



# CAPITAL CLASSIC 2024

## LONG COURSE NATIONAL QUALIFIER MEET

### KEY DETAILS:

Entries close 11.59pm, Sun 13 Oct

\$12.00 per event

Max of 5 events

Open to all swimmers

'No Time' entries are permitted

Entries via FastLane

### Events:

M	F	
1	2	50m Breaststroke
3	4	50m Butterfly
5	6	400m Freestyle
7	8	200m Breaststroke
9	10	100m Backstroke
11	12	200m Butterfly
13	14	100m Freestyle
15	16	400m IM
17	18	100m Butterfly
19	20	200m Backstroke
21	22	50m Freestyle

**SATURDAY, 19 OCTOBER**

**Wellington Regional Aquatic  
Centre, Kilbirnie**

**Doors open: 3.30pm**

**Warm-up: 4-4.25 pm**

**Race Start: 4.35pm**

## Meet Conditions:

- Meet will be swum long course under SNZ/World Aquatics rules and local rules.
- All events will be swum as timed finals, with over the top starts.
- This meet is open to all registered and financial club and competitive swimmers.
- Classified para swimmers (including provisional classification) are eligible to compete at this meet and shall compete under WPS swimming rules.
- All times must be held on the SNZ database. Converted times are permissible.
- No qualifying times required for this meet.
- Entries open 20 September 2024 at 8:00am, closing at 11:59pm on Sunday 13 October 2024. Entries via SNZ FastLane only. Late entries will not be accepted.
- Entry fee for each event will be \$12 (GST Incl.) Payment must be made at the time of entry using credit or debit card.
- ***There will be no refunds for withdrawals after the entries close.*** Scratchings before the meet are to be emailed to [racesec@capitalswim.co.nz](mailto:racesec@capitalswim.co.nz) by 5pm Thursday 17 October 2024. Withdrawals after this time are to be advised to the recorder's desk at the venue 45 minutes before the start of the meet.
- Self-marshalling will operate throughout.
- The organisers reserve the right to amend the programme if necessary, and to restrict entries.
- Protests shall be lodged as per SNZ Policy 008 accompanied with the \$100.00 cash.
- Participants who have entered this event agree to allow images (e.g. photography, video, etc.) to be taken by accredited media approved by Swimming Wellington. Images are only to be used for legitimate purposes by Swimming Wellington and Capital Swim Club in accordance with the SNZ Member Protection Policy. Club photographers should seek prior approval from the Event Organiser prior to the start of the meet, as per the Swimming Wellington Photography Policy.
- All participants must agree to comply with the Sports' Anti-Doping rules.
- Strapping of muscles/joints is not permitted unless supported by a doctor or physio certificate and sighted by the Technical Director prior to the start of the meet.

## Club/Spectators information:

- Doors open at 3.30pm.
- Entry for all swimmers, officials, team managers, coaches and spectators will be via the Southern entrance. Swimmers to present Swimming Wellington pool entry passes. Coaches are to display their NZSCTA cards throughout the meet. Officials (including timekeepers and club volunteers) are required to sign in on entry.
- There will be no allocated seating for this meet.
- Spectator's entry fee will be \$3.00 for 16 years and over.
- The Swimming NZ Code of Conduct and Media and Photography position statement in the Swimming NZ Member Protection Policy Manual apply to all spectators entering WRAC. The Manual can be found on the Swimming NZ website.
- Two copies of the printed programme will be available for each club. The final programme will be published on the Swimming Wellington website (Capital National Qualifier page) at midday on Friday 19 October.
- All participating Swimming Wellington clubs are required to provide 2 qualified IOTs and 2 Timekeepers each club. Clubs with a higher number of entries may be asked to provide more. Please advise names to officials, [racesec@capitalswim.co.nz](mailto:racesec@capitalswim.co.nz) by 15 October 2024.
- Officials are asked to bring a water bottle. There will be an Official's Meeting at 4.10pm.

## Warm-up Protocol:

- Entry to the pool during warm-up will be feet first only (except dive lanes).
- Lanes 0-9: General Swimming
- Lanes 0/1 and 8/9 to become diving lanes at 4:15pm
- Lane 2 is a designated pace lane.
- Lane 9 is available for para-swimmers, if required, only between 4:00 and 4:15pm

## Event Organiser:

**Novia Guo**, email [racesec@capitalswim.co.nz](mailto:racesec@capitalswim.co.nz)

## Technical Director:

**Greg Forsythe**, email [RTOP@Swimwn.co.nz](mailto:RTOP@Swimwn.co.nz)