Key Details	Eve	ents	
	M/F		Event
Date: 17 February 2023	1		50 Free Relay
Open to: 12 years & over			2 male & 2 female (age between 12 - 15 years)
Format: Timed Finals			
Pool Setup Long Course	2		50 Free Relay
			2 male & 2 female
<b>Venue:</b> Wellington Regional Aquatic Centre			(age 16 years & over)
Doors Open: 4.30pm	М	F	Event
<b>Warm-up:</b> 5pm - 5.25pm	3	4	200 IM
<b>Start:</b> 5.30pm	5	6	400 Free
<b>5.35</b> pm	7	8	50 Breast
	9	10	50 Free
	11	12	200 Fly
Pool Entry	13	14	100 Back
	15	16	100 Breast
Swimming Wellington pool entry passes must be	17	18	200 Free
shown upon entry. Coaches are to display their	19	20	400 IM
NZSCTA cards. All technical officials and duty	21	22	200 Breast

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# **Programmes**

club volunteers are to sign in.

Spectator entry fee will be \$3

There will be no printed programmes available for spectators or Team Managers for this meet. Programmes will be available online at midday on Thursday 16th February via the Swimming Wellington event page for you to print.

Results will be available in Meet Mobile throughout the duration of the Meet.

# ORGANISERS ON BEHALF OF SWIMMING WELLINGTON ARE:

50 Fly

50 Back

100 Free

200 Back

100 Fly

800 Free

Louise Tresch: louise@swimwn.co.nz Technical Director – Jacqui Forsythe RTOP@swimwn.co.nz







#### **Conditions of Entry**

- 1. Meet will be swum long course under SNZ/FINA rules and local rules.
- 2. All events will be swum as timed finals, with over the top starts.
- 3. This meet is open to financial SNZ registered competitive swimmers aged 12 years & over as at date of meet. Overseas competitors may compete subject to providing a signed Travel Authorisation Form/Letter from their national federation.
- 4. All times must be held on the SNZ database. Converted times are permissible. All participants must agree to comply with the Sports' Anti-Doping rules.
- 5. No qualifying times, One (1) no time accepted per swimmer.
- 6. Entries open Thursday 26th January at 8:00am, closing at 11:59pm on Sunday 12 February 2023 (except relays. These can be submitted by 11.59pm Tuesday 14th February). Entries through the SNZ database only. Late entries will not be accepted.
- 7. Entry fee for each event will be \$11 (GST Incl.) except Event 1 & 2 (Relays), where there is no charge. Payment must be made at the time of entry via Swimming NZ, using credit or debit card.
- 8. Event 1 & 2 Relays 2 males and 2 females from the age group 12 15 and 16 & over. Entries for this race will be submitted manually and should be sent through to louise@swimwn.co.nz names and times. They must be submitted by the 14th February 11.59pm.
- 9. Self-marshalling will operate throughout.
- 10. The organisers reserve the right to amend the programme if necessary, and to restrict entries.
- 11. There will be no refunds for withdrawals after the entries close.
- 12. Participants who have entered this event agree to allow images (e.g. photography, video, etc.) to be taken by accredited media approved by Swimming Wellington. Images are only to be used for legitimate purposes by Swimming Wellington or host Clubs in accordance with the SNZ Member Protection Policy. Club photographers should seek prior approval from the Meet organiser prior to the start of the meet, as per the Swimming Wellington Photography Policy.
- 13. Classified para swimmers aged 12 years and over (including provisional classification) are eligible to compete at this meet. Para swimmers are requested to report to the Technical Director prior to the warm-up.
- 14. Strapping of muscles/joints is not permitted unless supported by a doctor or physio certificate and sighted by the Technical Director prior to the start of the meet.
- 15. Protests shall be lodged as per SNZ Policy 008 accompanied with the \$100.00 cash.

## **Club / Spectator Information**

- 1. There will be no allocated seating for this meet.
- 2. Spectator's entry fee will be \$3, The Swimming NZ Code of Conduct and Media and Photography position statement in the Swimming NZ Member Protection Policy Manual apply to all spectators entering WRAC. The Manual can be found on the Swimming NZ website <a href="HERE">HERE</a>
- 3. Programmes will be made available online on the Swimming Wellington website by Thursday 16th midday and on Meet Mobile. There will be no programmes printed for spectators.
- 4. Entry for all swimmers, officials, team managers and coaches will be via the southern entrance on Kilbirnie Crescent. Swimmers to present Swimming Wellington pool entry passes. Coaches are to display their NZSCTA cards throughout the meet. Officials (including timekeepers and duty clubs volunteers) are required to sign in on entry. Doors open 4.30pm.
- 5. Entry for nominated Team Coaches & Team Managers will be; 1–10 Swimmers [2], 11-20 [4], 21-35+ [6].
- 6. All participating Swimming Wellington clubs are required to provide technical officials for the meet. RTOP will send this request to clubs. Officials to bring own water bottle.
- 7. The organisers will not be liable for any loss or damage during the period of the meet.
- 8. There will be an Official's Meeting at 5.10pm.

### **Warm Up Procedure**

Warm-up duration: 25 minutes

Lanes 1-9: General Swimming with only feet first entry applicable in all lanes.

Lanes 0/1 & 8/9: To become dive lanes at 5.15pm.

Lane 2: designated pace lane

Lane 0: Designated to para swimmers (if any) between 5.00 – 5.15pm.