



2024 Swimming Wellington Relay Championships

This meet is open to Wellington Region Clubs

Saturday 9th November

Wellington Regional Aquatic Centre
63 Kilbirnie Crescent, Kilbirnie, Wellington

Key Details

Pool Set-Up: Short Course

Open to: Competitive & Club Swimmers

Doors Open: 4.15pm

Warm-up: 4.45pm - 5.25pm

Start: 5.30pm

Key Entry Details

Age as at: 9 November 2024

Entries Open: 5 October 2024

Entries Close: midnight, 4 November 2024

Changes Emailed By: 5pm 7 November 2024

Entry Fee per Team: \$25

There will be no printed programmes available for Team Managers or Coaches for this meet

Contact Information:

Event Manager - Louise Tresch

louise@swimwn.co.nz

Technical Director – Jacqui Forsythe

RTOP@swimwn.co.nz

Updated: 09 July 2024



Relay Events

EV#	AGE	DESCRIPTION	DIST	COMPOSITION	TROPHY
1	Super 5 Relay	Freestyle Relay	5x100m	1 swimmer from each age group, boy or girl	Walker & Hall Trophy
2	9yrs & Under	Freestyle Relay	4x50m	Boys	Medals
3	9yrs & Under	Freestyle Relay	4x50m	Girls	Kapiti Cup
4	11yrs & Under	Freestyle Relay	4x50m	Boys	WASC Silver Tray
5	11yrs & Under	Freestyle Relay	4x50m	Girls	Medals
6	13yrs & Under	Freestyle Relay	4x50m	Boys	Medals
7	13yrs & Under	Freestyle Relay	4x50m	Girls	Silver Tray
8	15yrs & Under	Freestyle Relay	4x50m	Boys	Herbert Swim Cup
9	15yrs & Under	Freestyle Relay	4x50m	Girls	SW Trophy
10	Open Men	Freestyle Relay	4x50m	Boys	Silver Tray
11	Open Women	Freestyle Relay	4x50m	Girls	SFWC Silver Tray
12	9yrs & Under	Medley Relay	4x50m	Boys	Medals
13	9yrs & Under	Medley Relay	4x50m	Girls	B.G.I Trophy
14	11yrs & Under	Medley Relay	4x50m	Boys	B.G.I Trophy
15	11yrs & Under	Medley Relay	4x50m	Girls	Inglis Trophy
16	13yrs & Under	Medley Relay	4x50m	Boys	Medals
17	13yrs & Under	Medley Relay	4x50m	Girls	B.G.I Trophy
18	15yrs & Under	Medley Relay	4x50m	Boys	Neill Cup
19	15yrs & Under	Medley Relay	4x50m	Girls	SW Trophy
20	Open Men	Medley Relay	4x50m	Boys	Kapiti Cup
21	Open Women	Medley Relay	4x50m	Girls	Trophy
22	Golden Oldies	Freestyle Relay	4x50m	2 Men & 2 Women	Golden Oldies Silver Cup
23	Flying Squadron	Freestyle Relay	10x50m	1 boy & 1 girl from each age group	Karori Shield

Meet Set-Up

Meet will be swum short course under SNZ/World Aquatics rules except where local rules and conditions apply. Para swimmers are eligible to compete at this meet and shall compete under WPS swimming rules.

All events will be swum as timed finals with over the top starts.

Clubs are required to marshal their own swimmers throughout the meet. Marshalling will be done in the Spin / Gym Room.

Protests shall be lodged as per SNZ policy 008 along with \$100 cash.

Awards

The top 3 Clubs placing in each event will receive Gold, Silver and Bronze medals.

Medals will be presented throughout the meet with event trophies. Club uniform tops for medal presentations.

Current trophy holders must return the trophies **cleaned and engraved**, to SW offices, at Pelorus House, 93 Hutt Park Road, Seaview by **28th August 2024**.

Entry Details

The Championships are open to financial SNZ registered, Wellington Region Competitive and Club swimmers.

Age as at 9th November 2024.

Clubs can enter multiple teams for each event.

Entry fees of \$25 per team per event, except for Golden Oldies which will be free.

Teams will be invoiced by C.O.B, Friday 8th November 2024, and must be paid by C.O.B. Friday 15th November 2024. Direct bank deposit or electronic payments can be made to; WPT 03-0502-0166158-00. Ref Club name.

