

Tawa Swimming Club
P O Box 51 207 Tawa Wellington

RECORDS Club L C Records

LC Meters-Female

8 & U	50 Free	39.42	8-Oct-89	Emily Barnes	
	100 Free	1:31.70	8-Sep-89	Emily Barnes	
	200 Free	3:36.14	12-Nov-89	Emily Barnes	
	400 Free	10:00.00	1-Jan-00	Standard	
	50 Back	46.44	23-Oct-99	Michaela Watson	
	100 Back	1:40.27	16-Jan-98	Madeleine White	
	50 Breast	55.70	11-Aug-01	Alexandra Tennant	
	100 Breast	1:57.58	10-Feb-24	Hayley Williams	
	200 Breast	4:21.51	10-Feb-24	Hayley Williams	
	50 Fly	55.00	12-Sep-15	Keira B. Rolston-Larking	
	200 IM	6:00.00	1-Jan-00	Standard	
	9-9	50 Free	34.74	10-Jul-93	Kiri Smiler
		100 Free	1:18.42	19-Jun-93	Kiri Smiler
200 Free		2:52.77	29-May-93	Kiri Smiler	
400 Free		6:47.49	4-Nov-89	Rebecca Boston	
800 Free		14:06.58	5-Nov-89	Rebecca Boston	
1500 Free		30:00.00	1-Jan-00	Standard	
50 Back		41.53	19-Jun-93	Kiri Smiler	
100 Back		1:26.42	10-Jul-93	Kiri Smiler	
200 Back		3:20.97	1-Jun-91	Hilary Todd	
50 Breast		44.78	28-Jan-06	Jenny Kim	
100 Breast		1:37.89	18-Feb-06	Jenny Kim	
200 Breast		3:44.35	23-Nov-13	Renee Luo	
50 Fly		40.40	14-Feb-14	Renee Luo	
100 Fly		1:35.20	12-Sep-15	Charlotte E Gibbs	
200 IM		3:09.46	19-Jun-93	Kiri Smiler	
400 IM		7:56.32	5-Nov-89	Rebecca Boston	
10-10		50 Free	30.86	15-Jun-13	Danika Viskovic
	100 Free	1:11.73	7-Jul-92	Hilary Todd	
	200 Free	2:33.95	16-Jan-15	Jenna R. Rolston-Larking	
	400 Free	5:26.59	16-Jan-15	Jenna R. Rolston-Larking	
	800 Free	13:00.28	30-Aug-90	Marion Walls	
	1500 Free	35:00.00	1-Jan-00	Standard	
	50 Back	37.96	19-Jul-13	Danika Viskovic	
	100 Back	1:21.87	21-Jan-94	Kiri Smiler	
	200 Back	2:49.48	14-May-94	Kiri Smiler	
	50 Breast	41.58	16-Jan-15	Renee Luo	
	100 Breast	1:30.66	18-Feb-07	Jenny Kim	
	200 Breast	3:15.53	16-Feb-13	Danika Viskovic	
	50 Fly	33.33	18-Oct-14	Jenna R. Rolston-Larking	
	100 Fly	1:13.58	16-Jan-15	Jenna R. Rolston-Larking	
	200 Fly	2:49.25	16-Jan-15	Jenna R. Rolston-Larking	
	200 IM	2:52.64	16-Jan-15	Jenna R. Rolston-Larking	
	400 IM	6:02.58	18-Jun-94	Kiri Smiler	
	11-11	50 Free	30.34	14-Feb-14	Danika Viskovic
		100 Free	1:06.64	19-Jun-93	Hilary Todd
		200 Free	2:24.68	21-Feb-93	Hilary Todd

