

GOLD COAST SWIMMING ZONE RIBBON CARNIVAL

Tawa Pool, hosted by Tawa Swimming club

Open to members of PCA, Tawa, Raumati and Otaki Titan clubs.



Tawa Pool, Sunday
13 February 2022

Times recorded at this Development Meet will be up-loaded to SNZ database for use as qualifying times. Times cannot not be used to break Regional and/or National records

Warm up 4.30-4.55pm
Start time 5pm

Door entry \$8.00 for swimmers.

PLEASE BRING THE CORRECT MONEY

Free entry for Officials

ORDER OF EVENTS

Comp	Event
1	200 freestyle
2	200 backstroke
3	200 butterfly
4	200 breaststroke
5	200 medley
6	50 freestyle
7	100 backstroke
8	25 Butterfly *
9	50 breaststroke
10	100 medley
11	100 breaststroke
12	25 breaststroke*
13	50 butterfly
14	100 butterfly
15	50 backstroke
16	100 freestyle
17	400 medley
18	400 freestyle

All races will be mixed races, swum slowest to fastest.

***There will be no diving in the 25m races**

Note: the organisers reserve the right to alter the order and/or combine events.

On-line entries via SNZ website will close at midnight on Monday 7 Feb or earlier if the meet is oversubscribed.

CONDITIONS OF ENTRY.

To enter the following events swimmers must be able to swim the minimum entry times as listed

- 400m free – 200m free in under 3.20
- 400m medley – 200m medley in under 3m30
- 200m back, medley, free & fly – 100m of the same stroke under 1m55
- 200m breaststroke – 100m breaststroke under 2 minutes
- 100m back, free & fly – 50m of the same stroke under 60 sec
- 100m breaststroke – 50m breaststroke in under 1m10s
- Maximum 3 swims per swimmer.
- Meet to be swum under SNZ Policy 007 and local rules.
- Those achieving a Personal best or new time will receive a best time ribbon.
- The Personal Best Trophy will be presented to the club achieving the most personal best times on a percentage basis. Teams of at least 4 swimmers will be eligible.
- All participants must agree to comply with the Sports Anti-Doping Rules
- Para swimmers are eligible to compete at this meet.
- By entering this event swimmers agree to allow images (e.g. photography, video, etc.) to be taken by accredited media approved by Swimming Wellington. Images are only to be used for legitimate purposes by Swimming Wellington or Gold Coast clubs in accordance with the SNZ Member Protection Policy.

WARM UP RULES

- Team Managers/ Coaches are responsible for swimmers' safety during the warm up.
- Club warm up lanes will be allocated by the organiser and advised at the meet.
- Clubs may organise Diving practise during the warm up in their allocated warm up lanes and must appoint a person to supervise diving.
- Swimmers must not swim across the lanes and may only enter and exit the lanes from the either end of the pool.

COVID RULES – NO SPECTATORS WILL BE ALLOWED AT THIS MEET

- Vaccine passes are required for those over 12yrs 3 mths.
- Everyone must sign in/contact tracing
- Social distancing is to be observed.
- Stay home if you are not well
- Swimmers are to arrive and go home in their togs to minimise contact / risk / lack of social distancing in the changing rooms

TEAM MANAGER AND COACHES. Two for teams up to 10, Three for teams up to 20, Four for teams over 19.

OFFICIALS REQUIRED. One starter, 10 timekeepers incl. chief t/k plus 2 spare watches, two marshalls, one runner, two administration/office.

Clubs will be advised of their allocation after entry numbers are known. Named officials are to sign in.

The Organisers will not be liable for any loss, damage or injury suffered during this meet.

For the Gold Coast Meet organisers Hugh Allan ph 027 4423 357 & Viv Morton 027 645 1146