Swimming-up an age is permitted in all events. Swim-up swimmers must be advised via email to events@swimwn.co.nz at time of entry.

Swim-ups in Events 1 and 23 are only permitted where a club has no swimmers in a specific age/gender group. Swimmers may swim in both age group and open events.

Age groups for Events 1 and 23 are 9/under, 10/11, 12/13, 14/15, 16/over.

Flying Squadron (Event 23) swimming order must be youngest first to oldest last, genders to alternate with females starting followed by males. These entries cannot be entered online. See details below.

The minimum age for Golden Oldies is 30 years. No other restrictions apply.

All entries are to be submitted online via the SNZ online portal by the Club Administrator/Race Secretary. Except Event 23 - Entries to be submitted to events@swimwn.co.nz by midnight Monday 4th November 2024.

All events must have submitted names and times when entries are made.

Entries open on 5th October 2024.

Entries close at 23:59:59 (midnight) on Monday 4th November 2024. **Late entries will not be accepted.**

There will be no refunds for teams who withdraw after entries close.

Initial psych sheets will be posted on the website Tuesday 5th November 2024 and programmes finalised midday Friday 8th November 2024.

By entering this event swimmers agree to allow images (e.g. photography, video, etc.) to be taken by accredited media approved by Swimming Wellington. Images are only to be used for legitimate purposes by Swim Wellington in accordance with the SNZ Member Protection Policy.

Swimming Wellington reserves the right to restrict entries, combine events or alter the programme and will not be liable for any loss, damage or injury that may occur at this meet.

All participants must agree to comply with the Sports Anti-Doping Rules.

Strapping of muscles/joints is not permitted unless supported by a doctor or physio certificate and sighted by the Technical Director prior to the start of the meet.

Withdrawals

Any changes to relay teams must be submitted by 5pm on Thursday 7th November 2024 to events@swimwn.co.nz or at the pool with the Recorder at the venue by 4.30pm.

Warm Up Procedure

Warm-up duration: 40 minutes

First 25 minutes: General warm up (no dive lanes). Feet first entry. 4.45pm - 5.10pm

Lanes 0/1/2 & 7/8/9: dive lanes at 5.10pm - 5.25pm (15 minutes)

Lane 3 & 4: Pace Lanes 5.20pm - 5.25pm (15 minutes)

Please exit the pool at the side. Do not swim over lane ropes or climb over touch pads.

Warm-down lanes available during the meet - Lane 6 - 9 at office end of pool. **NO DIVING.**

Club & Spectator Information

All participating Swimming Wellington clubs will be required to provide volunteers for the door, runner, and medals.

Spectator's entry will be \$3.00 for 16 years and over. Enter via main entrance. Do not enter via southern entrance.

A seating plan will be published on SW website on Thursday 7th November 2024.

Programmes will be uploaded to the website by midday Friday 8th November 2024.

Entry for nominated team coaches & team managers will be limited to the following numbers: -

1 - 10 swimmers - 1 coach & 2 team managers

11- 20 swimmers - 2 coaches & 3 team managers

21 - 35+ swimmers - 3 coaches & 4 team managers

Entry for all swimmers, officials, team managers and coaches will be via the southern entrance on Kilbirnie Road.

Swimmers and coaches to present Swimming Wellington pool entry passes. Coaches must display their NZSCTA cards throughout the meet.

Team Managers must show passes at door.

The meet will be on Meet Mobile - these are unofficial times until the referee has signed them off.

Disqualifications will be announced, and can be viewed / photographed at the recorders desk.

The Swimming NZ Code of Conduct and Media and Photography position statement in the Swimming NZ Member Protection Policy Manual apply to all spectators entering Coastlands Aquatic Centre. The Manual can be found on the Swimming NZ website [here](#).

There will be a Team Manager's meeting at 4.45pm in the Spin / Gym Room.

Officials Information

All participating Swimming Wellington clubs are required to provide officials for this meet. RTOP will send this request to clubs.

All qualified officials are required to have a current SNZ police vet recorded on the SNZ database.

Officials (including timekeepers and duty clubs volunteers) are required to sign in on entry.

Officials to bring their own water bottles.

There will be an officials meeting at 5.10pm in the Spin / Gym Room.