Tawa Swimming Club
P O Box 51 207 Tawa Wellington

RECORDS Club L C Records

11-11	400 Free	5:15.39	22-Jan-16	Jenna R. Rolston-Larking	
	800 Free	10:39.48	22-Jan-16	Jenna R. Rolston-Larking	
	1500 Free	24:28.19	20-Jan-95	Clare Fraser	
	50 Back	34.21	11-Jul-14	Danika Viskovic	
	100 Back	1:13.81	11-Jul-14	Danika Viskovic	
	200 Back	2:36.27	10-Jul-93	Hilary Todd	Wellington Record also
	50 Breast	39.87	11-Jul-14	Danika Viskovic	
	100 Breast	1:27.09	7-Dec-91	Michelle Bloor	
	200 Breast	3:06.06	11-Jul-14	Danika Viskovic	
	50 Fly	32.26	22-Jan-16	Jenna R. Rolston-Larking	
	100 Fly	1:11.97	22-Jan-16	Jenna R. Rolston-Larking	
	200 Fly	2:44.59	22-Jan-16	Jenna R. Rolston-Larking	
	200 IM	2:41.26	19-Jun-93	Hilary Todd	
	400 IM	5:47.14	11-Jul-14	Danika Viskovic	
12-12	50 Free	29.36	20-Feb-15	Danika Viskovic	
	100 Free	1:03.59	17-Feb-94	Hilary Todd	
	200 Free	2:16.83	22-Jan-94	Hilary Todd	
	400 Free	4:48.62	17-Feb-94	Hilary Todd	
	800 Free	10:08.84	20-Jan-17	Jenna R. Rolston-Larking	
	1500 Free	30:00.00	1-Jan-00	Standard	
	50 Back	32.02	13-Feb-99	Deborah Kilkelly	
	100 Back	1:09.49	14-Feb-99	Deborah Kilkelly	
	200 Back	2:29.11	17-Feb-94	Hilary Todd	Wellington Record also
	50 Breast	37.79	20-Feb-15	Danika Viskovic	
	100 Breast	1:23.31	20-Jan-17	Jenna R. Rolston-Larking	
	200 Breast	3:01.61	25-Nov-16	Jenna R. Rolston-Larking	
	50 Fly	30.45	20-Jan-17	Jenna R. Rolston-Larking	
	100 Fly	1:07.08	20-Jan-17	Jenna R. Rolston-Larking	
	200 Fly	2:29.25	25-Nov-16	Jenna R. Rolston-Larking	Wellington Record
	200 IM	2:35.09	18-Feb-94	Hilary Todd	
	400 IM	5:18.25	12-Mar-94	Hilary Todd	Wellington Record also
13-13	50 Free	28.55	19-Jan-19	Amy Teekman	
	100 Free	1:02.93	22-Jan-95	Hilary Todd	
	200 Free	2:15.86	23-Jan-95	Hilary Todd	
	400 Free	4:39.98	21-Jan-95	Hilary Todd	
	800 Free	9:28.41	21-Jan-95	Hilary Todd	
	1500 Free	18:12.64	23-Jan-95	Hilary Todd	
	50 Back	31.59	10-Mar-99	Deborah Kilkelly	
	100 Back	1:07.11	11-Mar-99	Deborah Kilkelly	
	200 Back	2:29.97	24-Mar-99	Deborah Kilkelly	
	50 Breast	35.30	10-Mar-99	Nicola Johns	
	100 Breast	1:18.22	13-Mar-99	Nicola Johns	
	200 Breast	2:49.28	20-Jan-18	Jenna R. Rolston-Larking	
	50 Fly	29.81	19-Apr-21	Bianca Z. Yeldon	
	100 Fly	1:05.88	3-Apr-17	Jenna R. Rolston-Larking	
	200 Fly	2:26.44	20-Jan-95	Hilary Todd	
	200 IM	2:32.61	23-Jan-95	Hilary Todd	
	400 IM	5:11.28	22-Jan-95	Hilary Todd	Wellington Record also
14-14	50 Free	28.04	18-Jan-20	Amy Teekman	

