32.16	16-Feb-13	Joel Crampton
	100 Free	1:10.54	21-Oct-90	Roger Barnes	
	200 Free	2:35.17	23-Jan-95	Shaun Murdoch	
	400 Free	5:20.31	3-Nov-90	Roger Barnes	
	800 Free	11:12.59	4-Nov-90	Roger Barnes	
	1500 Free	21:31.40	4-Nov-90	Roger Barnes	
	50 Back	35.98	20-Oct-12	Joel Crampton	
	100 Back	1:18.37	16-Feb-13	Joel Crampton	
	200 Back	2:47.93	16-Feb-13	Joel Crampton	
	50 Breast	44.34	16-Feb-08	Callum Sinclair	
	100 Breast	1:31.59	15-Feb-97	Jared Morris-Jenkins	
	200 Breast	3:22.49	17-Jan-97	Jared Morris-Jenkins	
	50 Fly	33.00	16-Feb-13	Joel Crampton	Wellington Record Also
	100 Fly	1:13.58	16-Feb-13	Joel Crampton	Wellington Record Also
	200 Fly	2:47.78	16-Feb-13	Joel Crampton	
	200 IM	2:55.06	18-Jan-13	Joel Crampton	
	400 IM	6:16.17	3-Nov-90	Roger Barnes	
	11-11	50 Free	28.52	14-Feb-14	Jack Plummer
100 Free		1:03.34	14-Feb-14	Jack Plummer	Wellington Record
200 Free		2:18.13	17-Jan-14	Jack Plummer	Wellington Record
400 Free		5:06.03	17-Jan-14	Jack Plummer	
800 Free		10:44.88	2-Nov-91	Roger Barnes	
1500 Free		20:32.53	30-Aug-91	Roger Barnes	
50 Back		33.52	14-Feb-14	Joel Crampton	

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RECORDS Club L C Records

11-11	100	Back	1:12.31	14-Feb-14	Joel Crampton	
	200	Back	2:35.01	14-Feb-14	Joel Crampton	Wellington Record
	50	Breast	36.23	14-Feb-14	Jack Plummer	Wellington Record
	100	Breast	1:20.85	14-Feb-14	Jack Plummer	Wellington Record
	200	Breast	3:00.51	14-Feb-14	Jack Plummer	
	50	Fly	31.40	14-Feb-14	Joel Crampton	Wellington Record
	100	Fly	1:07.81	14-Feb-14	Joel Crampton	Wellington Record
	200	Fly	2:27.61	14-Feb-14	Joel Crampton	Wellington Record
	200	IM	2:36.71	14-Feb-14	Jack Plummer	
	400	IM	5:47.44	17-Jan-14	Joel Crampton	
12-12	50	Free	28.17	16-Jan-15	Jack Plummer	
	100	Free	1:02.30	16-Jan-15	Jack Plummer	
	200	Free	2:15.98	16-Jan-15	Jack Plummer	
	400	Free	4:49.16	20-Jan-07	Thomas McCarthy	
