



# Waitohu Meet

**Coastlands Aquatic Centre**  
**Saturday 28<sup>th</sup> October**

| <b>Event #</b> | <b>Event</b>     |
|----------------|------------------|
| <b>1</b>       | <b>50 Free</b>   |
| <b>2</b>       | <b>400 Free</b>  |
| <b>3</b>       | <b>200 Back</b>  |
| <b>4</b>       | <b>100 Free</b>  |
| <b>5</b>       | <b>50 Breast</b> |
| <b>6</b>       | <b>200 Free</b>  |
| <b>7</b>       | <b>100 Fly</b>   |
| <b>8</b>       | <b>100 IM</b>    |

**Saturday**  
**28<sup>th</sup>**  
**October**  
**2023**

**\$10 per event**

Entries close Sunday  
22<sup>nd</sup> October at  
midnight

Doors open: 4pm

Warm up: 4:30-4:55pm

Meet starts: 5pm

# MEET CONDITIONS

1. This Tier 2 **Designated Meet** will be swum **Short Course** and is open to SNZ registered, **Club & Competitive** swimmers.
2. The meet will be swum under SNZ, World Aquatics and local rules. Quantum timing system will be used.
3. All events will be swum as mixed races, slowest to fastest with over the top starts.
4. The pool depth is 2.4m. Care is required when diving. Feet first entry during warm-up. Diving is permitted in lanes 0 and 9, start end only, for the last 10 minutes of warm-up.
5. Age is at 28 October 2023. No times (NT) will be accepted. Swimmers may enter a **maximum of 5 events**.
6. Classified para swimmers (including those with provisional classification) are eligible to compete at this meet. Para swimmers are requested to report to the Meet Referee prior to the warm-up.
7. Entries and payments will be via Fastlane. **Entries close at 23:59.59 on Sunday 22 October 2023.**
8. Late entries will not be accepted.
9. This meet is First-Come-First-Served-Entry. If oversubscribed, entries submitted last will be rejected.
10. The Organisers reserve the right to restrict entries, combine events or alter the programme.
11. Entry fees are \$10 per event, payment online by Credit or Debit Card on SNZ's Fastlane.
12. There will be no refunds for withdrawals after entries close.
13. **All scratchings close at midday on the Friday 27 October 2023.**
14. Marshalling will be at the rows of chairs in the main pool area by the toddler paddling pool and main door to the pool.

15. Entry for spectators is gold coin koha. No spectator programmes available at the meet.
16. Seating is limited – seating for swimmers will be on the bleachers and spectator seating on the right as you enter the pool. If the pool reaches capacity entry will be restricted to swimmers, team managers, coaches and people involved in the running of the meet.
17. Programmes for nominated coaches & team managers will be; 1–10 swimmers [2], 11-20 [3], 21+ [4].
18. Clubs are required to provide at least 1 IOT and 1 timekeeper. Please send names to: [racesec@otaki-titans.com](mailto:racesec@otaki-titans.com) no later than Monday 23 October 2023.
19. Strapping of muscles and joints is not permitted unless sighted and approved by the Referee prior to the meet, supported by a doctor's/physio's certificate.
20. Protests may be submitted in accordance with SNZ Policy 008 (to the referee in writing on the SNZ protest form by the team manager within 30 minutes following the conclusion of the respective event). The protest must be accompanied with \$100 (cash).
21. The Organisers will not be liable for any loss or damage during the period of the meet. All participants must agree to comply with the Sports' Anti-Doping Rules.
22. Participants who have entered this event agree to allow images to be taken by accredited media approved by Swimming Wellington. Images are only to be used for legitimate purposes by SW or host Club in accordance with the SNZ Member Protection Policy.

**Please direct all enquiries to Ōtaki Titans Race Secretary**

Email: [racesec@otaki-titans.com](mailto:racesec@otaki-titans.com)