Tawa Swimming Club
P O Box 51 207 Tawa Wellington

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14-14	100 Free	1:02.90	22-Feb-20	Charlotte Gibbs	
	200 Free	2:16.86	19-Oct-19	Charlotte Gibbs	
	400 Free	4:41.59	17-Feb-94	Jolene Wightman	
	800 Free	9:58.07	4-Mar-11	Ellen J. Van Looy	
	1500 Free	18:18.87	6-Apr-94	Jolene Wightman	
	50 Back	32.24	22-Feb-20	Amy Teekman	
	100 Back	1:08.93	17-Feb-94	Jolene Wightman	
	200 Back	2:25.97	2-Apr-94	Jolene Wightman	
	50 Breast	35.30	14-Aug-99	Nicola Johns	
	100 Breast	1:18.41	26-Jun-99	Nicola Johns	
	200 Breast	2:48.65	23-Oct-99	Nicola Johns	
	50 Fly	29.64	19-Apr-21	Hannah A. Campbell	
	100 Fly	1:03.86	19-Apr-21	Hannah A. Campbell	Wellington Record
	200 Fly	2:24.74	23-Jan-21	Hannah A. Campbell	
	200 IM	2:32.89	13-Feb-16	Chelsea A. Parker	
	400 IM	5:23.80	22-Jan-16	Chelsea A. Parker	
15-15	50 Free	27.50	19-Apr-21	Amy Teekman	
	100 Free	1:01.82	19-Apr-21	Charlotte E. Gibbs	
	200 Free	2:14.21	18-Feb-95	Lisa Cummack	
	400 Free	4:40.09	17-Feb-95	Jolene Wightman	
	800 Free	9:29.60	23-Jan-95	Jolene Wightman	
	1500 Free	18:13.22	23-Jan-95	Jolene Wightman	
	50 Back	31.30	19-Apr-21	Mia L. Booth	
	100 Back	1:09.30	19-Apr-21	Mia L. Booth	
	200 Back	2:27.64	18-Feb-95	Jolene Wightman	
	50 Breast	34.43	19-Apr-21	Amy Teekman	
	100 Breast	1:17.35	6-Dec-24	Ciara Z. Hearn	
	200 Breast	2:52.03	21-Mar-17	Chelsea A. Parker	
	50 Fly	28.74	19-Apr-21	Amy Teekman	
	100 Fly	1:04.56	19-Apr-22	Hannah A. Campbell	
	200 Fly	2:24.01	8-Apr-14	Katie N. Trott	
	200 IM	2:31.10	23-Jan-95	Lisa Cummack	
	400 IM	5:17.59	16-Feb-95	Lisa Cummack	
16-16	50 Free	27.48	19-Apr-22	Annika S. Yeldon	
	100 Free	1:01.74	19-Apr-22	Charlotte E. Gibbs	
	200 Free	2:08.89	6-Mar-12	Nicola S. Trott	
	400 Free	4:35.18	22-Mar-95	Lisa Cummack	
	800 Free	9:37.16	16-Jan-15	Katie N. Trott	
	1500 Free	19:15.54	18-Jan-96	Jolene Wightman	
	50 Back	31.33	19-Apr-22	Annika S. Yeldon	
	100 Back	1:09.25	30-Nov-19	Georgia G. Wills	
	200 Back	2:30.00	6-Mar-12	Nicola S. Trott	
	50 Breast	35.89	22-Jan-22	Amy Teekman	
	100 Breast	1:18.92	20-Jan-18	Chelsea A. Parker	
	200 Breast	2:50.65	20-Jan-18	Chelsea A. Parker	
	50 Fly	28.93	16-Dec-22	Hannah A. Campbell	
	100 Fly	1:03.77	16-Dec-22	Hannah A. Campbell	
	200 Fly	2:26.49	12-Apr-23	Hannah A. Campbell	
	200 IM	2:28.98	6-Mar-12	Nicola S. Trott	
	400 IM	5:18.38	22-Feb-91	Phaedra Wilson	

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P O Box 51 207 Tawa Wellington