	800	Free	10:17.31	17-Nov-07	Kyle Barnes	
	1500	Free	19:29.97	11-Nov-06	Nicholas Gillum	
	50	Back	33.08	20-Feb-15	Joel Crampton	
	100	Back	1:11.44	16-Jan-15	Joel Crampton	
	200	Back	2:34.44	20-Feb-15	Joel Crampton	
	50	Breast	36.66	16-Jan-15	Jack Plummer	
	100	Breast	1:19.89	20-Feb-10	Callum Sinclair	
	200	Breast	2:51.73	20-Feb-10	Callum Sinclair	
	50	Fly	30.00	20-Feb-15	Joel Crampton	also Wellington Record
	100	Fly	1:06.26	20-Feb-15	Joel Crampton	also wellington Record
	200	Fly	2:24.30	20-Feb-15	Joel Crampton	also wellington record
	200	IM	2:35.76	22-Jan-07	Thomas McCarthy	
400	IM	5:27.33	20-Feb-15	Joel Crampton		
13-13	50	Free	27.55	17-Apr-18	Gavin W. Moon	
	100	Free	1:00.16	16-Jan-09	Kyle Barnes	
	200	Free	2:10.20	18-Jan-08	Thomas McCarthy	
	400	Free	4:26.48	1-Mar-11	Callum Sinclair	
	800	Free	8:59.40	18-Apr-11	Callum Sinclair	Wellington Record also
	1500	Free	17:28.08	21-Jan-11	Callum Sinclair	Wellington Record also
	50	Back	31.84	11-Nov-06	Mitchell G. Logan	
	100	Back	1:10.28	21-Feb-86	Richard Grant	
	200	Back	2:32.39	11-Sep-15	Joel Crampton	
	50	Breast	33.06	2-Mar-11	Callum Sinclair	
	100	Breast	1:10.96	18-Apr-11	Callum Sinclair	Wellington Record also
	200	Breast	2:28.54	18-Apr-11	Callum Sinclair	Wellington and NZ Record
	50	Fly	28.54	17-Apr-18	Gavin W. Moon	
	100	Fly	1:04.84	22-Jan-16	Joel Crampton	
	200	Fly	2:21.35	5-May-15	Joel Crampton	Wellington Record Also
	200	IM	2:18.43	1-Mar-11	Callum Sinclair	
	400	IM	4:52.00	3-Mar-11	Callum Sinclair	Wellington Record also
	14-14	50	Free	25.72	13-Feb-10	Kyle Barnes
100		Free	55.70	25-Jan-10	Kyle Barnes	
200		Free	2:03.89	24-Jan-10	Kyle Barnes	
400		Free	4:17.93	6-Mar-12	Callum Sinclair	
800		Free	9:06.19	22-Jan-10	Kyle Barnes	
1500		Free	17:08.96	22-Jan-10	Kyle Barnes	
50		Back	30.77	10-Mar-99	Stefan Krawczyk	
100		Back	1:06.30	10-Mar-99	Stefan Krawczyk	
200		Back	2:26.99	7-Nov-09	Kyle Barnes	