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17 & O	50 Free	27.34	3-Mar-23	Annika S. Yeldon	
	100 Free	59.81	12-Apr-23	Charlotte E. Gibbs	
	200 Free	2:11.53	26-Feb-13	Nicola S. Trott	
	400 Free	4:41.14	7-Dec-13	Nicola S. Trott	
	800 Free	9:43.80	8-Dec-12	Nicola S. Trott	
	1500 Free	18:46.99	16-Jan-15	Rachel L. Smart	
	50 Back	31.79	12-Apr-23	Mia L. Booth	
	100 Back	1:09.99	12-Apr-23	Mia L. Booth	
	200 Back	2:33.30	7-Dec-13	Nicola S. Trott	
	50 Breast	36.27	26-Feb-13	Nicola S. Trott	
	100 Breast	1:21.43	18-Jan-13	Nicola S. Trott	
	200 Breast	2:58.90	22-Nov-14	Rachel L. Smart	
	50 Fly	29.58	21-Jan-23	Charlotte E. Gibbs	
	100 Fly	1:04.98	26-Feb-13	Nicola S. Trott	
	200 Fly	2:25.61	8-Apr-14	Rachel L. Smart	
	200 IM	2:27.32	26-Feb-13	Nicola S. Trott	
	400 IM	5:16.88	26-Feb-13	Nicola S. Trott	
	Open	50 Free	27.34	3-Mar-23	Annika S. Yeldon
		100 Free	59.81	12-Apr-23	Charlotte E. Gibbs
		200 Free	2:08.89	6-Mar-12	Nicola S. Trott
400 Free		4:35.18	22-Mar-95	Lisa Cummack	
800 Free		9:28.41	21-Jan-95	Hilary Todd	
1500 Free		18:12.64	20-Jan-95	Hilary Todd	
50 Back		31.30	19-Apr-21	Mia L. Booth	
100 Back		1:07.11	11-Mar-99	Deborah Kilkelly	
200 Back		2:25.97	2-Apr-94	Jolene Wightman	
50 Breast		34.43	19-Apr-21	Amy Teekman	
100 Breast		1:17.35	6-Dec-24	Ciara Z. Hearn	
200 Breast		2:48.65	23-Oct-99	Nicola Johns	
50 Fly		28.74	19-Apr-21	Amy Teekman	
100 Fly		1:03.77	16-Dec-22	Hannah A. Campbell	
200 Fly		2:24.01	8-Apr-14	Katie N. Trott	
200 IM		2:27.32	26-Feb-13	Nicola S. Trott	
400 IM		5:11.28	22-Jan-95	Hilary Todd	

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P O Box 51 207 Tawa Wellington

RECORDS Club L C Records

LC Meters-Male

8 & U	50 Free	37.30	20-Oct-01	Mitchell Logan		
	100 Free	1:20.45	19-Nov-88	Roger Barnes		
	200 Free	2:52.18	10-Sep-88	Roger Barnes		
	400 Free	6:09.26	9-Sep-88	Roger Barnes		
	50 Back	46.05	9-Nov-02	Thomas McCarthy		
	100 Back	1:36.94	19-Nov-88	Roger Barnes		
	50 Breast	51.68	18-Jan-02	Hayden Rice		
	100 Breast	1:51.91	9-Sep-88	Roger Barnes		
	200 Breast	3:55.81	11-Sep-88	Roger Barnes		
	50 Fly	41.13	19-Jan-91	Gareth Woodward		
	200 IM	3:31.02	10-Sep-88	Roger Barnes		
	9-9	50 Free	33.86	9-Sep-89	Roger Barnes	
		100 Free	1:13.91	21-Oct-89	Roger Barnes	
		200 Free	2:46.21	12-Nov-89	Roger Barnes	
400 Free		5:41.12	4-Nov-89	Roger Barnes		
800 Free		12:00.08	5-Nov-89	Roger Barnes		
1500 Free		22:45.02	5-Nov-89	Roger Barnes		
50 Back		39.43	18-Feb-12	Joel Crampton		
100 Back		1:23.80	24-Jul-82	Richard Grant		
200 Back		3:06.63	6-Jul-96	Damian Braddock		
50 Breast		46.81	11-Mar-89	Roger Barnes		
100 Breast		1:40.17	20-Nov-93	Shaun Murdoch		
200 Breast		3:52.48	24-Jun-95	Jared Morris-Jenkins		
50 Fly		36.47	18-Feb-12	Joel Crampton		
100 Fly		1:28.38	18-Feb-12	Joel Crampton		
200 IM		3:18.14	10-Sep-89	Roger Barnes		
400 IM		6:53.04	5-Nov-89	Roger Barnes		
10-10	50 Free	32.16	16-Feb-13	Joel Crampton		
	100 Free	1:10.54	21-Oct-90	Roger Barnes		
	200 Free	2:35.17	23-Jan-95	Shaun Murdoch		
	400 Free	5:20.31	3-Nov-90	Roger Barnes		
	800 Free	11:12.59	4-Nov-90	Roger Barnes		
	1500 Free	21:31.40	4-Nov-90	Roger Barnes		
	50 Back	35.98	20-Oct-12	Joel Crampton		
	100 Back	1:18.37	16-Feb-13	Joel Crampton		
	200 Back	2:47.93	16-Feb-13	Joel Crampton		
	50 Breast	39.14	22-Sep-13	Jack Plummer		
	100 Breast	1:31.59	15-Feb-97	Jared Morris-Jenkins		
	200 Breast	3:22.49	17-Jan-97	Jared Morris-Jenkins		
	50 Fly	33.00	16-Feb-13	Joel Crampton		
	100 Fly	1:13.58	16-Feb-13	Joel Crampton		
	200 Fly	2:47.78	16-Feb-13	Joel Crampton		
	200 IM	2:55.06	18-Jan-13	Joel Crampton		
	400 IM	6:16.17	3-Nov-90	Roger Barnes		
	11-11	50 Free	28.52	14-Feb-14	Jack Plummer	Wellington Record
		100 Free	1:03.34	14-Feb-14	Jack Plummer	Wellington Record
200 Free		2:18.13	17-Jan-14	Jack Plummer		

Tawa Swimming Club
P O Box 51 207 Tawa Wellington

RECORDS Club L C Records

11-11	400 Free	5:06.03	17-Jan-14	Jack Plummer	
	800 Free	10:44.88	2-Nov-91	Roger Barnes	
	1500 Free	20:32.53	30-Aug-91	Roger Barnes	
	50 Back	33.52	14-Feb-14	Joel Crampton	
	100 Back	1:12.31	14-Feb-14	Joel Crampton	
	200 Back	2:35.01	14-Feb-14	Joel Crampton	Wellington Record
	50 Breast	36.23	14-Feb-14	Jack Plummer	Wellington Record
	100 Breast	1:20.85	14-Feb-14	Jack Plummer	Wellington Record
	200 Breast	3:00.51	14-Feb-14	Jack Plummer	
	50 Fly	31.40	14-Feb-14	Joel Crampton	
	100 Fly	1:07.81	14-Feb-14	Joel Crampton	Wellington Record
	200 Fly	2:27.61	14-Feb-14	Joel Crampton	Wellington Record
	200 IM	2:36.71	14-Feb-14	Jack Plummer	
	400 IM	5:47.44	17-Jan-14	Joel Crampton	
	12-12	50 Free	28.17	16-Jan-15	Jack Plummer
100 Free		1:02.30	16-Jan-15	Jack Plummer	
200 Free		2:15.98	16-Jan-15	Jack Plummer	
400 Free		4:49.12	6-Feb-21	Hunter L. Lloyd	
800 Free		10:17.31	17-Nov-07	Kyle Barnes	
1500 Free		19:29.97	11-Nov-06	Nicholas Gillum	
50 Back		31.91	6-Feb-21	Hunter L. Lloyd	
100 Back		1:11.44	16-Jan-15	Joel Crampton	
200 Back		2:34.44	20-Feb-15	Joel Crampton	
50 Breast		36.66	16-Jan-15	Jack Plummer	
100 Breast		1:19.89	20-Feb-10	Callum Sinclair	
200 Breast		2:51.73	20-Feb-10	Callum Sinclair	
50 Fly		30.00	20-Feb-15	Joel Crampton	
100 Fly		1:06.26	20-Feb-15	Joel Crampton	
200 Fly		2:24.30	20-Feb-15	Joel Crampton	also wellington record
200 IM		2:28.59	6-Feb-21	Hunter L. Lloyd	
400 IM	5:27.33	20-Feb-15	Joel Crampton		
13-13	50 Free	27.55	17-Apr-18	Gavin W. Moon	
	100 Free	1:00.16	16-Jan-09	Kyle Barnes	
	200 Free	2:10.20	18-Jan-08	Thomas McCarthy	
	400 Free	4:26.48	1-Mar-11	Callum Sinclair	
	800 Free	8:59.40	18-Apr-11	Callum Sinclair	Wellington Record also
	1500 Free	17:28.08	21-Jan-11	Callum Sinclair	
	50 Back	31.84	11-Nov-06	Mitchell G. Logan	
	100 Back	1:10.28	21-Feb-86	Richard Grant	
	200 Back	2:32.39	11-Sep-15	Joel Crampton	
	50 Breast	33.06	2-Mar-11	Callum Sinclair	
	100 Breast	1:10.96	18-Apr-11	Callum Sinclair	
	200 Breast	2:28.54	18-Apr-11	Callum Sinclair	Wellington and NZ Record
	50 Fly	28.54	17-Apr-18	Gavin W. Moon	
	100 Fly	1:04.84	22-Jan-16	Joel Crampton	
	200 Fly	2:21.35	5-May-15	Joel Crampton	
	200 IM	2:18.43	1-Mar-11	Callum Sinclair	
400 IM	4:52.00	3-Mar-11	Callum Sinclair	Wellington Record also	
14-14	50 Free	25.72	13-Feb-10	Kyle Barnes	