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RECORDS Club L C Records

14-14	50 Breast	32.70	18-Aug-95	Jarrold Brown		
	100 Breast	1:09.69	10-Dec-11	Callum Sinclair		
	200 Breast	2:27.53	6-Mar-12	Callum Sinclair		
	50 Fly	28.64	24-Feb-17	Joel Crampton		
	100 Fly	1:02.21	20-Jan-17	Joel Crampton		
	200 Fly	2:15.18	11-Feb-17	Joel Crampton		
	200 IM	2:16.82	9-Apr-12	Callum Sinclair		
	400 IM	4:44.33	6-Mar-12	Callum Sinclair	Wellington Record also	
15-15	50 Free	25.00	9-Dec-10	Kyle Barnes		
	100 Free	54.13	21-Jan-11	Kyle Barnes	Wellington Record also	
	200 Free	2:00.70	9-Dec-10	Kyle Barnes		
	400 Free	4:14.65	17-Mar-13	Callum Sinclair		
	800 Free	8:53.13	26-Feb-13	Callum Sinclair		
	1500 Free	16:53.89	26-Feb-13	Callum Sinclair		
	50 Back	30.44	29-Apr-14	Justin Roberts		
	100 Back	1:04.57	10-Dec-17	Joel Crampton		
	200 Back	2:19.10	23-Jan-95	Liam McElwee		
	50 Breast	32.19	2-Mar-96	Jarrold Brown		
	100 Breast	1:08.68	7-Apr-96	Jarrold Brown	Wellington Record also	
	200 Breast	2:28.58	18-Dec-12	Callum Sinclair		
	50 Fly	27.94	21-Jan-11	Kyle Barnes		
	100 Fly	1:00.40	23-Oct-89	Gary Sundgren		
	200 Fly	2:10.92	22-Oct-89	Gary Sundgren		
	200 IM	2:15.25	26-Feb-13	Callum Sinclair		
	400 IM	4:44.05	17-Nov-12	Callum Sinclair		
	16-16	50 Free	24.50	5-Mar-11	Kyle Barnes	Wellington Record also
		100 Free	54.21	3-Mar-11	Kyle Barnes	
		200 Free	1:57.75	5-Mar-10	Nick Gillum	
400 Free		4:08.03	3-Mar-10	Nick Gillum		
800 Free		8:52.27	22-Jan-10	Nick Gillum		
1500 Free		16:15.74	6-Mar-10	Nick Gillum		
50 Back		29.88	22-Jan-16	Louis C. Regnault		
100 Back		1:02.88	18-Apr-16	Louis C. Regnault		
200 Back		2:12.60	21-Oct-90	Craig Ford		
50 Breast		30.77	18-Feb-94	Alan Waters		
100 Breast		1:08.12	2-Apr-97	Jarrold Brown		
200 Breast		2:25.57	6-Jan-97	Jarrold Brown		
50 Fly		27.54	5-May-15	Justin Roberts		
100 Fly		58.93	31-Aug-90	Gary Sundgren		
200 Fly		2:05.18	18-Apr-90	Gary Sundgren	Wellington Record also	
200 IM		2:08.42	21-Oct-90	Craig Ford	Wellington Record also	
400 IM		4:33.40	22-Oct-90	Craig Ford	Wellington Record also	
17 & 0		50 Free	24.75	10-Sep-92	Andrew Harland	
		100 Free	53.76	6-Sep-92	Andrew Harland	
		200 Free	1:56.01	24-Feb-91	Gary Sundgren	
	400 Free	4:05.50	2-Mar-11	Nick Gillum		
	800 Free	8:25.37	6-Apr-94	Gary Sundgren		
	1500 Free	16:19.39	25-Mar-95	Gary Sundgren		
	50 Back	27.56	15-Mar-91	Craig Ford		
	100 Back	59.74	14-Mar-91	Craig Ford		
	200 Back	2:17.63	21-Mar-17	Louis C. Regnault		
	50 Breast	30.17	4-Apr-98	Sean Gardiner	Wellington Record also	
	100 Breast	1:06.21	3-Apr-98	Sean Gardiner	Wellington Record also	

Tawa Swimming Club
P O Box 51 207 Tawa Wellington

RECORDS Club L C Records

17 & O	200 Breast	2:25.00	10-Mar-99	Jarrold Brown	
	50 Fly	26.37	14-Mar-91	Craig Ford	
	100 Fly	57.86	15-Mar-91	Craig Ford	
	200 Fly	2:03.33	13-Mar-91	Gary Sundgren	Wellington Record also
	200 IM	2:09.46	23-Feb-91	Craig Ford	
	400 IM	4:33.75	21-Feb-91	Craig Ford	Wellington Record also
Open	50 Free	24.50	5-Mar-11	Kyle Barnes	
	100 Free	53.76	6-Sep-92	Andrew Harland	
	200 Free	1:56.01	24-Feb-91	Gary Sundgren	
	400 Free	4:05.50	2-Mar-11	Nick Gillum	
	800 Free	8:25.37	6-Apr-94	Gary Sundgren	
	1500 Free	16:15.74	6-Mar-10	Nick Gillum	
	50 Back	27.56	15-Mar-91	Craig Ford	
	100 Back	59.74	14-Mar-91	Craig Ford	
	200 Back	2:12.60	21-Oct-90	Craig Ford	
	50 Breast	30.17	4-Apr-98	Sean Gardiner	
	100 Breast	1:06.21	3-Apr-98	Sean Gardiner	Wellington Record also
	200 Breast	2:25.00	10-Mar-99	Jarrold Brown	
	50 Fly	26.37	14-Mar-91	Craig Ford	
	100 Fly	57.86	15-Mar-91	Craig Ford	
	200 Fly	2:03.33	13-Mar-91	Gary Sundgren	
	200 IM	2:08.42	21-Oct-90	Carig Ford	
	400 IM	4:33.40	22-Oct-90	Craig Ford	