Tawa Swimming Club
P O Box 51 207 Tawa Wellington

RECORDS Club L C Records

14-14	100 Free	55.70	25-Jan-10	Kyle Barnes	
	200 Free	2:03.89	24-Jan-10	Kyle Barnes	
	400 Free	4:17.93	6-Mar-12	Callum Sinclair	
	800 Free	9:06.19	22-Jan-10	Kyle Barnes	
	1500 Free	17:08.96	22-Jan-10	Kyle Barnes	
	50 Back	30.52	15-Apr-24	Roman Anderson	
	100 Back	1:06.30	10-Mar-99	Stefan Krawczyk	
	200 Back	2:26.69	10-Feb-24	Lucas Commerford	
	50 Breast	31.86	6-Dec-24	Freddy Mills	
	100 Breast	1:09.69	10-Dec-11	Callum Sinclair	
	200 Breast	2:27.53	6-Mar-12	Callum Sinclair	
	50 Fly	27.68	16-Apr-19	Gavin W. Moon	
	100 Fly	1:01.55	16-Apr-19	Gavin W. Moon	
	200 Fly	2:15.18	11-Feb-17	Joel Crampton	
	200 IM	2:16.82	9-Apr-12	Callum Sinclair	
	400 IM	4:44.33	6-Mar-12	Callum Sinclair	Wellington Record also
15-15	50 Free	25.00	9-Dec-10	Kyle Barnes	
	100 Free	54.13	21-Jan-11	Kyle Barnes	
	200 Free	2:00.70	9-Dec-10	Kyle Barnes	
	400 Free	4:14.65	17-Mar-13	Callum Sinclair	
	800 Free	8:53.13	26-Feb-13	Callum Sinclair	
	1500 Free	16:53.89	26-Feb-13	Callum Sinclair	
	50 Back	28.54	6-Dec-24	Roman Anderson	
	100 Back	1:02.02	1-Feb-25	Roman Anderson	
	200 Back	2:19.10	23-Jan-95	Liam McElwee	
	50 Breast	31.44	19-Apr-21	Hara Hughes	
	100 Breast	1:08.09	19-Apr-21	Hara Hughes	
	200 Breast	2:28.58	18-Dec-12	Callum Sinclair	
	50 Fly	27.54	22-Feb-20	Gavin W. Moon	
	100 Fly	1:00.40	23-Oct-89	Gary Sundgren	
	200 Fly	2:10.92	22-Oct-89	Gary Sundgren	
	200 IM	2:15.25	26-Feb-13	Callum Sinclair	
	400 IM	4:44.05	17-Nov-12	Callum Sinclair	
16-16	50 Free	24.50	5-Mar-11	Kyle Barnes	
	100 Free	54.21	3-Mar-11	Kyle Barnes	
	200 Free	1:56.53	19-Oct-19	Bronson Lloyd	
	400 Free	4:08.03	3-Mar-10	Nick Gillum	
	800 Free	8:52.27	22-Jan-10	Nick Gillum	
	1500 Free	16:15.74	6-Mar-10	Nick Gillum	
	50 Back	29.65	1-Dec-23	Ollie L. Robinson	
	100 Back	59.35	30-Nov-19	Bronson Z. Lloyd	
	200 Back	2:12.60	21-Oct-90	Craig Ford	
	50 Breast	30.25	19-Apr-22	Hara Z. Hughes	
	100 Breast	1:06.27	19-Apr-22	Hara Z. Hughes	
	200 Breast	2:25.57	6-Jan-97	Jarrold Brown	
	50 Fly	26.91	19-Apr-22	Hara Z. Hughes	
	100 Fly	58.93	31-Aug-90	Gary Sundgren	
	200 Fly	2:05.18	18-Apr-90	Gary Sundgren	
	200 IM	2:08.42	21-Oct-90	Craig Ford	Wellington Record also
	400 IM	4:33.40	22-Oct-90	Craig Ford	

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RECORDS Club L C Records

17 & O	50 Free	24.49	23-Jan-21	Bronson Z. Lloyd
	100 Free	53.31	7-Nov-20	Bronson Z. Lloyd
	200 Free	1:56.01	24-Feb-91	Gary Sundgren
	400 Free	4:05.50	2-Mar-11	Nick Gillum
	800 Free	8:25.37	6-Apr-94	Gary Sundgren
	1500 Free	16:09.70	18-Jan-20	Bronson Z. Lloyd
	50 Back	26.91	23-Jan-21	Bronson Z. Lloyd
	100 Back	59.74	14-Mar-91	Craig Ford
	200 Back	2:09.93	18-Jan-20	Bronson Z. Lloyd
	50 Breast	28.84	1-Dec-23	Hara Z. Hughes
	100 Breast	1:04.62	1-Dec-23	Hara Z. Hughes
	200 Breast	2:23.11	12-Apr-23	Hara Z. Hughes
	50 Fly	25.33	31-Oct-20	Bronson Z. Lloyd
	100 Fly	56.13	20-Nov-20	Bronson Z. Lloyd
	200 Fly	2:03.33	13-Mar-91	Gary Sundgren
	200 IM	2:08.69	23-Jan-21	Bronson Z. Lloyd
	400 IM	4:33.75	21-Feb-91	Craig Ford
Open	50 Free	24.49	23-Jan-21	Bronson Z. Lloyd
	100 Free	53.31	7-Nov-20	Bronson Z. Lloyd
	200 Free	1:56.01	24-Feb-91	Gary Sundgren
	400 Free	4:05.50	2-Mar-11	Nick Gillum
	800 Free	8:25.37	6-Apr-94	Gary Sundgren
	1500 Free	16:09.70	18-Jan-20	Bronson Z. Lloyd
	50 Back	26.91	23-Jan-21	Bronson Z. Lloyd
	100 Back	59.35	30-Nov-19	Bronson Lloyd
	200 Back	2:09.93	18-Jan-20	Bronson Z. Lloyd
	50 Breast	28.84	1-Dec-23	Hara Z. Hughes
	100 Breast	1:04.62	1-Dec-23	Hara Z. Hughes
	200 Breast	2:23.11	12-Apr-23	Hara Z. Hughes
	50 Fly	25.33	31-Oct-20	Bronson Z. Lloyd
	100 Fly	56.13	20-Nov-20	Bronson Z. Lloyd
	200 Fly	2:03.33	13-Mar-91	Gary Sundgren
	200 IM	2:08.42	21-Oct-90	Carig Ford
	400 IM	4:33.40	22-Oct-90	Craig Ford